

	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.			
0830-1030	WS1	WS2	WS3	
	Skin Cancer Surgical Basic Skills Maximum 34 delegates Dylan James, Jane Young Supported by:  Johnson&Johnson	Focus on Heart Failure Gerry Wilkins Supported by:  Boehringer Ingelheim	Recognising Supporting and Preventing Burnout "Crispy Around the Edges" Tonya Cruikshank	
1030-1100	Morning Tea			
1100-1300	WS8	WS9	WS10	
	Skin Cancer Surgical Advanced Skills Maximum 34 delegates Dylan James, Jane Young Supported by:  Johnson&Johnson	Focus on Diabetes and CKD Niranjala Hewapathirana Reshma Shettigar Supported by:  Boehringer Ingelheim	Recognising Supporting and Preventing Burnout (Repeated) "Crispy Around the Edges" Tonya Cruikshank	
1300-1400	Lunch			
1400-1600	WS14	WS15	WS16	
	Dermoscopy Part 1 Case Based Learning: Diagnosis/Management: Pigmented Skin Lesions Cliff Rosendahl	Focus on Heart Failure Repeat Gerry Wilkins Supported by:  Boehringer Ingelheim	Press Pause - Invest in Yourself to Live Well, Lead Well, Work Well Alexandra Muthu, Rachel King	
1600-1630	Afternoon Tea			
1630-1830	WS20	WS21	WS22	
	Dermoscopy Part 2 Case Based Learning: Diagnosis/Management: Non Pigmented Skin Lesions Cliff Rosendahl	Focus on Diabetes and CKD (Repeated) Niranjala Hewapathirana Reshma Shettigar Supported by:  Boehringer Ingelheim	Press Pause - Invest in Yourself to Live Well, Lead Well, Work Well (Repeated) Alexandra Muthu, Rachel King	

		Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
		WS4	WS5	WS6
		Musculoskeletal Workshop 1 Lumbosacral Spine Basics 1	Women's Health 1 Contraception 101 including introduction to LARC. Practice with Copper IUCD, Jadelle and Mirena IUS	NZRC CORE Advanced "With Exam / Assessment"
	0830-1030	Ian Wallbridge, Don Ponnampereuma, Ting Wang	Orna McGinn Olivia Smart	(8 hours including written exam) - \$580 (includes ACLS Manual) This course has been endorsed by The Royal New Zealand College of General Practitioners and has been approved for 12 CME credits for maintenance of Professional Standards MOPS purposes. This course requires pre-reading of the NZRC Resuscitation – "A Guide for Advanced Rescuers" manual in order to successfully complete the NZRC written test. The recommended pre-reading time is 3 weeks prior
			Supported by:	
				
	1030-1100	Morning Tea		
		Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
		WS11	WS12	
		Musculoskeletal Workshop 2 Lumbosacral Spine Basics 2	Women's Health 2 Abnormal Uterine Bleeding Assessment and Management. Endometrial Biopsy and Mirena insertion Practical Training	We recommend you order the manual at the time of registration with Conference Matters (may be obtained online through Conference Matters or directly online through the NZRC website)
	1100-1300	Ian Wallbridge, Don Ponnampereuma, Ting Wang, MSK Radiology Assessment: Alistair Loan	Orna McGinn Olivia Smart	
			Supported by:	
				
	1300-1400	Lunch		
		Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
		WS17	WS18	
		Musculoskeletal Workshop 3 Lumbosacral - Advanced	Nurse Practitioner Focus Group: Part 1 Management of Common Shoulder Problems - Amelia Howard-Hill How to Reduce Renal Failure - Andy McNally Vertigo - Assessment and Examination - Sarah Bothamley	The course covers and includes:
	1400-1600	Ian Wallbridge, Don Ponnampereuma, Ting Wang	Management of Common Shoulder Problems - Amelia Howard-Hill How to Reduce Renal Failure - Andy McNally Vertigo - Assessment and Examination - Sarah Bothamley	• (Pre-course reading purchased by yourself - in advance to prepare for the written test) • Basic Life Support (Adult, child and baby including choking) • Advanced airway management (single and double person bag masking, guedel airway insertion, LMA's insertion) • A chance to practice Intubation (not assessed now in Advanced) • AED and rhythm recognition/M • Adult and child collapse algorithms • Anaphylaxis management • Scenario based training including adult and child • A compulsory multi choice test and skills evaluation of airway management, safety using a defi brillator and cardiac rhythms • This is a NZRC CORE Advanced course (previously Level 7) Approved (8 hrs) course run by Jason Burns (NZRC Instructor CORE Advanced & Immediate, NZDA Approved Instructor, RNZCGP Endorsed Instructor, Royal New Zealand College of Urgent Care instructor). • Attendees will be registered nurses, medical practitioners or people who have the skills contained in the course as part of their scope of practice. It is expected that students will already have the skills and knowledge required for Resuscitation. Course duration for Resuscitation CORE ADVANCED is a mini-mum of 8 hours with expected pre-reading preparation time of at least 4 hours. • You are expected to access resources at your disposal.
				
			<i>Nurse Practitioners New Zealand</i>	
	1600-1630	Afternoon Tea		
		Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
		WS23	WS24	
		Musculoskeletal Workshop 4 Putting it all Together	Nurse Practitioner Focus Group: Part 2 Case Studies on Reading ECGs - Frank Haggerty Clinical Complexity- Case Studies - Lucy O'Hagan How to Deal with Imposter Syndrome - Chelsea Willmott	Examples of suitable texts may include:
	1630-1830	Ian Wallbridge, Don Ponnampereuma, Ting Wang	Case Studies on Reading ECGs - Frank Haggerty Clinical Complexity- Case Studies - Lucy O'Hagan How to Deal with Imposter Syndrome - Chelsea Willmott	• PRIME course material on resuscitation • NZRC Resuscitation – "A Guide for Advanced Rescuers" manual in order to successfully complete the NZRC written test. The recommended pre-reading time is 3 weeks prior.
				
			<i>Nurse Practitioners New Zealand</i>	

0700-0750	ACC Breakfast: "Doc- I've Hurt My Back" - A Patient Journey Through a Complex System			Maartje Lyons, Chresta Martin	
0755-0800	Karakia			Maaka Tau, Liz Kereru - Ngāi Tūāhuriri	
0800-0805	Welcome and Conference Opening				
0805-0830	Christchurch Memorial Oration 2025: Age of Extinction: Are We Living Through the End of Days for General Practice?	Orna McGinn	0800-1800	Practice Managers Programme	Sharron Harris
0830-0850	Burns Management and Prevention	John Pearn	0800-0830	Introduction over Tea/Coffee	
0850-0910	Using Photo-Technology to Detect Featureless Melanomas	Cliff Rosendahl	0830-0915	NPs TBC	Chelsea Willmott
0910-0930	Update on Advanced Diabetes Technology in 2025	Martin De Bock	0915-0945	MSD Support for Reducing Patient's Debt and Health Costs	Cathy Stephenson
0930-0950	Protecting the Arteries: The Optimal Use of Lipid Medication in 2025	Chris Ellis			
0950-1010	The Latest Guidelines on Managing Hypertension	Krys Milburn	0945-1030	Leading Through Uncertainty - Building Resilience in Healthcare Management	
1010-1030	Panel Discussion (Friday 1)				
1100-1300	Morning Tea and Exhibition (Friday)		1030-1100	Morning Tea and Exhibition	
1100-1300	Medicopolitical Session: Working Well Within Your Scope in Primary Care				
1100-1105	Introduction Medicopolitical Session				Murray Tilyard
1105-1115	Who's Lane is it Anyway?				Angus Chambers
1115-1125	Scope and the Multidisciplinary Team				Bryan Betty
1125-1135	Extinction Rebellion: Time to Mobilise, Organise - and Specialise				Orna McGinn
1135-1145	Rural Practice: Is Broad Good?				Mark Smith
1145-1155	What Does Scope of Practice Mean?				Chelsea Willmott
1155-1205	Negotiated Autonomy: Enhancing Collaborative Care in Primary Practice				Shelly Collins
1205-1215	A Pharmacist's View				Mark Webster
1215-1225	Why Not Innovate?				Glen Davies
1225-1230	Summary				Murray Tilyard
1230-1300	Questions from the floor				
1300-1400	Lunch and Exhibition (Friday)				
1400-1600	Plenary: Paediatrics		1400-1600	The Impact of AI in Primary Care	
1400-1415	Preventive Strategies for RSV	Tony Walls	1400-1430	Understanding the Risks with LLM and AI Tools in General	Sanjeewa Samaraweera
1415-1430	The Child and Pre-Hospital Care	John Pearn			
1430-1445	Acute RF - The Possible Role of Scabies	Simon Thornley	1430-1530	Questions from AI to Z - Bring Your Burning Questions to this Medicolegal Q & A	Lucy Gibberd, Samantha King, Rob Hendry
1445-1500	GP Management of Common Surgical Conditions	Spencer Beasley			
1500-1515	TBA Health Pathways	John Garrett	1530-1600	Discussion (Managers 3)	
1515-1530	The Child with Bruising	Nate Lucas			
1530-1600	Panel Discussion (Friday 3)		1600-1630	Afternoon Tea and Exhibition	
1600-1630	Afternoon Tea and Exhibition (Friday)		1630-1700	Developing Care Plans to Reduce Appointment Utility as a CQI Project	Miriam Martin
1630-1830	Plenary Session: Doctors in Need - What Support is There For You?				
1630-1650	Investing in Yourself: Unlocking the Power of Self-Reflection and Vulnerability	Alexandra Muthu, Rachel Kling	1700-1730	Using Medical Administrators to Manage the Inbox Deluge	Miriam Martin
1650-1710	MPS - A Friend to Lean On, and a Sword By Your Side	Rob Hendry			
1710-1730	Everything You Should Know about Professional Supervision and Why You'll Want it	Ros Gellatly	1730-1800	Discussion (Managers 4)	
1730-1750	Understanding Your Individual Needs for Wellbeing and Prolonged Exposure to Toxic Stress	Jenni Manuel			
1750-1810	Mindfulness Tools for Self Support	Tonya Cruikshank			
1810-1830	Discussion Panel (Friday 4)				
1830-1930	South Link Education Trust Welcome Function				



1300-1400 Lunch and Exhibition (Friday)

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1600-1630	Afternoon Tea and Exhibition (Friday)
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or Concurrent Sessions									
(55mins, 4:30pm-5:25pm repeated at 5:35pm)									
WS66	WS67	WS68	WS69	WS70	WS71	WS72	WS73	WS74	WS75
Forum: Nutrition Myths & Misinformation-Providing Evidence-based Nutrition Advice (Supported Dietitians NZ)	What's in an Investment and Why it Matters	Calcium Score Tests and CVS Risk Assessment in 2025	Hearing Loss and the Link to Dementia	Community Spirometry: How to Set up Your Service- or Should You Just Refer?	Responding to Adult Survivors of Childhood Trauma	Insulin Resistance - the Key Understanding in Modern Medicine	Time Management for General Practitioners	"There's Nothing You Can Do and It Just Upsets People" -What's the Point Diagnosing Dementia?	Post Mortem on the Covid Pandemic
Helen Gibbs (Chair), Conrad Goodhew, Celeste Keesing, Victoria Schonwald	Robbie Urquhart	Chris Ellis	Jo Ritchie	Lutz Beckert, Lauren Wallace, Audrey Quinlan	Lucy O'Hagan	Glen Davies	April Armstrong	Matthew Croucher	Simon Thornley, Arthur Morris
Repeated Sessions									
WS77	WS78	WS79	WS80	WS81	WS82	WS83	WS84	WS85	
What's in an Investment and Why it Matters	Calcium Score Tests and CVS Risk Assessment in 2025	Hearing Loss and the Link to Dementia	Community Spirometry: How to Set up Your Service- or Should You Just Refer?	Responding to Adult Survivors of Childhood Trauma	Insulin Resistance - the Key Understanding in Modern Medicine	Time Management for General Practitioners	"There's Nothing You Can Do and It Just Upsets People" -What's the Point Diagnosing Dementia?	Post Mortem on the Covid Pandemic	
(120mins, not repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

MAIN PROGRAMME

Saturday 16th August

NURSES PROGRAMME

Saturday 16th August

0715-0815	AstraZeneca Breakfast: Managing Patients with COPD – Looking at the Bigger Picture in 2025			Rob Young
0715-0815	Celltrion Healthcare Breakfast: Mild to Moderate Irritable Bowel Disease			Rajan Patel
0830-1030	Plenary Session: AI - How Will This Affect You and Your Practice?		0830-1830	Nurses Programme Chair: Sharron Harris
0830-0845	Use of AI in Daily Practice to Keep You Sane	Richard Medicott	0800-0830	Welcome - Meet and Greet over Coffee/Tea
0845-0900	75,000 AI Consults - What Have We Learned?	Graham Denyer	0830-0900	CGM, Continuous Glucose Monitoring - Hands on session Martin De Bock
0900-0915	Understanding the Clinical, Ethical, Legal and Privacy Considerations of Using AI in General Practice	Sanjeewa Samaraweera	0900-0930	Top Tips for Reading CGMs Niranjala Hewapathirana
0915-0930	Revolutionizing Healthcare: The Power of Telehealth and AI	Ruth Large	0930-1000	Nurse-led Management of Dementia in Primary Care Matthew Croucher
0930-0945	Governance of AI Use in Healthcare	Robyn Whittaker	1000-1030	Palliative Care Pearls and Exhibition Catherine D'Souza, Rachel Wiseman
0945-1000	Comparing Medical AI agent Advice to Acute On Call Consultants in Real Life Clinical Queries	Karl Cole		
1000-1030	Panel Discussion (Saturday 1)		1030-1100	Morning Tea and Exhibition
1030-1100	Morning Tea and Exhibition (Saturday)			
1100-1300	Plenary Session: CKD and Heart Failure (Supported Boeringer Ingelheim)		1100-1130	What Do You Need to do to Become a NP? Chelsea Willmott
1100-1120	Pharmaceutical Management of Chronic Kidney Disease in Primary Care	Andy McNally	1130-1200	Key Cardiovascular Updates - What Nurses Need to Know Jane Liggins
1120-1140	Managing Chronic Kidney Disease in Primary Care	Andy McNally	1200-1230	Helping NP's Complete Work Capacity Medical Certificates & Disability Allowance Forms and Exhibition Cathy Stephenson
1140-1200	The Orphan Child – Recognition, Diagnosis and Treatment of CHF with Preserved Ejection Fraction (HFpEF)	Gerry Wilkins	1230-1300	Genomic Testing in Daily Practice Amanda Dixon-Mclver, Georgia Breckell
1200-1220	The Use of SGLT2 Inhibitors in CHF	Chris Ellis		
1220-1240	A Holistic Approach to People with Diabetes and Renal and/or Cardiac Disease	Ryan Paul	1300-1400	Lunch and Exhibition
1240-1300	Panel Discussion (Saturday 2)		1400-1430	Integrating Cultural Awareness into Chronic Disease Management and Exhibition Lovey Ratima-Rapson
1300-1400	Lunch and Exhibition (Saturday)			
1400-1600	Plenary: Empowering GP's to Close the Gap in Chronic Respiratory Illness / Conditions		1430-1500	The Travel Consult - A Nurses's Perspective Lisa Scotland , Jenny Visser
1400-1415	Doc, I am Short of Breath	Maira Patu	1500-1530	Starting up Your Own Practice Issues Nicole Kennedy
1415-1430	What Does Spirometry Tell us?	Lauren Wallace	1530-1600	The Benefits of a Plant Based Diet Martyn Williamson, Luke Wilson
1430-1445	Update on Asthma	Angela Moran		
1445-1500	Steroids Stewardship	James Fingleton	1600-1630	Afternoon Tea and Exhibition
1500-1515	COPD and Cardiac Risk	Rob Young	1630-1700	Phone Triage and other Triage Processes What Can Go Wrong? Lucy Gibberd, Samantha King
1515-1530	Management of COPD	Lutz Beckert	1700-1730	Clinical Management of Eczema in Children Nikki Vadgama, Anna Gilmour
1530-1600	Panel Discussion (Saturday 3)		1730-1800	Atopic Dermatitis in Kids Stanley Leong
1600-1630	Afternoon Tea and Exhibition (Saturday)			
1630-1830	Plenary Session: General (Saturday 4)		1800-1830	Discussion (Nurses 4)
1630-1650	To be confirmed	John Short		
1650-1710	Boosting Natural Fertility	Natalie Burger		
1710-1730	Same-Same but Different: Depression in Old Age	Matthew Croucher		
1730-1750	Radiation for Upper Abdominal Malignancies, a New Frontier with the MRL	Tivanka Senanayake		
1750-1810	Forging the Future of Palliative and End of Life Care	Catherine D'Souza, Rachel Wiseman		
1810-1830	Panel Discussion (Saturday 4)			

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0700-0755	GSK Breakfast: Elevating Patient Care: Understanding the Link Between COPD Exacerbations and CVS Risk											Christine Jenkins
0700-0755	NovoNordisk Breakfast: The Obesity Dialogue: Engaging Patients for Better Health											James Shand, Bella Vasoya, Lara Courtenay
0800-1030	Plenary: General (Sunday 1)		or Concurrent Sessions				(55mins, 8:30am-9:25am repeated at 9:35am)					
			WS166	WS167	WS168	WS169	WS170	WS171	WS172	WS173	WS174	WS175
0800-0820	Testosterone Therapy in Men's Health - To T or Not to T	Ryan Paul	Evidence Based Tinnitus Treatments - How GPs Can Make a Difference	Atopic Dermatitis Management	Everyday Genomic Tests for GP's, the Tests You Should be Considering Every Consult	Lifestyle Medicine in Clinical Practice	Money Matters: Managing Investments While You Manage Lives	How to Prescribe Medicinal Cannabis	Paediatric Audiology & Auditory Processing Disorder (APD)	Let's Talk About Assisted Dying	Managing Burnout and Compassion Fatigue in Healthcare	Palliative Care Pearls
0820-0840	Paediatric MSK Injuries	Yaso Kathrivel										
0840-0900	Safeside: Introducing a National Suicide Prevention Risk Assessment and Management Programme	Annette Beautrais										
0900-0920	HPV Related Cancers	Dean Ruske, Cathy Stephenson	Repeated Sessions									
			WS176	WS177	WS178	WS179	WS180	WS181	WS182	WS183	WS184	WS185
0920-0940	Periprosthetic Infection with Lower Limb Arthroplasty	Josh Kempthorne	Evidence Based Tinnitus Treatments - How GPs Can Make a Difference	Atopic Dermatitis Management	Everyday Genomic Tests for GP's, the Tests You Should be Considering Every Consult	Lifestyle Medicine in Clinical Practice	Money Matters: Managing Investments While You Manage Lives	How to Prescribe Medicinal Cannabis	Paediatric Audiology & Auditory Processing Disorder (APD)	Let's Talk About Assisted Dying	Managing Burnout and Compassion Fatigue in Healthcare	Palliative Care Pearls
0940-1000	Managing Epidemics in Humans and Other Animals											
1000-1030	Panel Discussion (Sunday 1)											
			(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)
1030-1100	Morning Tea and Exhibition (Sunday)											
1100-1300	Plenary: Closing Session (Sunday 2)											
1100-1115	Travel Medicine Recent Advances and Controversies	Jenny Visser										
1115-1130	Can NPs Safely Diagnose and Think Like Doctors?	Chelsea Willmott										
1130-1145	Creative Careers - More than Medicine	April Armstrong										
1145-1200	MPS - A Friend to Lean on and A Friend by Your Side	Rob Hendry										
1200-1220	The Reimagining of General Medical Practice as the Cornerstone of Substantive Health Reform	Des Gorman										
1220-1240	Challenges in Contemporary Ethics	John Pearn										
1240-1300	Panel Discussion (Sunday 2)											