

THE PRIMARY CARE CONFERENCE



South Link
Education Trust

South

GPCME

2026 Registration Brochure

TE PAE CHRISTCHURCH CONVENTION CENTRE

13 – 16 AUGUST 2026

gpcme
.co.nz

INVITATION TO ATTEND SOUTH GPCME 2026

We are excited to return in 2026 to the Te Pae Convention Centre in Christchurch, a fantastic and popular conference facility. An engaging and diverse medical update program awaits you.

The South Link Education Trust is the major sponsor and supporter for the 2026 event again. Established in 2003, the South Link Education Trust is a charitable organization dedicated to supporting New Zealand General Practice. Through its associated organizations such as the Best Practice Advocacy Centre (BPAC), South Link Health Services (SLHS), and the New Zealand Medicines Formulary (NZF and NZFc), the Trust remains steadfast in its commitment to advancing New Zealand General Practice.

The program commences with a karakia from the local iwi, offering their blessing and a warm welcome.

The Christchurch Memorial Oration "All Power to the Generalist" will be delivered by Dr Chris Milne, renowned sports medicine physician who was a family GP for many years prior to specialising.

Plenary sessions will focus on Gastroenterology, Innovations in Medicine 101, Cardiology, Innovation in Laboratory Investigation in Primary Care, Sports Medicine, and Optimal Nutrition.

Sponsored breakfast sessions will be: "Food Noise Unravelling: Insightful Perspectives" (NovoNordisk), "Erectile Dysfunction - the Gateway to Broader Men's Health Issues" (Viatrix), "At The Heart of COPD - Exploring Cardiopulmonary Risk" (AstraZeneca), "What's Changed in COPD Management?" (GSK), and "Skincare in the Management of Acne Vulgaris" (L'Oreal).

Longer workshops on Thursday will cover Dermoscopy and Skin Cancer Surgical Skills, Musculoskeletal training, a Focus on Diabetes/CKD, and also on Heart Failure, GP/NP Pathways to Direct MRI Referrals, the Lightning Process, Neuroscience Strategies for Chronic Pain and Somatic Symptoms, and an entire day of medical update for Nurse Practitioners.

Friday will feature a dedicated program for practice managers, with a similar program for practice nurses and nurse practitioners on Saturday. Attendees will have the flexibility to choose sessions according to their interests, with post-conference access to many sessions online.

2-hour forums will cover Ophthalmology, Unravelling Abdominal Pain, questioning our Mental Health System, Keeping up with AI, Managing ADHD, Gender Diversity, and Interventional Radiology. CORE ALS courses will also be available throughout the meeting.

We encourage you to utilise the popular conference Whova App, to enjoy the meeting, reconnect with colleagues, exchange ideas, learn new skills, and gain insights to enhance patient care. Additionally, we invite you to explore the local leisure and adventure activities during your stay.

The GPCME Meetings in Rotorua and Christchurch remain dedicated to addressing practical patient management issues and fostering valuable social exchanges. We are thrilled to welcome you all back in 2026.

Kind regards,



Academic Convenor
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Conference Matters
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The "South GPCME 2026" activity has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to 64 CME credits for Continuing Professional Development (CPD) purposes.

MAJOR SPONSOR



PLATINUM SPONSORS



SPEAKERS

A

Dr Phil Adamson
Dr Missa Amin
Dr Kirshni Appanna
Dr April Armstrong
Dr Malcolm Arnold
Prof Bruce Arroll

B

Ms Susannah Barratt-Boyes
Dr Lutz Beckert
Dr Antony Bedgood
Ms Amanda Bell
Dr Freddie Bennett
Dr Ben Birks
Mrs Tanja Blinkhorn
Dr Luke Bradford
Dr Miranda Buhler

C

Ms Anna Campbell
Ms Sarah Campbell-Simpson
Dr Bex Canner
Dr Rachel Care
Dr Rona Carroll
Dr Teresa Chalmers-Watson
Mr Nick Champness
Dr Peggy Chen
Ms Alysha Clark
Dr David Codyre
PA-C Shelly Collins
Dr Lara Courtenay
RN Leonie Cowie
Dr Richard Cowlley
Mr Dave Cox
Dr Matthew Croucher

D

Dr Matt Daly
Dr Glen Davies
Dr Graham Denyer
Ms Aruni Dias
Dr Amanda Dixon-McIver
Mr John Dunbar
Ms Jaala Dyer
E
NP Anna Elders
Dr Juliet Elvy
Dr Sean Every

F

Dr Tony Fernando
Ms Fiona Frew

G

Prof Richard Geary
Dr Lucy Gibberd
Dr Anna Gilmour
Ms Louise Goodall
Dr Naomi Grey

H

Dr James Haddow
Mr Duncan Hann
Ms Heather Harding
Dr Sarah Harris
Ms Sharron Harris
Dr Niranjala Hewapathirana
Dr Ula Heywood
Dr Meredith Hicks
Dr Rosamund Hill
Dr Andrew Hill
Mr Jove Horton
Dr Paul Huggan

I

Dr Joan Ingram
J
Mr Dylan James
Ms Philippa Jones
Dr Chris Jones
Dr Willem Jordaan

K

RN Nicole Kennedy
Dr Samantha King
Dr Jan Kubovy

L

Dr Mehul Lamba
Dr Ruth Large
Dr Howard Lee
Dr Kwee Lee
Dr Shueh Lim
Dr Giovanni Losco
Dr Nick Loveridge-Easther
Mr Martin Lewis
Assoc Prof Craig Lynch

M

Mrs Jenny Malcolm
Dr Beth McElear
RN Clare McKenzie
Dr Richard McNeill
Mr Hamish McPhail
Mr Jeremy McTear
Dr Richard Medlicott
Dr Guy Melrose
Dr Iain Melton
Dr Krysta Milburn
Dr Chris Milne

N

Ms Priscilla Natalia
Dr Jeffrey Ngu

O

Ms Fiona O'Brien
Ms Leigh O'Brien
Prof Amanda Oakley
Dr Genevieve Oliver
Ms Jenny Oliver
Dr Lesley Overend
Dr Andy Owen

P

Dr Tony Page
Dr George Parker
Dr Raj Patel
Dr Alasdair Patrick
Dr Maira Patu
Ms Jessie Pere
Dr Martijn Phaff
Dr Sidhesh Phaldesai
Dr Jo-Anne Pon
Dr Ashwini Pondicherry
Prof Richard Porter
Dr Vanisi Prescott
Ms Jennifer Prescott
Dr Aniket Puri

R

Dr Ryan Radecki
Prof Anna Ranta
Dr John Rawstron
RN Henry Richardson
Ms Jo Ritchie
Dr Logan Robinson
RN Sadie Ross
Prof Julia Rucklidge
Ms Kylie Russell

S

Dr Ryan San Diego
RN Marama Saukuru
Prof Grant Schofield
Dr Kody Shaw
Dr Reshma Shettigar
Dr Branko Sijinja
Dr John Snow
Dr Rebecca Stack
Dr Richard Steele
Dr Cathy Stephenson
PA-C Tricia Stuart
Dr Daniel Sundaresan
Dr Kelly Sweerus

T

Ms Lynda Taylor
Dr Suzanna Temple
Dr Paul Templer
Dr Vivek Tharayil
Mr Stafford Thompson
Prof Murray Tilyard
Dr Anika Tiplady
Prof Richard Troughton

V

Dr Kate Van Harselaar
Dr Bella Vasoya
Dr Jenny Visser
Dr Chris Vodde

W

Dr Ian Wallbridge
Dr Ting Wang
Ms Michelle Watt
Ms Jess White
Dr Noah Whitehead
Dr James Wilkins
Mr Jason Williams
Assoc Prof Chelsea Willmott
Dr Hamish Wilson
Dr Dickson Wong
Dr Sam Wong
Dr Garsing Wong

Y

Mrs Jane Young
Dr Melissa Yssel

Z

Prof Caryn Zinn

CONFERENCE CONTENT

Pre-Conference Workshops

Thursday 13 August 2026, Te Pae Christchurch Convention Centre

To provide further practical updates, there is an optional pre-conference workshop day covering a broad range of hands-on topics, including an option to register for Basic and Advanced Surgical skills training.

Please note topics are repeated content, not part 1 and 2.

Some workshops have a limit on the numbers that can attend. Book early to avoid disappointment as some workshops will book out.

Main Conference

Friday 14 - Sunday 16 August 2026, Te Pae Christchurch Convention Centre

Due to the popularity of the meeting, further workshop options have been added to the Saturday programme.

All GPs, Nurse Practitioners, Pharmacists, Practice Nurses, Practice Managers, GP Registrars and Students are welcome to attend.

Practice Managers Programme

Friday 14 August 2026, Te Pae Christchurch Convention Centre

A dedicated Practice Managers programme has been developed to ensure all areas of General Practice interest are covered for this national conference. All Practice Managers are invited to attend and are welcome to attend any other sessions of interest.

Practice Nurses Programme

Saturday 15 August 2026, Te Pae Christchurch Convention Centre

A dedicated Practice Nurses programme will run concurrently with the main conference on Saturday. Practice Nurses are encouraged to register for the entire conference and are welcome to attend all sessions.

South Link Education Trust Welcome Function

Friday 14 August 2026, Te Pae Christchurch Convention Centre

6:30pm-7:30pm, Exhibition Area

Unwind after a busy first day with drinks and canapés in the Exhibition area. A chance to catch up with colleagues and meet other delegates and industry.

Resuscitation Courses for GPs

"CORE Advanced" with exam (Previously Level 5 / 6 / 7 with exam)

Course duration for Resuscitation CORE ADVANCED is a minimum of 8 hours with expected pre-reading preparation time of at least 3 weeks prior.

Course Times:

Thursday 13 August, from 8:30am – 6:30pm

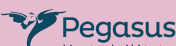
Friday 14 August, from 8:30am – 6:30pm

Cost: \$580

INDUSTRY EXHIBITION

A trade exhibition will be held in the Exhibition Hall and will be an integral part of the meeting. The welcome reception, morning and afternoon refreshments and lunches will be served in the exhibition area. 2025 exhibition attendees included:

- Abbott Laboratories
- Abode
- ACC
- AFT Pharmaceuticals
- Amtech Medical
- Array Health Solutions Ltd
- Aspen Pharma
- AstraZeneca
- AwakeNZ
- Awanui
- Bay Audiology
- Bayer New Zealand Limited
- Beyond Radiology
- Blackmores New Zealand
- Boehringer Ingelheim
- Bowel Cancer New Zealand
- Burnett Foundation Aotearoa
- Business for Doctors
- Canopy Healthcare
- Capes Medical Supplies
- Care Pharmaceuticals
- Cervin - SR Specialists & Referrals
- Cloudland Limited
- CrestClean
- Danone Nutricia
- Dermengine
- Dilworth Hearing
- Doctors For Nutrition
- Douglas Pharmaceuticals
- EBOS Healthcare
- EdenSleep by Resmed
- Edwards Lifesciences NZ
- Eisai New Zealand Ltd
- Esteem Healthcare Ltd
- Fertility Associates Limited
- Gastroenterology and Endoscopy Specialists
- General Practice Owners Association (GenPro)
- General Practitioners Aotearoa (GPA)
- Good Together
- Grace Medicals
- Green Cross Health
- GSK
- Habit Health
- Hato Hone St John
- Health New Zealand Te Whatu Ora
- HealthOne
- Healthpoint Ltd
- Healthvision
- Heart Foundation
- Helius Therapeutics
- Heron
- Interwaste
- Intuitive Therapeutics Limited
- Konnect NET
- L'Oréal Dermatological Beauty - La Roche Posay and CeraVe
- LEO Pharma
- Macular Degeneration New Zealand
- ManageMyHealth
- Medical Financial Advisory Services (MFAS)
- Medical Protection Society
- Medical-Objects
- MediRay Diabetes
- Medtech Global
- Mercy Ships New Zealand
- Migraine Foundation Aotearoa New Zealand
- MoleMax Systems
- My Food Bag
- MyPractice
- NeilMed Pharmaceuticals Pty Ltd
- Nestle New Zealand
- New Zealand Clinical Research
- New Zealand Doctor Newspaper
- New Zealand Health Group
- New Zealand Medical Indemnity Insurance
- New Zealand Physician Associate Society
- Ngaio Diagnostics
- Nitrogenx
- Novartis NZ Ltd
- Novo Nordisk Pharmaceuticals Limited
- NUBU
- NZLocums & NZMedJobs
- NZMS Diabetes
- NZTA Waka Kotahi
- Ochre Health
- Ovarian Cancer Foundation New Zealand
- Overeaters Anonymous
- PA Jobs NZ
- Pacific Radiology Group, Auckland Radiology, Bay Radiology
- Pegasus Health (Charitable) Ltd
- Pfizer New Zealand Ltd
- Pharmaco (NZ) Ltd
- Radiant Health
- Reform Radiology
- Resure Insurance & KiwiSaver Advisors
- REX Medical
- Roche Diagnostics
- Seqirus (NZ) Ltd
- Silverdale Medical
- SleepDrops International
- Sonic Healthcare Australia Clinical Services
- South Link Education Trust
- St Georges Cancer Care Centre
- Stellar Recruitment
- STRIDE Orthopaedics
- Tamaki Health
- TBI Health
- Te Pou
- Tend
- The Headache Clinic
- University of Waikato
- Valentia Technologies
- Veridion Group
- Viatrix Limited
- Work and Income

0830-1030	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
	WS1	WS2	WS3
	Skin Cancer Surgical Basic Skills Maximum 34 delegates Dylan James, Chris Vodde, Jane Young Supported by:  amtech Johnson&Johnson	Focus on Diabetes and CKD Supported by:  Boehringer Ingelheim	The Lightning Process Stuck to Flourishing Jenny Oliver
1030-1100	Morning Tea		
1100-1300	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	WS8	WS9	WS10
	Skin Cancer Surgical Advanced Skills Maximum 40 delegates Dylan James, Chris Vodde, Jane Young Supported by:  amtech Johnson&Johnson	Focus on Heart Failure Supported by:  Boehringer Ingelheim	The Lightning Process Stuck to Flourishing Jenny Oliver
1300-1400	Lunch		
1400-1600	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	WS14	WS15	WS16
	Dermoscopy Part 1 Applied Dermoscopy for Lesion Assessment Amanda Oakley	GP/NP Pathway to Assess Msk Patients to enable Direct Referrals for MRIs Maximum 22 delegates Jeremy McTear, Meredith Hicks Supported by:  Pegasus kia atawhai ki te tangata  He Kōwhiri. He Manaaki. He Whakaoa. prevention.care.recovery.	Explaining Chronic Pain: Neuroscience-based Strategies & Resources Hamish Wilson, Bruce Arroll, John Dunbar
1600-1630	Afternoon Tea		
1630-1830	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	WS20	WS21	WS22
	Dermoscopy Part 2 Chaos and Clues and More Dermoscopic Tips Amanda Oakley	GP/NP Pathway to Assess Msk Patients to enable Direct Referrals for MRIs (Repeated) Maximum 22 delegates Jeremy McTear, Meredith Hicks Supported by:  Pegasus kia atawhai ki te tangata  He Kōwhiri. He Manaaki. He Whakaoa. prevention.care.recovery.	"Doc- It's My Heart/Breathing/Stomach": Useful Autonomic Explanations Hamish Wilson, Bruce Arroll, John Dunbar

	0830-1030	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
		WS4	WS5	WS6
		Musculoskeletal Workshop 1 Lumbosacral Spine Basics 1 Ian Wallbridge, Kwee Yum Lee, Ting Wang	Nurse Practitioner Focus Group: Part 1 0830-0900 National Update - Chelsea Willmott 0900-0930 Key Cardiovascular Updates in 2026 - Leonie Cowie 0930-1000 Rupture of the Achilles Tendon - Jason Williams 1000-1030 Prescribing for ADHD in Primary Care - Anna Elders  <i>Nurse Practitioners New Zealand</i>	Pharmacists Update Day Part 1 - Clinical Authority Martin Lewis, Grant Bai, Andi Shirtcliffe, Barbara Fountain, Puneet Saini
	1030-1100	Morning Tea		
	1100-1300	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
		WS11	WS12	WS13
		Musculoskeletal Workshop 2 Lumbosacral Spine Basics 2 Ian Wallbridge, Kwee Yum Lee, Ting Wang	Nurse Practitioner Focus Group: Part 2 1100-1130 Classifying Diabetes - Niranjala Hewapathirana 1130-1230 Preventing and Handling Complaints - Sam King, Lucy Gibberd 1230-1300 Health Privacy Update - Top Tips for General Practice - Nick Laing Supported by:  <i>Nurse Practitioners New Zealand</i>	Pharmacists Update Day Part 2 - Digital Integration Sarah Hartnall, Chelsea Willmott, Sam Jacobs, Bronnie Shepherd, Timea Venter
	1300-1400	Lunch		
	1400-1600	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
		WS17	WS18	WS19
		Musculoskeletal Workshop 3 Lumbosacral - Advanced Ian Wallbridge, Kwee Yum Lee, Ting Wang	Nurse Practitioner Focus Group: Part 3 1400-1445 Issues Starting up a Practice - Martijn Phaff, Nicole Kennedy 1445-1515 Management of CKD - Reshma Shettigar 1515-1600 ENT - Rachel Care Supported by:  <i>Nurse Practitioners New Zealand</i>	Pharmacists Update Day Part 3 - Sustainable Funding Angela Heswall, Shane Bartle, Alison Van Wyk, Andrew Barry, Annabel Turley
	1600-1630	Afternoon Tea		
	1630-1830	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
		WS23	WS24	WS25
		Musculoskeletal Workshop 4 Putting it all Together Ian Wallbridge, Kwee Yum Lee, Ting Wang	Nurse Practitioner Focus Group: Part 4 1630-1715 Emergency Medicine and Urgent Care - Guy Melrose 1715-1800 Employer Support in Training - Philippa Jones, Alysha Clark 1800-1830 Small Group Discussions Supported by:  <i>Nurse Practitioners New Zealand</i>	Pharmacists Update Day Part 4 - Quality Control & Governance Robyn Thew, Billy Allan, James Westbury, Pete Chandler, Fiona Bradley

MAIN PROGRAMME

Friday 14th August

MANAGERS PROGRAMME

Friday 14th August

0700-0755	Novo Nordisk Breakfast: What's changed? Evolving Perspectives in Modern Obesity Management	Bella Vasoya, Priscilla Natalia, Lara Courtenay	0800-1830	Location: Te Pae Christchurch Convention Centre	Chair: Sharron Harris
0755-0800	Karakia	Local Iwi	0800-1800	Practice Managers Programme	
0800-0805	Welcome and Conference Opening		0800-0900	Small Groups Session (Managers 1)	Sharron Harris
0805-0830	Christchurch Memorial Oration 2026: "All Power to the Generalist"	Chris Milne	0900-0945	Practice Managers are People Managers	Aruni Dias
0830-0850	A Common Primary Care Problem: Prediction Coding Error	Bruce Arroll	0945-1015	Changes to the NP Training Pathway - What You Need to Know	Chelsea Willmott
0850-0910	Nutritional Optimising Mental Health, influencing Irritability, Aggression, and Emotional Dysregulation	Julia Rucklidge	1015-1030	Discussion (Managers 1)	
0910-0930	Neurodegenerative Diseases Causing Dementia - Where Are We Up to with Causes and Cures?	Matthew Croucher	1030-1100	Morning Tea and Exhibition (Friday)	
0930-0950	Taming the Throb - Mastering Migraine	Rosamund Hill	1100-1130	Handling Difficult People - Understanding Individual Differences and Motivation	Michelle Watt
0950-1010	The 60 Second Neuro Examination	Anna Ranta	1130-1200	Leading with Impact: How Leadership Shapes Culture and Drives Team Performance in Healthcare	Michelle Watt
1010-1030	Discussion Panel (Friday 1)		1200-1300	To Infinity and Beyond: Safe Use of AI in Diagnosis and Patient Management	Lucy Gibberd, Samantha King
1100-1300	Morning Tea and Exhibition (Friday)		1300-1400	Lunch and Exhibition (Friday)	
1100-1300	Medicopolitical Plenary Session: The New World of Primary Care - Swings and Roundabouts at the Coalface		1400-1600	AI in Your Practice	
1100-1110	Introduction	Bruce Arroll	1400-1430	AI - Tips for Users and How to Avoid Quicksand	Nick Loveridge-Easther
1110-1120	General Practitioners - Playing Quarter Back in 2026	Luke Bradford	1430-1500	Implementing AI - Practical Realities	Ruth Large
1120-1130	The Best Roles for Nurse Practitioners and Nurse Prescribers	Chelsea Willmott	1500-1530	Show and Tell - What We Use and How it Works (Interactive)	Ruth Large, Anna Campbell, Nick Loveridge-Easther
1130-1140	The NZ GP Clinic of Tomorrow: PAs, Teams and Smarter Care	Tricia Stuart	1530-1600	Panel Q and A	Ruth Large, Anna Campbell, Nick Loveridge-Easther
1140-1150	What About Rural and Provincial Services	Branko Sijnja	1600-1630	Afternoon Tea and Exhibition (Friday)	
1150-1200	Pharmacists - The Health Practitioner You See Most Often!	Martin Lewis	1630-1715	Partnering with Work and Income: Improving Outcomes for Your Patients	Cathy Stephenson, Heather Harding, Fiona Frew, Jessie Pere
1200-1210	Healthline - Telehealth Triage	Ruth Large	1715-1745	Rainbow 101	Bex Canner
1210-1220	OnLine Doctors - Virtual Care for Real Results	Jess White, Willem Jordaan	1745-1830	Small Groups Session (Managers 4)	
1220-1230	After Hours Care - Patients Do Exist After 5pm	Naomi Grey	1830-1930	South Link Education Trust Welcome Function	
1230-1300	Discussion Panel (Friday 2)				
1300-1400	Lunch and Exhibition (Friday)				
1400-1600	Plenary: Gastroenterology				
1400-1415	New Drugs for Inflammatory Bowel Disease	Vivek Tharayil			
1415-1430	Fatty Liver - What Can We Do About It?	Jeffrey Ngu			
1430-1445	Endoscopic Treatment of Obesity and Bariatric Medicine - Solutions Without Surgery	Mehul Lamba			
1445-1500	Bowel Cancer Screening - How Low Should We Go?	Teresa Chalmers-Watson			
1500-1515	Quality Endoscopy - Are all Colonoscopies the Same and Does it Matter?	Malcolm Arnold			
1515-1530	Interventional Endoscopy - Saving your Patient from Surgery	Jan Kubovy			
1530-1600	Discussion Panel (Friday 3)				
1600-1630	Afternoon Tea and Exhibition (Friday)				
1630-1830	Plenary Session: Innovations 101				
1630-1645	Metabolic Medicine, the Future of General Practice	Glen Davies			
1645-1700	Carbs, Coaches, and Community Innovation Diabetes Reversal in NZ Primary Care	Caryn Zinn			
1700-1715	New Telehealth Eye Services at Your Fingertips	Antony Bedgood			
1715-1730	Telecardiology	Krys Milburn			
1730-1745	Innovation Meets Polypharmacy: How Digital Health Can Transform Medicines Use in Older People	Martin Lewis			
1745-1800	NPs in Primary Health Care- A Smart Innovation	Chelsea Willmott			
1800-1830	Discussion Panel (Friday 4)				
1830-1930	South Link Education Trust Welcome Function				



1300-1400 Lunch and Exhibition (Friday)

or Concurrent Sessions

(55mins, 2:00pm-2:55pm repeated at 3:05pm)

WS46	WS47	WS48	WS49	WS50	WS51	WS52	WS53	WS54	WS55
Forum: Red Eyes and Red Flags: Ophthalmology Essentials for GPs	Managing People in Healthcare: Leadership Strategies for Doctors	Examination of the Shoulder	Update to Help Your Drug Harm Reduction Conversations	Opioids in Palliative Care	Case Studies on Paediatric Orthopaedic Problems	10 Things a GP Should Know about Neurology	Beyond the Script: Integrating Semaglutide (Wegovy) into Holistic Diabetes and Weight Care	Managing Medications with Kidney Disease - Case Studies	Cognitive Biases in Urgent Care - Managing Swiss Cheese During Your Afterhours Shifts
Rebecca Stack (Chair), Logan Robinson, Genevieve Oliver, Dickson Wong, Jo-Anne Pon, John Rawston	Michelle Watt	Chris Milne	Ben Birks	Richard McNeill	John Dunbar	Anna Ranta, Rosamund Hill	Caryn Zinn, Grant Schofield, Glen Davies, Jaala Dyer	Kody Shaw	Guy Melrose
Repeated Sessions (55mins, 3:05pm-4:00pm)									
	WS57	WS58	WS59	WS60	WS61	WS62	WS63	WS64	WS65
	Managing People in Healthcare: Leadership Strategies for Doctors	Examination of the Shoulder	Update to Help Your Drug Harm Reduction Conversations	Opioids in Palliative Care	Case Studies on Paediatric Orthopaedic Problems	10 Things a GP Should Know about Neurology	Beyond the Script: Integrating Semaglutide (Wegovy) into Holistic Diabetes and Weight Care	Managing Medications with Kidney Disease - Case Studies	Cognitive Biases in Urgent Care - Managing Swiss Cheese During Your Afterhours Shifts
(120mins, not repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

1600-1630	Afternoon Tea and Exhibition (Friday)
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or Concurrent Sessions

(55mins, 4:30pm-5:25pm repeated at 5:35pm)

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MAIN PROGRAMME

Saturday 15th August

NURSES PROGRAMME

Saturday 15th August

0730-0825	Viatrix Breakfast Session: Erectile Dysfunction - the Gateway to Broader Men's Health Issues	Giovanni Losco
0730-0825	AstraZeneca Breakfast: At The Heart of COPD - Exploring Cardiopulmonary Risk	Kelly Sweerus
0830-1030	Plenary Session: Cardiology (Supported Christchurch Heart Group)	
0830-0845	Coronary Calcium, CTCA, and What to Do Next: A GP's Guide to Imaging-Driven Prevention	Phil Adamson
0845-0900	Atrial Fibrillation - In Search of the Holy Grail	Iain Melton
0900-0915	What's New in Heart Failure Management	Richard Troughton
0915-0930	Pacemakers: Can They Get Any Better?	Matt Daly
0930-0945	Cardiovascular Risk Across the Lifespan - Why Birth and Early Life Matter	Sarah Harris
0945-1000	Microvascular Dysfunction	Aniket Puri
1000-1030	Discussion Panel (Saturday 1)	
1030-1100	Morning Tea and Exhibition (Saturday)	
1100-1300	Plenary Session: Case Studies with a Focus on Innovation in Laboratory Investigation in Primary Care	
1100-1115	The Laboratory Present and Future	Nick Champness
1115-1130	The Imprecise Science of Being Precise in the Lab	Melissa Yssel
1130-1145	Iron - Don't Wait for the Tank to be Empty to Refuel	Lesley Overend
1145-1200	Skin Lesions: Get More Bang for Your Biopsy	John Snow
1200-1215	Tips and Tricks for Microbiology Matters	Juliet Elvy
1215-1230	Myth Busting with the Immune System	Richard Steele
1230-1300	Discussion Panel (Saturday 2)	
1030-1100	Lunch and Exhibition (Saturday)	
1400-1600	Plenary Session: Sports Medicine	
1400-1415	Bone Health in the Athletic Population	Anika Tiplady
1415-1430	ACL Injury - The Role for Non-Operative Treatment	Noah Whitehead
1430-1445	Anterior Knee Pain	Chris Milne
1445-1500	Concussion - It's Not All in the Head	Tony Page
1500-1515	The Tired Athlete	Chris Milne
1515-1530	Adolescent Sporting Injury	Sam Wong
1530-1600	Discussion Panel (Saturday 3)	
1600-1630	Afternoon Tea and Exhibition (Saturday)	
1630-1830	Plenary Session: Optimal Nutrition	
1630-1645	The Impact of UltraProcessed Foods on Health	Caryn Zinn
1645-1700	Why and How to Eat a Mediterranean Diet in NZ	Richard Gearry
1700-1715	What About Supplements and Vitamins?	Leigh O'Brien
1715-1730	Ways to Encourage More Appropriate Food Choices	Kylie Russell
1730-1745	Healthy Diets v Therapeutic Diets	Glen Davies
1745-1800	Diet for Peak Performance	Grant Schofield
1800-1830	Discussion Panel (Saturday 4)	
1830-2000	Dexcom Wear and Learn Event : Light food/drinks from 1830hrs. Presentation on CGMs at 1900hrs.	Speaker to be confirmed

0830-1830	Location: Te Pae Christchurch Convention Centre	Chair: Sharron Harris
0830-1830	Nurses Programme	
0830-0915	Taking Control of Diabetes - An Innovative Self-Management Programme	Dave Cox
0915-0945	The Role of a Practice Nurse in Palliative Care	Clare McKenzie, Marama Saukuru
0945-1030	No I am Not Just a Nurse - Driving Change in Healthcare Leadership	Chelsea Willmott
1030-1100	Morning Tea and Exhibition	
1100-1130	Vax TBA	Jennifer Prescott
1130-1200	Update on Vaccination in Pharmacy	Louise Goodall
1200-1230	Doulas: Bridging Gaps in End of Life Care and Exhibition	Sarah Campbell-Simpson
1230-1300	Small Group Discussion (Nurses 2)	
1300-1400	Lunch and Exhibition	
1400-1430	Developing Nurse Prescribers and their Impact on Healthcare and Exhibition	Philippa Jones, Alysha Clark
1430-1500	Key Cardiovascular Updates for Nurses in 2026	Leonie Cowie
1500-1530	The Role of a Heart Failure Clinical Nurse Specialist Prescriber in General Practice	Sadie Ross
1530-1600	What Practice Nurses Need to Know about Gender Affirming Care	Bex Canner, Beth McElrea
1600-1630	Afternoon Tea and Exhibition	
1630-1715	Lifestyle Interventions for Chronic Disease	Ula Heywood, Susannah Barrett-Boyes
1715-1745	Recognising and Supporting Patients with Lymphatic Disorders	Amanda Bell, Fiona O'Brien
1745-1830	Small Group Discussion (Nurses 4)	

Presentation on CGMs at 1900hrs. Speaker to be confirmed

[illegible]

1030-1100 Morning Tea and Exhibition (Saturday)

[illegible]

1300-1400	Lunch and Exhibition (Saturday)
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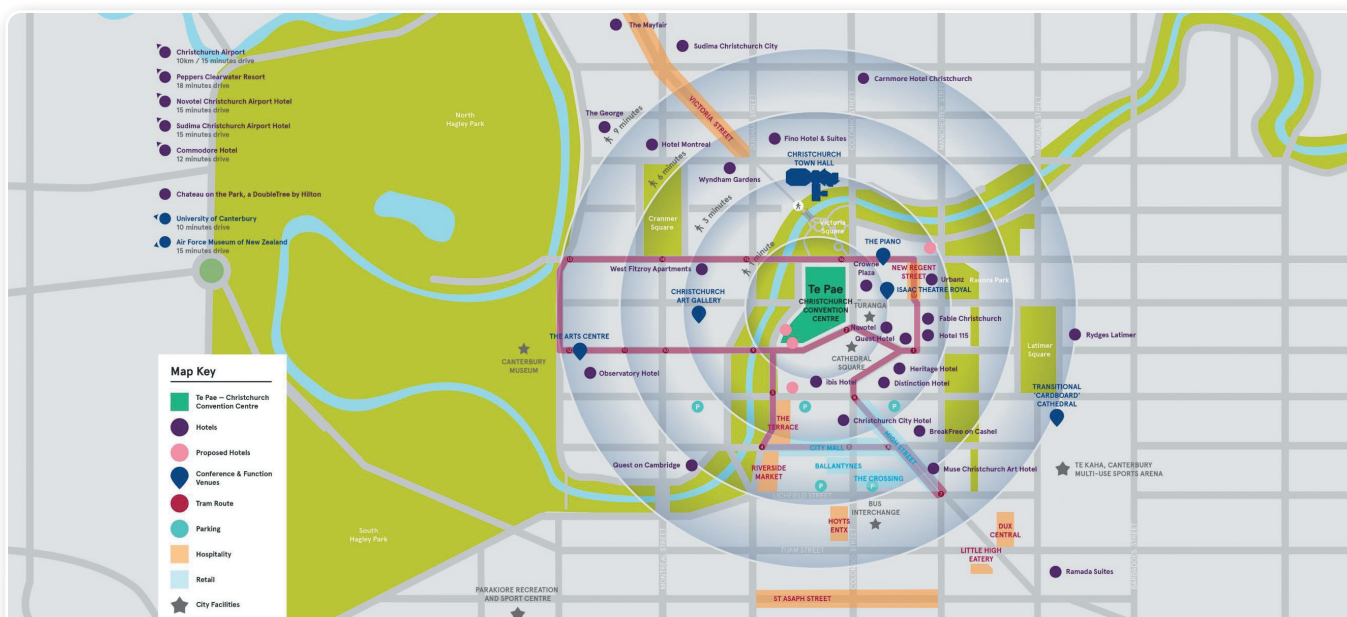
1600-1630 Afternoon Tea and Exhibition (Saturday)

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0715-0810	GSK Breakfast Session: What's Changed in COPD Management?			Lutz Beckert, Maira Patu									
0715-0810	L'OrealBreakfast: Skincare in the Management of Acne Vulgaris: A New Zealand Perspective			Peggy Chen									
0815-1030	Plenary: General			or Concurrent Sessions (55mins, 8:30am-9:25am repeated at 9:35am)									
0815-0830	Technical Evolutions within Spine Surgery including Robotics	Richard Cowley		WS166	WS167	WS168	WS169	WS170	WS171	WS172	WS173	WS174	WS175
				Forum: Innovations with Interventional Radiology - How Can it Help Your Patients?	Reversing Diabetes with Diet	Tapping - A Stress Reduction Tool at the End of Your Fingertips	Pharmacogenomics in General Practice	The Brain-Gut Connection	From Stethoscopes to Savings: Financial Planning for Time-Starved Health Professionals	Benign Breast Disease and Implant Related Illnesses	A Team-based Model of Care - Using Unregulated Workforce to Support Clinicians at Top of Scope	Purple Pain - Early Treatment of Complex Regional Pain Syndrome	Sepsis School: Introducing and Using the New Sepsis Health Pathway in Primary and Urgent Care
0830-0845	Oral Frailty - The Next Epidemic in Primary Care?	Daniel Sundaresan		Shueh Lim, Missa Amin, Howard Lee	Glen Davies, Cargin Zinn	Tanja Blinkhorn, Jenny Malcolm	Amanda Dixon-McIver, Suzanna Temple	Leigh O'Brien	Hamish McPhail, Lynda Taylor	Ashwini Pondicherry	Philippa Jones	Chris Jones	Paul Huggan
0845-0855	Colorectal Cancer - When to Check?	Alasdair Patrick											
0855-0905	The Changing Management of Colorectal Cancer	Craig Lynch											
0905-0920	Detecting and Managing CKD in Your Practice	Kody Shaw											
0920-0935	Expedition and Wilderness Medicine	Jenny Visser											
0935-0950	Allergic Diseases are on the Rise - Why is This, and What to do About Them	Anna Gilmour											
0950-1005	Working with Primary Care to Improve Rehabilitation Outcomes	Stafford Thompson											
1005-1030	Discussion Panel (Sunday 1)			(20mins, not repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)
1005-1030	Morning Tea and Exhibition (Sunday)			Repeated Sessions (55mins, 9:35am-10:30am)									
1100-1300	Plenary: Closing Session			WS177	WS178	WS179	WS180	WS181	WS182	WS183	WS184	WS185	
1100-1115	Beyond Gut Instinct: How Diverse Thinking Improves Clinical and Leadership Decision-Making	Michelle Watt		Reversing Diabetes with Diet	Tapping - A Stress Reduction Tool at the End of Your Fingertips	Pharmacogenomics in General Practice	The Brain-Gut Connection	From Stethoscopes to Savings: Financial Planning for Time-Starved Health Professionals	Benign Breast Disease and Implant Related Illnesses	A Team-based Model of Care - Using Unregulated Workforce to Support Clinicians at Top of Scope	Purple Pain - Early Treatment of Complex Regional Pain Syndrome	Sepsis School: Introducing and Using the New Sepsis Health Pathway in Primary and Urgent Care	
1115-1130	Want to Suffer Less? Watch Your Mind	Tony Fernando											
1130-1150	ADHD Unlocked: My Story as an Adult with ADHD	Freddie Bennett											
1150-1210	ADHD Rx Unplugged: What Every GP Needs to Know	Sidhesh Phaldessai											
1210-1230	What GPs Need to Know about Managing Bipolar Disorder - an Update	Richard Porter											
1230-1300	Discussion Panel (Sunday 2)												
1300	Conference Closes												



CHRISTCHURCH MAP



Useful Contact Numbers

Academic Convenor 021 949 310
 Conference Matters 021 164 3815
 Peek Exhibition 021 849 969
 Te Pae Christchurch Convention Centre 03-266-1400
 188 Oxford Terrace, Christchurch Central, Christchurch
 Urgent Pharmacy Christchurch 03-366 4439
 931 Colombo St, Richmond
 Super Shuttle Christchurch 0800 748 885

Corporate Cabs Christchurch 03-379 5888
 Gold Band Taxis 03-379 5795
 First Direct 03-377 5555
 Christchurch Airport 03-358 5029
 30 Durey Rd, Christchurch Airport, Christchurch
 Air New Zealand 0800 737 000
 Jetstar 0800 800 995

The Terrace – 126 Oxford Terrace Central to all city centre hotel options, 6min walk to Te Pae.

A range of bars and restaurants overlooking the Ōtākaro Avon River, restaurants are located across two levels and along laneways. The restaurants are joined by bars and fast-food options for those on the go. www.theterrace.co.nz

Riverside Market – Cnr Lichfield Street & Oxford Terrace Central to all city centre hotel options, 8min walk to Te Pae.

For a more casual vibe, Riverside Market has a range of eateries open during market hours, Thursday and Friday are the late nights. There are also bars and restaurants attached that are open later. Great for casual and quick eats www.riverside.nz

Little High – 255 St Asaph Street An easy walk to all central hotels, 15min from Te Pae

Experience nine different local and family-run businesses inside a modern marketplace with plenty of shared indoor & outdoor seatings. Guests can order whatever their tastes desire, no matter what their group is ordering and share seating – and plates – among them. Like a stylish upmarket food hall, but better! www.littlehigh.co.nz

Individual restaurants:

The Church - The cornerstone of Christchurch Hospitality in a stunning restored stone former-church. With live music at the forefront, wood-fired pizzas, a large open bar area, lush mezzanine floor and a beautiful sun-soaked courtyard, The Church has something for everyone. 124 Worcester Street, Christchurch Central 03 595 1533

Delilah - Dress up, turn up, wind down. Delilah's lush vibe is the perfect mix of frills and chills. Daily happy hour, a fantastic cocktail list and a tasty menu designed to share, Delilah is fun and a great spot for something more low key. The Terrace, Ground Floor, 122 Oxford Terrace, Christchurch Central 03 366 6644

The Monday Room - Offering exquisitely prepared local produce & seafood, alongside the finest quality New Zealand Beef & Lamb. We also have an extensive wine list, showcasing premium New Zealand & international producers, and an ever changing innovative and fun cocktail menu. 161 High Street, Christchurch Central 03 377 5262

Kaiser Brew Garden - A place with brewery-fresh beers, stunning wines, specialist gin and tonics, an extensive cocktail menu and the best Bavarian-inspired brew bar hospitality Christchurch has to offer. Riverside Market, Level 1, 1/96 Oxford Terrace, Christchurch Central 03 366 6100

Brewda - Welcome to Brewda, where the soul of Korea meets the heart of fusion. They are not just a bar; they are an experience, a harmonious blend of tradition and innovation. At the core of Brewda's identity is a passion for Korean cuisine, reimagined with a modern twist. 93 Cachel Street, Christchurch Central 03 423 9555

Amazonita - Experience a refreshing paradise, inspired by the spirit of the Amazon with a dash of influence from our Mediterranean roots. A true sensory experience, Amazonita brings taste, touch, sight and smell together. The Terrace, Ground Floor, 126 Oxford Terrace, Christchurch Central 03 377 4144

Odeon - Andalusian inspired dishes made with fresh, seasonal local produce and paired with local and international organic wines. A must try. 165 Gloucester Street, Christchurch Central 022 420 1378

King of Snake - One of Christchurch's top restaurants offering the best of Euro-Asian cuisine in a stunning 5-star contemporary setting. The Terrace, Level one, 79 Cachel Street, Christchurch Central 03 365 7363



+Inbox Manager

The latest product available from our Smartcare GP range, Inbox Manager is designed specifically to make managing clinical inboxes easier and less stressful for you and your clinical team.

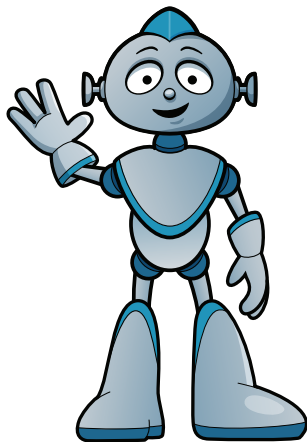
How does it work?

- All inbox messages are grouped by patient to make it easier to understand the context of the result(s).
- You can access the patient's daily record, medications or classifications with a single click from the Inbox Manager.
- All numerical results are always shown with a table and graph of historic results allowing identification of trends.
- Abnormal results or reports have to be filed individually with a manually-provided comment.
- However, if appropriate, multiple normal lab results can be filed with a single click with a default automatic comment to reduce repetitive typing. A future release will allow users to choose a comment from a dropdown box.

Please visit our stand (619-621) to see a demonstration or request a trial of Inbox Manager. More information is available online at inboxmanager.co.nz

Inbox Manager has been extensively tested by selected South Link Health practices and its development has been overseen by the South Link Health Services clinical team.

+Care Kiosk



Care Kiosk is our self-service clinical kiosk. It takes all clinical measurements and seamlessly inserts these results into the patient record in your Medtech Evolution patient management system. Future releases will be able to support Medtech 32 and other patient management systems.

What does it measure and how does it work?

- Patients use Care Kiosk to measure their height and weight (calculates BMI), blood pressure, body composition (ie fat/muscle percentage), temperature, heart rate and oxygen saturation.
- To start the measurement process, the patient opens their Manage My Health or Webtools Centrik patient portal and scans the QR code available from the "Care Kiosk" menu option.
- The data produced is sent seamlessly to the patient record.

Care Kiosk saves valuable time for your clinicians during a patient consult.

Please visit our stand (619-621) to measure your own results and try it for yourself.

Care Kiosk is available for leasing now.

Care Kiosk is currently in use at South Link Health practices and its development has been overseen by the South Link Health Services clinical team.



+Care Manager

Care Manager was last released late 2024. It ensures patients with long-term conditions can be well monitored and safely managed with the appropriate number of consultations, automated monitoring and management of stable patients between consultations. Please visit our stand (619-621) to hear more about Care Manager.

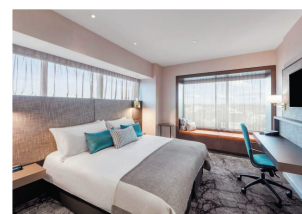
Block bookings at negotiated rates have been made at Crowne Plaza Christchurch. Please book your accommodation on the enclosed registration form. Registration and accommodation should be made before 10 July 2026 as hotel rooms are not guaranteed after this date.

764 Colombo Street, Christchurch | 8011 | New Zealand | 64-3-7412800

Overlooking historic Victoria Square and the iconic Avon River, you'll be in the perfect spot to connect with the Christchurch, or meet with colleagues, clients or friends in Market Place Restaurant and Bar, Café 1851 or The Social Cafe & Bar.

The technology installed within the rooms is bound to impress, with bluetooth and Wi-Fi streaming high definition televisions, bathroom speakers and controls, electronic service indicators on the door for when you don't want to be disturbed and plenty of usb ports for your devices.

From our versatile meeting and conference spaces, a gym and library-themed business centre, we have everything you need to make your stay a successful one. With the Issac Theatre Royal and Christchurch's coolest cafes, restaurants, shops and street art only a stroll away, it offers the perfect base to explore, whether you're here for business, pleasure or a little bit of both.



Superior King Room
\$290 per night



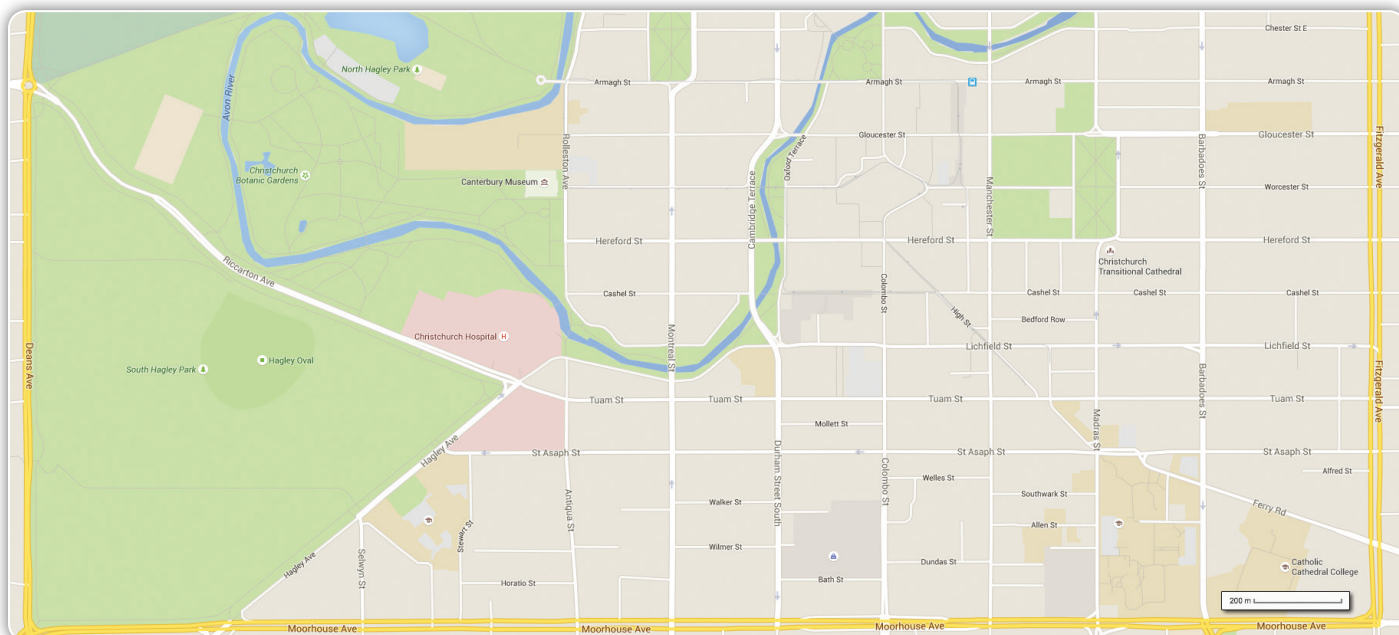
188 Oxford Terrace,
Christchurch,
New Zealand 8011

Te Pae Christchurch is the city's gathering place — an architectural and social landmark designed as a welcoming heart in the centre of the city.

This is a world-class venue, carefully designed and purpose-built to respond to the full range of your event requirements.

With over 28,000 square metres of conference and event space, the plenary room, exhibition and breakout rooms can be held in one dedicated area, to ensure good delegate flow and interaction in all areas throughout the meeting.

CITY CENTRE MAP





Innovation. Investment. Knowledge

Stand 619-621



South Link Health

South Link Education Trust formed South Link Health Services in 2010. The Trust recognised the need to support, develop and grow general practice in New Zealand. Since 2010 it has acquired 43 practices, that are now consolidated into a network of 23 practices, providing quality patient care to over 138,000 enrolled patients.

We supply all our practices with financial services, HR, payroll and recruitment support, IT support and services, practice management and administration, marketing and clinical expertise.

Interested in working for us?

You can apply online to work at any of our South Link practices. Go to southlink.co.nz/join or scan the QR code.



www.southlink.co.nz



Navigating the last days of life: a general practice perspective

In late 2023, bpac^{nz} published the first of a series of resources dedicated to the care of people in the last days of their life, who seek support from their general practice team. Since then, these resources have been viewed more than 20,000 times. Death is the inevitable closing chapter in every person's life. The manner in which a person dies will persist in the memories of those left behind, therefore having a "good death" is the aim, and this can be achievable with the right support.

We invite you to browse our series of resources, based on **Te Ara Whakapiri: the unifying path**. This is essential knowledge and professional development for every health care professional working in primary care.

Visit the South Link Education Trust stand (619-621) for your free copy of "Navigating the LDOL" handbook for primary care.

Supported by:



bpac.org.nz/LDOL

SOUTH GP CME 2026 REGISTRATION FORM

13-16 August 2026 | Te Pae Christchurch Convention Centre | www.gpcme.co.nz

PERSONAL DETAILS

Title: Miss / Mrs / Ms / Mr / RN / Dr / Prof / Assoc Prof

First Name: _____ Surname: _____

Phone Bus: _____

Company / Clinic Name: _____

Fax: _____

Clinic location: _____

Mobile: _____

Preferred Contact Address: _____

Medical Council No: _____

Suburb _____ Country _____

RNZCGP No: _____

(Email required for registration confirmation) City/Town _____ Post Code _____

Special requests: (ie dietary requests, disabilities, etc) _____

Email: _____

☐ Yes, I would like to receive email updates regarding products and special offers from attending industry exhibitors

Additional Attendees: Title, First Name, Last Name _____

CANCELLATION POLICY: Cancellations can only be received in writing, and incur a loss of 50% of registration fees within 21 days of the conference commencing. Later cancellations forfeit registration fees paid. Any other refunds are at the discretion of the organisers.

PRIVACY: The contact information supplied on the registration form will be distributed to the attending industry sponsors. ☐ Please tick this box if you do not wish to be included on this list.

REGISTRATION FEES (GST Inclusive - NZD)

Doctor (Fri-Sun) \$925 \$ _____

Nurse Practitioner (Fri-Sun) \$925 \$ _____

Less early bird discount if booked before 12 June 2026 Deduct \$ -100.00

Pharmacist (Fri-Sun) \$350 \$ _____

GPEP1 Registrar (Fri-Sun) \$295 \$ _____

GPEP2/3 Registrar (Fri-Sun) \$425 \$ _____

Student (Fri-Sun) \$135 \$ _____

Exhibitor \$345 \$ _____

Practice Manager All ☐ or Friday only ☐ \$185 \$ _____

Practice Nurse All ☐ or Saturday only ☐ \$135 \$ _____

Spouse (non medical) \$135 \$ _____

Or Daily Registration

Friday \$400 ☐ Saturday \$400 ☐ Sunday ☐ \$250 \$ _____

Late Registration Fee if booked after Friday 18 July \$ 50.00

Optional Registration

Friday - Novo Nordisk Breakfast Session No. \$ No Fee

Friday - SLET Welcome Function No. \$ No Fee

Friday - Dexcom Wear and Learn Event No. \$ No Fee

Saturday - Viatrix Breakfast Session No. \$ No Fee

Saturday - AstraZeneca Breakfast Session No. \$ No Fee

Sunday - GSK Breakfast Session No. \$ No Fee

Sunday - L'Oreal Breakfast Session No. \$ No Fee

TOTAL REGISTRATION FEE (TOTAL A) \$ _____

PRE-CONFERENCE WORKSHOPS - Thursday

Doctor \$475 \$ _____

Basic & Advanced Surgical \$695 \$ _____

NP \$475 \$ _____

GPEP \$275 \$ _____

TOTAL PRE-CONFERENCE WORKSHOP FEE (TOTAL B) \$ _____

Please indicate your preferred workshop option **number** for each time slot.

Content is repeated not part 1 and 2 unless otherwise stated.

8:30am 11:00am 2:00pm 4:30pm

CORE ADVANCED RESUSCITATION FOR GPs

I wish to attend the NZRC CORE Advanced Approved (8 hrs) course with exam @ \$580

☐ Thursday 8:30am-6:30pm ☐ Friday 8:30am-6:30pm

EMERGENCY RESUSCITATION FEE (TOTAL C) \$ _____

CONCURRENT WORKSHOP OPTIONS

Please indicate your preferred workshop option **number** for each time slot. Please note numbers are restricted with spaces allocated when registration received. Tickets required for entry.

Fri 2:00pm 3:00pm 4:30pm 5:30pm

Sat 8:30am 9:30am 11:00am 12:00pm

Sat 2:00pm 3:00pm 4:30pm 5:30pm

Sun 8:30am 9:30am Office use only ☐

ACCOMMODATION AVAILABLE

Arrival Date _____ August - Departure Date _____ August

Special Requirements/ Comments _____

Crowne Plaza Hotel Christchurch

Superior King Room (1-2 people) _____ nights x \$290 \$ _____

TOTAL ACCOMMODATION FEE (TOTAL D) \$ _____

A+B+C+D = TOTAL ENCLOSED (GST Inc) \$

PAYMENT DETAILS GST Tax Invoice Number 95-598-579

I authorise Conference Matters to charge my Visa/Mastercard as detailed below, with the amount of \$ _____

Card Number:

Card expiry date ____/____/____ Date ____/____/____

Print Cardholder's Name _____

Cardholder's Signature _____

☐ Cheque: \$ _____ (NZD) payable to: Conference Matters.

☐ Direct Credit 03-0498-0809412-00 Ref: Surname STHGPCME

Return this form to **Conference Matters**, Fax +64 (0)9 437 4089 or post to PO Box 1661, Whangarei, New Zealand

All Enquiries to Leon - leon@conferencematters.co.nz

FreePost Authority Number 215519



Conference Matters Ltd
PO Box 1661
Whangarei 0140
NEW ZEALAND