



NZMA
New Zealand Medical Association

South GP CME

General Practice Conference
& Medical Exhibition



TE PAE CHRISTCHURCH CONVENTION CENTRE

11-14 AUGUST **2022**

You are invited to attend the 13th South GPCME meeting to be held at the Te Pae Christchurch Convention Centre in August 2022. This medical conference provides broad medical update and practical take home information to improve your patient management immediately. This is complemented by a large exhibition from industry to inform what is new on the pharmaceutical and supply of equipment, texts and available IT solutions, all while gaining sufficient CPD points to satisfy our College of GPs and Medical Council requirements.

Christchurch is a great central location, with renowned southern hospitality, and attractive leisure or visitor options. GPs from throughout NZ attend the South Island event, taking the opportunity to revisit old university haunts, to check out family at the southern universities, or en route to the ski fields in Central Otago. Hotel accommodation is available at group discounted pricing. Complimentary breakfast at the conference venue are provided with a plethora of prominent speakers on widely variant topics.

Practice nurses and practice managers are essential members of general practice teams, with their own dedicated sessions on the Saturday, but able to attend the entire meeting. We are grateful for the many presenters who give of their time to assist this growing meeting so well. The strength of the academic programme is the key with many concurrent practical workshops throughout. Presentations are available to delegates for 6 months post conference on the internet for review.

Registration fees cater for trainees and practice colleagues and spouses, kept at a low level thanks to the generous support of industry, especially Boehringer Ingelheim.

The stress of busy practices with ever increasing consultation rates dictates you deserve a break. We welcome you back for another great event in 2022, with numerous workshops and quality plenary presenters. One lucky punter will win the annual travel prize, courtesy of the conference committee, for some real quality time out. Feedback is utilised in constructing the following year's programme, and your suggestions for desired topics or speakers are acted on. Thank you for your ongoing support too.

The New Zealand Medical Association supports this meeting strongly and our thanks to Lesley, Vanessa and their team for their assistance.

Kind regards,



Academic Convenor

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Conference Organiser

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South GP CME 2022 has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to 31 credits CME for the General Practice Educational Programme (GPEP) Years 2 and 3 and Continuing Professional Development (CPD) purposes.

ACLS Level 7 = 12 CME credits

ACLS Level 5 = 4 CME Credits



The professional sessions of this conference are endorsed by PSNZ ENHANCE, as suitable to be included as part of a pharmacist's CPD for group 1 learning and pharmacists may allocate group 1 points for each session attended. Accreditation # 2022/01

PLATINUM SPONSOR



**Boehringer
Ingelheim**

SPEAKERS

A

Dr Fergus Adams
Professor Tim Anderson
Professor Mike Ardagh
Mrs Kirsten Arnold
Dr Malcolm Arnold
Dr Bruce Arroll
Ms Kate Ashcroft
Mr Steve August

B

Ms Melissa Babbage
Dr Michelle Bailey
Ms Nikki Baird
Dr Robyn Barnes
Dr Adam Bartlett
Dr Angela Beard
Professor Spencer Beasley
Dr Annette Beaudrais
Professor Lutz Beckert
Dr Chris Boberg
Dr John Bonning
Dr David Bratt
Mrs Cheryl Brewer
Dr Jackie Broadbent
Dr Buzz Burrell
Dr Angela Butler

C

Dr Teresa Chalmers-Watson
Dr Ben Chan
Dr Jason Chin
Dr Karl Cole
Ms Shelly Collins
Dr Saxon Connor
Dr Tim Cookson
Mr Ben Crawford
Professor Sue Cringle
Dr Matthew Croucher
Dr Tonya Cruikshank
Dr Olivia Currie

D

Dr Sam Dalton
Mrs Kathryn Dalziel
Dr Glen Davies
Mr Lance Dawber-Ashley
Dr Martin De Bock
Mr Scott Deaton
Ms Jenny Douglas
Professor Tony Dowell
Dr Michael Drane

E

Ms Kath Eastwood
RN Anna Elders
Dr Jane Elmslie

F

Dr William Ferguson
Dr James Fingleton
Dr John Fink
Dr Dominic Fleischer
Dr Laura Frampton
Ms Abbie Fuller
Ms Kim Fuller

G

Dr Lucy Gibberd
Mr Allister Girvan
Mr Leicester Gouwland

H

Ms Robyn Harris
RN Geraldine Harvey
Dr Niranjala Hewapathirana
RN Lara Hitchcock
RN Stacey Hodgman
Mr Adam Holloway
Professor Gary Hooper
Dr Nikki Hooper
Dr David Hughes
Dr Alistair Humphrey

I

Ms Emily Ingram

J

Dr Dylan James
Ms Natalie Jamieson
Dr Anthony Jordan
Dr Jody Jordan

K

Professor Martin Kennedy
Ms Lynley Kerr
Dr Samantha King

L

Dr Amanda Landers
Mr Heath Lash
Ms Prudence Lennox
Ms Sue Levin
Dr Andy MacGill

M

Dr Sam Manger
Dr Deborah Mason
Ms Marion Maw
Dr Graham McGeoch
Professor Peter McIntyre
Dr Nick McIntosh
Mr Hamish McPhail
Dr Richard Medlicott
Dr Evelyn Mete
Dr Angela Moran
Dr Ian Murphy

N

Dr Rachel Niederer

O

Associate Professor Amanda Oakley
Dr Kerry Orlowski
Dr Justin O'Sullivan

P

Dr Tony Page
Dr Philip Parkin
Associate Professor Philip Pattemore
Dr Maira Patu
Ms Jude Pickthorne
PA-C Ashley Potter
RN Kim Poyner
Professor Cris Print
Ms Sylvia Pylatt

R

Dr Duncan Reid
Dr Hamish Reid
Dr Sylvia Ross
Dr Dean Rusk

S

Mr Sanjeeva Samaraweera
Dr Diana Sarfati
Dr Grant Schofield
Dr Louise Schofield
Dr Niyati Sharma
Dr John Short
Dr Akshay Shukla
Ms Angela Smart
Associate Professor Alesha Smith
Dr Rebecca Stack
Dr Rachel Stapleton
RN Tracey Steiner
Mrs Sue Stewart
Dr Phillipa Story

T

Ms Lynda Taylor
Dr Martin Than
Professor Nikki Turner

V

Dr Kate van Harselaar
Dr Michelle Vaughan
Dr Ayesha Verrall
Dr Jenny Visser
Dr Mathanki Vivekananda

W

Mr Chris Wakeman
Dr Sarah Wakeman
Dr Johnnie Walker
Dr Catherine Wall
Lauren Wallace
Dr Ian Wallbridge
Associate Professor Tony Walls
Mr Mark Webster
Dr Vanessa Weenink
Dr Ben Wheeler
Dr Zuzana Wheeler
Dr David Whiteman
Dr Edwin Whiteside
Ms Chelsea Willmott
Ms Louise Wilson

Y

Ms Jane Young

CONFERENCE CONTENT

Pre-Conference Workshops

Thursday 11 August 2022, Te Pae Christchurch Convention Centre

To provide further practical updates, there is an optional pre-conference workshop day covering a broad range of hands-on topics, including an option to register for Basic and Advanced Surgical skills training.

Please note topics are repeated content, not part 1 and 2.

Some workshops have a limit on the numbers that can attend. Book early to avoid disappointment as some workshops will book out.

Main Conference

Friday 12 - Sunday 14 August 2022, Te Pae Christchurch Convention Centre

Due to the popularity of the meeting, further workshop options have been added to the Saturday programme.

All GPs, Practice Nurses, Practice Managers, GP Registrars and Students are welcome to attend.

Practice Managers Programme

Friday 12 August 2022, Te Pae Christchurch Convention Centre

A dedicated Practice Managers programme has been developed to ensure all areas of General Practice interest are covered for this national conference. All Practice Managers are invited to attend and are welcome to attend any other sessions of interest.

Practice Nurses Programme

Saturday 13 August 2022, Te Pae Christchurch Convention Centre

A dedicated Practice Nurses programme will run concurrently with the main conference on Saturday. Practice Nurses are encouraged to register for the entire conference and are welcome to attend all sessions.

MPS Welcome Function

Friday 12 August 2022, Te Pae Christchurch Convention Centre

6:30pm-7:30pm, Exhibition Area

Unwind after a busy first day with drinks and canapés in the Exhibition area. A chance to catch up with colleagues and meet other delegates and industry.

Resuscitation Courses for GPs

"CORE Skills" without exam (Previously Refresher Level 5)

This is an NZRC CORE Skills course (previously Level 5 Refresher non-assessed). Approved (4 hrs) course run by Jason Burns (NZRC Instructor CORE Advanced & Immediate, NZDA Approved Instructor, RNZCGP Endorsed Instructor, Royal New Zealand College of Urgent Care instructor)

Course Times:

Friday 12 August, from 8:30am-1:00pm

Friday 12 August, from 2:00pm-6:30pm

Saturday 13 August, 8:30am-1:00pm (confirmed if a minimum of 6 attendees only)

Cost: \$230

"CORE Advanced" with exam (Previously Level 5 / 6 / 7 with exam)

Course duration for Resuscitation CORE ADVANCED is a minimum of 8 hours with expected pre-reading preparation time of at least 3 weeks prior.

Course Times:

Thursday 11 August, from 8:30am – 6:30pm

Cost: \$530

INDUSTRY EXHIBITION

A trade exhibition will be held in the Exhibition Hall and will be an integral part of the meeting. The welcome reception, morning and afternoon refreshments and lunches will be served in the exhibition area. Exhibition attendees in 2021 included:

- Abbott
- ACC
- ACCENT Health Recruitment
- AFT Pharmaceuticals
- Apex Medical
- Aspen New Zealand
- Asthma and Respiratory Foundation NZ
- AstraZeneca
- Avene
- Bay Audiology
- Bayer New Zealand
- Better Health Group
- Bio Oil
- Boehringer Ingelheim
- Bowel Cancer New Zealand
- BPAC
- Breast Cancer Foundation NZ
- Breathing & Medical
- Cannasouth
- Canopy Cancer Care
- Capes Medical
- Care Pharmaceuticals
- CareHQ
- Centre for Advanced Medicine
- Clinicians
- Comprehensive Care PHO
- Danone Nutricia
- DATAPHARM
- Death Documents
- Dilworth Hearing
- Doctors For Nutrition
- Douglas Pharmaceuticals
- EBOS Healthcare
- Edensleep New Zealand
- Edwards Lifesciences
- Epilepsy New Zealand
- Equis Pharmaceuticals
- Essity/BSN Medical
- Esteem Healthcare
- Eye Institute
- FastPace Solutions
- Fertility Associates
- Findex
- Foot Mechanics
- Green Cross Health - The Doctors Medical Centres
- GSK
- Habit Health
- He Ako Hiringa
- Healthpoint
- Healthvision
- Heart Foundation
- Hologic (Australia and New Zealand)
- Independent Living Charitable Trust
- Integral Diagnostics (Ascot Radiology, SRG Radiology, Trinity MRI)
- Intervaste
- Intra
- Kauri HealthCare
- La Roche-Posay
- Lifestyle Insurance Consultants
- Macular Degeneration New Zealand
- ManageMyHealth & Beating the Blues
- McLaren Medical
- Medent Medical
- Medical Devices & Testing Ltd
- Medical Protection Society
- Medical Specialists & Hospitals NZ
- Medical-Objects
- MedicAlert Foundation-New Zealand Inc.
- Mediray New Zealand Ltd
- Mediscope International Limited
- Medispace
- MedRecruit
- Medtech
- MFAS
- Molemap
- myPractice
- Neilmed Pharmaceuticals Pty Ltd
- New Zealand Doctor Newspaper
- New Zealand Medical & Scientific
- New Zealand Medical Association
- NIG Nutritionals
- Novartis
- Novo Nordisk
- NZ Transport Agency
- NZLocums & NZMedJobs
- Pacific Edge Diagnostics
- Patney Limited
- Pharmaco (NZ) Ltd
- Radiant Health
- Research Review
- Sanofi
- Seqirus (NZ) Ltd
- Southern Cross Health Society
- Southern Cross Healthcare
- St John
- Takeda New Zealand
- Tamaki Health
- Te Arai BioFarma
- Tech Management Group
- The Hemp Foundation (CME)
- The Pindrop Foundation
- USL Medical
- Valentina Technologies
- Viatrix
- Vorotek
- Whakarongorau Aotearoa (formerly Homecare Medical)
- William Buck
- Work and Income
- Wyeth Nutrition

PRE-CONFERENCE COURSES

Thursday 11th August

(Fee applies) Te Pae Christchurch Convention Centre, 188 Oxford Terrace, Christchurch

Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.			
0830-1030	ws #1	ws #2	ws #3
	ALS Level 7 - NZRC CORE Advanced "With Exam / Assessment" (8 hours including written exam) - \$530 (includes ACLS Manual) This course has been endorsed by The Royal New Zealand College of General Practitioners and has been approved for 12 CME credits for maintenance of Professional Standards MOPS purposes. This course requires pre-reading of the NZRC Resuscitation – "A Guide for Advanced Rescuers" manual in order to successfully complete the NZRC written test. The recommended pre-reading time is 3 weeks prior.	Skin Cancer Surgical Basic Skills Rebecca Stack, Dylan James Jane Young, Natalie Jamieson Supported by 	Diabetes 101 in 2022 Niranjala Hewapathirana Stacey Hodgman Supported by  
1030-1100	Morning Tea		
1100-1300	We recommend you order the manual at the time of registration with Conference Matters (may be obtained online through Conference Matters or directly online through the NZRC website) The course covers and includes: • (Pre-course reading purchased by yourself - in advance to prepare for the written test) • Basic Life Support (Adult, child and baby including choking) • Advanced airway management (single and double person bag masking, guedel airway insertion, LMA's insertion) • A chance to practice Intubation (not assessed now in Advanced) • AED and rhythm recognition • Adult and child collapse algorithms	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.	
		ws #8	ws #9
		Skin Cancer Surgical Advanced Skills Rebecca Stack, Dylan James Jane Young, Natalie Jamieson Supported by 	Injectable Therapy Masterclass Practice Tips Niranjala Hewapathirana Stacey Hodgman Supported by  
1300-1400	Lunch		
1400-1600	• Anaphylaxis management • Scenario based training including adult and child • A compulsory multi choice test and skills evaluation of airway management, safety using a defibrillator and cardiac rhythms • This is a NZRC CORE Advanced course (previously Level 7) Approved (8 hrs) course run by Jason Burns (NZRC Instructor CORE Advanced & Immediate, NZDA Approved Instructor, RNZCGP) • Endorsed Instructor, Royal New Zealand College of Urgent Care instructor). • Attendees will be registered nurses, medical practitioners or people who have the skills contained in the course as part of their scope of practice.	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.	
		ws #14	ws #15
		Dermoscopy Part 1 Amanda Oakley Supported by 	Newer Technologies in Diabetes Joys and Pitfalls Niranjala Hewapathirana Stacey Hodgman Supported by  
1600-1630	Afternoon		
1630-1830	• It is expected that students will already have the skills and knowledge required for Resuscitation. • Course duration for Resuscitation CORE ADVANCED is a minimum of 8 hours with expected pre-reading preparation time of at least 4 hours. • You are expected to access resources at your disposal. • Examples of suitable texts may include: • PRIME course material on resuscitation • NZRC Resuscitation – "A Guide for Advanced Rescuers" manual in order to successfully complete the NZRC written test. The recommended pre-reading time is 3 weeks prior.		
		ws #20	ws #21
		Dermoscopy Part 2 Amanda Oakley Supported by 	Diabetes Case Studies Niranjala Hewapathirana Stacey Hodgman Supported by  
1900-2330	Dinner own arrangements		

	0830-1030	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
		ws #4	ws #5	ws #6
		Mindfulness in Medicine Part 1 Tonya Cruikshank	Msk Workshop 1: Key Pearls: Lumbosacral Pain Ian Wallbridge, Steve August, Jason Chin	An Approach to Patients with Barriers to Health Behaviour Change Anna Elders
	1030-1100	Morning Tea		
	1100-1300	Please note: workshop content is repeated		
		ws #10	ws #11	ws #12
		Mindfulness in Medicine Part 2 Tonya Cruikshank	Msk Workshop 2: Key Pearls: Thoracic Chest Pain Ian Wallbridge, Steve August, Jason Chin	An Approach to Patients with Barriers to Health Behaviour Change (Repeated) Anna Elders
	1300-1400	Lunch		
	1400-1600	Please note: workshop content is repeated		
		ws #16	ws #17	ws #18
		FACT Workshop Part 1 Bruce Arroll, Chelsea Willmott	Upskilling GPs for ACC MRI Referral Part 1 Facilitated by Paul Abernethy (Maximum 30 delegates) 	Lifestyle Medicine Summit What is The Buzz? Sam Manger, Kim Poyner, Zuzana Wheeler
	1600-1630	Afternoon Tea		
	1630-1830	Please note: workshop content is repeated		
		ws #22	ws #23	ws #24
		FACT Workshop Part 2 Bruce Arroll, Chelsea Willmott	Upskilling GPs for ACC MRI Referral Part 2 Facilitated by Paul Abernethy (Maximum 30 delegates) 	Lifestyle Medicine Summit Putting it into Practice Kim Poyner, Olivia Currie, Sam Manger, Liz Williams

MAIN PROGRAMME

Friday 12th August

0700-0755	ACC Breakfast: Soft Tissue Injury Management in General Practice Masterclass				
0700-0800	Late Registration				
0800-0805	Welcome and Conference Opening				
0805-0830	Christchurch Memorial Oration: Dr Jessie Scott ??? TBC				
0830-0850	Lung Cancer Screening - Improved Outcomes and Life Expectancy				
0850-0910	Toxicity of Immunotherapy				
0910-0930	Control of Cancer in NZ - Primary Care's Role				
0930-0950	Topic to be confirmed				
0950-1010	Report on Covid in 2022				
1010-1030	Discussion Panel				
1030-1100	Morning Tea and Exhibition				
1100-1300hrs	NZMA Medicopolitical Session: Future Proofing General Practice				
1100-1110	Introduction				
1110-1125	TBA				
1125-1145	Workforce and Training				
1145-1205	Funding and Sustainability				
1205-1225	Models of Care				
1225-1245	Wellbeing - Caring for Ourselves				
1245-1300	Panel Discussion				
1300-1400	Lunch and Exhibition				
1400-1600	Plenary: Women's Health Chair: Vanessa Weenink TBC	or Concurrent Sessions			
1400-1415	Declining Fertility – Fact or Fiction & Solutions Sarah Wakeman	WS #26	WS #27	WS #28	
1415-1430	Preserving Fertility: Treatment Options for Cancer, Transgender and Social Fertility - Kate Van Harselaar	Forum: Pearls in Paediatrics (2 hours) (Not Repeated)	Why Integrative Medicine Isn't Alternative Medicine	Maternal Mental Health Issues	
1430-1445	Endometriosis Treatment and Fertility Options Sarah Wakeman	Tony Walls (Chair), Spencer Beasley, Kerry Orlowski, Martin De Bock, Philip Pattemore, Sam Dalton	Mark Webster	Liora Noy	
1445-1500	Menopause and HRT Update Sylvia Ross		Repeated Sessions		
1500-1515	Abnormal Vaginal Bleeding Kate Van Harselaar		WS #36	WS #37	
1515-1530	Tips on Contraception Laura Frampton		Why Integrative Medicine Isn't Alternative Medicine	Maternal Mental Health Issues	
1530-1600	Panel Discussion		(Repeated)	(Repeated)	
1600-1630	Afternoon Tea and Exhibition				
1630-1830	Plenary: IT Issues That Affect Your Practice Chair: Peter Chapman-Smith	or Concurrent Sessions			
1630-1650	Attitudes to Virtual and Other New IT Platforms Tony Dowell	WS #46	WS #47	WS #48	WS #49
1650-1710	What Happens to Your Health Data? Richard Medicott	Forum: End Of Life Issues, and Medicolegal Conundrums- Bring Your Questions (2 hours) (Not Repeated)	Understanding Continuous Glucose Monitoring	Retirement Planning Made Easy	Systemic Therapy for Gynae Cancers
1710-1730	Cyber Security and Notifiable Privacy Breaches: What You Need to Know - Kathryn Dalziel		Ben Wheeler	Sue Stewart, Hamish McPhail	Jody Jordan
1730-1750	IT and Cybersecurity Sanjeewa Samaraweera		Repeated Sessions		
1750-1810	TBA Karl Cole		WS #57	WS #58	WS #59
1810-1830	Discussion Panel		Understanding Continuous Glucose Monitoring	Retirement Planning Made Easy	Systemic Therapy for Gynae Cancers
1830-1930	Welcome Function		(Repeated)	(Repeated)	(Repeated)
1930-2100	Evening Symposium:	Patient Profiling and Pharmacotherapy Options (Supported Radiant Health)			

Duncan Reid, Ian Murphy		Chair: Fraser Wilkins
		Chair: Peter Chapman-Smith
	John Short	
	Sue Crengle	
	Jody Jordan	
	Diana Sarfati	
	Nikki Turner	
	Peter McIntyre/ Nikki Turner TBC	

		Chair: Vanessa Weenink
	NZMA Chair	
	Minister of Health	
	TBA	
	TBA	
	TBA	
	TBA	

(55mins, 2:00pm-2:55pm repeated at 3:05pm)

ws #29	ws #30	ws #31	ws #32	ws #33	ws #34	ws #35
Travelling in a Time of Covid	How to Manage Dizziness, Vertigo, and Imbalance	Improving Recognition and Understanding of OCD Patients in Your Practice Marion Maw, Angela Smart, Anna Elders	Screening and Managing Suicide and Self Harm	Health Coaching in Weight Loss and Diabetes Reversal Glen Davies, Grant Schofield, Louise Schofield	What's Happening With and What Can We Do About Immunisation Coverage?	What Makes Me Ill and How Will I Die? - Patient Concerns
Jenny Visser	Melissa Babbage		Annette Beautrais		Cheryl Brewer	Tony Dowell

(55mins, 3:05pm-4:00pm)

ws #38	ws #39	ws #40	ws #41	ws #42	ws #43	ws #44
Travelling in a Time of Covid	How to Manage Dizziness, Vertigo, and Imbalance	Do Doctors Ever Retire? A Niche for Oldies	Screening and Managing Suicide and Self Harm	Health Coaching in Weight Loss and Diabetes Reversal	What's Happening With and What Can We Do About Immunisation Coverage?	What Makes Me Ill and How Will I Die? - Patient Concerns
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

(55mins, 4:30pm-5:25pm repeated at 5:35pm)

ws #50	ws #51	ws #52	ws #53	ws #54	ws #55
The Hui Process and Meihana Model to Improve Engagement & Consultation Skills with Māori Patients	Deprescribing - How a Low Carb Healthy Fat Diet Allows Medications to be Slashed	Pelvic Floor Issues and How to Use Pessaries	Depression - The Evidence Base at the First Consultation	Cognitive Testing Masterclass	Tips on Dermatitis and Psoriasis
Maira Patu	Glen Davies	John Short	Bruce Arroll	Matthew Croucher, Lara Hitchcock	Niyati Sharma

(55mins, 5:35pm-6:30pm)

ws #60	ws #61	ws #62	ws #63	ws #64	ws #65
The Hui Process and Meihana Model to Improve Engagement & Consultation Skills with Māori Patients	Deprescribing - How a Low Carb Healthy Fat Diet Allows Medications to be Slashed	Pelvic Floor Issues and How to Use Pessaries	Depression - The Evidence Base at the First Consultation	Cognitive Testing Masterclass	Tips on Dermatitis and Psoriasis
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

n) TBA Donna Tercel

0715-0815	DHAS Breakfast: TBA - TBA						
0715-0815	Breakfast session - Novartis: Heart Failure Management – What Do I Do Next?						
0830-1030	Plenary Session: The Skin Cancer Pandemic Chair: Peter Chapman-Smith	or Concurrent Sessions					
0830-0850	The Size of the Problem TBC David Whiteman (video of Rotorua intro)	WS #65 Forum: Genomics Update (2 hours) (Not Repeated) William Ferguson (Chair), Justin O’Sullivan, Rachel Stapleton, Cris Print, Martin Kennedy	WS #66 Interpreting ECGs Refresher Speaker TBC	WS #67 Medical Aspects of a Ketogenic Diet in Cancer, Alzheimers, and Neurological Conditions Glen Davies	WS #68 Making the Best Use of a Nurse Practitioner in Primary Care Chelsea Willmott, Bruce Arroll		
0850-0910	Non Melanoma Cancers Niyati Sharma			Repeated Sessions			
0910-0925	Melanoma - An Ever Increasing Problem Andrew MacGill		WS #76 Interpreting ECGs Refresher (Repeated)	WS #77 Medical Aspects of a Ketogenic Diet in Cancer, Alzheimers, and Neurological Conditions (Repeated)	WS #78 Making the Best Use of a Nurse Practitioner in Primary Care (Repeated)		
0925-0940	Effective Diagnosis and Screening Amanda Oakley						
0940-0955	Surgical Issues Chris Boberg						
0955-1010	Modern Systemic Therapies - How Good Are They? Jody Jordan						
1010-1030	Panel Discussion						
1030-1100	Morning Tea						
1100-1300	Plenary: Head and Neck Cancer - Prevention and Early Detection - Chair: Buzz Burrell			or Concurrent Sessions			
1100-1130	The State of the Nation in 2022 Nick McIvor	WS #85 Forum: Asthma Masterclass (supported GSK) (2 hours) (Not Repeated) Angela Moran, Jonathan Walker, Buzz Burrell, Andrew Corin	WS #86 Women’s Health - Abnormal Uterine Bleeding Pathways Fergus Adams	WS #87 Hernia Repair - To Mesh or Not to Mesh Adam Bartlett			
1130-1150	The Increase in Prevalence Ben Chan				Repeated Sessions		
1150-1210	Prevention of the Problem Dean Ruske		WS #96 Women’s Health - Abnormal Uterine Bleeding Pathways (Repeated)	WS #97 Hernia Repair - To Mesh or Not to Mesh (Repeated)			
1210-1230	Early Detection and Referral Pathways Angela Butler						
1230-1300	Panel Discussion						
1300-1400	Lunch and Exhibition						
1400-1600	Plenary: Effective Nutrition - All Your Questions Answered (Dietitians NZ) - Chair: William Ferguson	or Concurrent Sessions					
1400-1415	Healthy Eating and Appropriate Carbs Evelyn Mete	WS #105 Endometriosis 101 Forum: From Diagnosis to Surgery and Fertility Rx Options (2 hours) (Not Repeated) Sarah Wakeman (Chair), Kate Van Harselaar, Angela Beard, Michelle Bailey	WS #106 Musculoskeletal Injections Heath Lash, Nikki Hooper	WS #107 Tips on Valuing, Buying and Selling Practices Leicester Gouwland	WS #108 Integrative Medicine - The Thirtyseven Piece Jigsaw Mark Webster		
1415-1430	Nutrition for Mental Health Jane Elmslie			Repeated Sessions			
1430-1445	Diets and Supplements Jane Elmslie		WS #116 Musculoskeletal Injections (Repeated)	WS #117 Tips on Valuing, Buying and Selling Practices (Repeated)	WS #118 Integrative Medicine - The Thirtyseven Piece Jigsaw (Repeated)		
1445-1500	Infant and Childhood Issues Jenny Douglas						
1500-1515	Eating Disorders Sylvia Pyatt						
1515-1530	Obesity Prevention Jane Elmslie						
1530-1600	Panel Discussion						
1600-1630	Afternoon Tea and Exhibition						

						Chair: Edwin Whiteside	
						Chair: William Ferguson	
(55mins, 08:30am-9:25am repeated at 9:35am)							
	WS #69	WS #70	WS #71	WS #72	WS #73	WS #74	
	Assessment of Respiratory Disease - Spirometry and More Lutz Beckert, Emily Ingram, Lauren Wallace	Using Health Coaching for Mental Health in Primary Care Grant Schofield, Louise Schofield	Investing in a Post Covid-19 World Lance Dawber-Ashley	How to Examine Joints Tony Page	Abnormal Vaginal Bleeding Kate Van Harselaar	A New Era for Shingles Prevention in NZ Buzz Burrell, Rachel Niederer, Jenny Visser	
(55mins, 9:35am-10:30am)							
	WS #79	WS #80	WS #81	WS #82	WS #83	WS #84	
	Assessment of Respiratory Disease - Spirometry and More (Repeated)	Using Health Coaching for Mental Health in Primary Care (Repeated)	Investing in a Post Covid-19 World (Repeated)	How to Examine Joints (Repeated)	Abnormal Vaginal Bleeding (Repeated)	A New Era for Shingles Prevention in NZ (Repeated)	
(55mins, 11:00am-11:55am repeated at 12:05pm)							
	WS #88	WS #89	WS #90	WS #91	WS #92	WS #93	WS #94
	Is There a Better Way to Tackle Worklessness? David Bratt	Canterbury Bowel Screening Programme Nikki Baird, Sue Levin	Financial Bandaids or Effective Cure – How to Accumulate and Protect Your Wealth Wisely Lynda Taylor, Hamish McPhail	Patient Clinical Conundrums Tony Dowell, Nikki Turner	Physical Activity Behaviour Change in your Practice Hamish Reid	Proctology for GPs Chris Wakeman	New Protocols for Acute IHD Martin Than, Gerry Devlin
(55mins, 12:05pm-1:00pm)							
	WS #98	WS #99	WS #100	WS #101	WS #102	WS #103	WS #104
	Is There a Better Way to Tackle Worklessness? (Repeated)	Canterbury Bowel Screening Programme (Repeated)	Financial Bandaids or Effective Cure – How to Accumulate and Protect Your Wealth Wisely (Repeated)	Patient Clinical Conundrums (Repeated)	Physical Activity Behaviour Change in your Practice (Repeated)	Proctology for GPs (Repeated)	New Protocols for Acute IHD (Repeated)
(55mins, 2:00pm-2:55pm repeated at 3:05pm)							
	WS #109	WS #110	WS #111	WS #112	WS #113	WS #114	
	Lawyer in the House - Bring your Queries on Employment Law, Contracts, and Forensic Medical Reports Kathryn Dalziel	End Stage COPD Palliative Care Amanda Landers	What a GP Needs to Know re Flying Fitness and Regulatory Responsibilities Michael Drane	Office Procedures in General Practice Bruce Arroll	Tips on Acne and Rosacea Niyati Sharma	How Physician Associates Can Help the GP Shortage Shelly Collins, Pip Story, Ashley Potter, Scott Deaton	
(55mins, 3:05pm-4:00pm)							
	WS #119	WS #120	WS #121	WS #122	WS #123	WS #124	
	Lawyer in the House - Bring your Queries on Employment Law, Contracts, and Forensic Medical Reports (Repeated)	End Stage COPD Palliative Care (Repeated)	What a GP Needs to Know re Flying Fitness and Regulatory Responsibilities (Repeated)	Office Procedures in General Practice (Repeated)	Tips on Acne and Rosacea (Repeated)	How Physician Associates Can Help the GP Shortage (Repeated)	

MAIN PROGRAMME

Saturday 13th August

1630-1830	Plenary Session: Colorectal Cancer in NZ Chair: Ian Wallbridge	or Concurrent Sessions				
1630-1650	Screening Issues Teresa Chalmers-Watson, Nikki Baird	WS #126 Forum: Where Emergency Medicine and Primary Care Intersect (2 hours) (Not Repeated) John Bonning (Chair), Dominic Fleischer, Mike Ardagh, Martin Than	WS #127 To be confirmed	WS #128 Tips on Managing Frail Elderly Well		
1650-1710	How Much Does Heredity Matter? Chris Wakeman		Speakers TBC	Jackie Broadbent		
1710-1730	Hepatic Resection Saxon Connor				Repeated Sessions	
1730-1750	Liver Directed Therapy for Metastases Adam Bartlett		WS #137		WS #138	
1750-1810	Medical Oncology Treatments for Metastases Michelle Vaughan		To be confirmed	Tips on Managing Frail Elderly Well		
1810-1830	Discussion Panel				(Repeated)	(Repeated)
1830-2030	Sat night evening function possibly again at conference venue - TBA					

MAIN PROGRAMME

Sunday 14th August

0715-0815	GSK Breakfast: TBA - TBA Ben Crawford				
0830-1030	Plenary: General Chair: Graeme Whittaker	or Concurrent Sessions			
0830-0850	How A Dietitian Can Augment Your Practice Kath Eastwood	WS #147 Forum: Neurology Potpourri (2 hours) (Not Repeated) Debbie Mason, Philip Parkin, Tim Anderson, John Fink TBC	WS #148 Palliative Care for Advanced Non-Cancer Diagnoses Amanda Landers	WS #149 Financial Pearls on Leases, Property and Taxation Leicester Gouwland	
0850-0910	New Guidelines for Lifestyle Psychiatry and Lifestyle Medicine - Sam Manger				
0910-0930	New Evidence on Cholesterol - Have We Got This 100% Wrong? - Glen Davies		Repeated Sessions		
0930-0950	Nutrition and Brain Health - What Do We Know and What Can We Do? - Grant Schofield		WS #158 Palliative Care for Advanced Non-Cancer Diagnoses	WS #159 Financial Pearls on Leases, Property and Taxation	
0950-1010	New Technologies in the Management of Type 1 Diabetes - Ben Wheeler		(Repeated)	(Repeated)	
1010-1030	Discussion Panel				
1030-1100	Morning Tea and Exhibition				
1100-1300	Plenary: General				
1100-1125	Equitable Access and Use of Medicines- What Does the Data Show? TBC				
1125-1150	Wisdom in Healthcare				
1150-1215	The Future of Respiratory Infections in Primary Care				
1215-1240	What I Know Now About Low Mood That I Did Not Know When I Started				
1240-1300	Panel Discussion				
1300	Conference Closes				

(55mins, 4:30pm-5:25pm repeated at 5:35pm)

ws #129	ws #130	ws #131	ws #132	ws #133	ws #134	ws #135
How Well Do You Manage Your Finances?	Update on Menopause and HRT	Insulin Resistance - The Underlying Cause of T2 Diabetes, Alzheimers, Cancer and Ischaemic Heart Disease	Management of Inflammatory Bowel Disease	4 Fatal Health Conditions Affecting People with Intellectual Disability Prudence Lennox, Lynley Kerr, Kim Fuller, Abbie Fuller, Geraldine Harvey	NoOne Should Die of Melanoma Chris Boberg, Andrew MacGill	EPIC Dashboard – Prescribing Data for Long-term Conditions Alesha Smith
Lance Dawber-Ashley	Sylvia Ross	Glen Davies	Catherine Wall			

(55mins, 5:35pm-6:30pm)

ws #139	ws #140	ws #141	ws #142	ws #143	ws #144	ws #145
How Well Do You Manage Your Finances?	Update on Menopause and HRT	Insulin Resistance - The Underlying Cause of T2 Diabetes, Alzheimers, Cancer and Ischaemic Heart Disease	Management of Inflammatory Bowel Disease	4 Fatal Health Conditions Affecting People with Intellectual Disability	NoOne Should Die of Melanoma	EPIC Dashboard – Prescribing Data for Long-term Conditions
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

MAIN PROGRAMME
Sunday 14th August

Chair: Graeme Whittaker

(55mins, 8:30am-9:25am repeated at 9:35am)

ws #150	ws #151	ws #152	ws #153	ws #154	ws #155	ws #156
Point of Care Testing workshop with Abbott	End of Life Care and Intellectual Disability	Understanding Clinical Risk Assessment – Beyond the “She’ll Be Right!” Eminence-based Medicine	Oncology Patients in General Practice - What’s Important & What’s Not	Persistent Cough in Children	Common Infections in General Practice	Artificial Intelligence and Assisted Reproduction – Hope or More Hype
Allister Girvan, Louise Wilson	Prudence Lennox, Kim Fuller	Michael Drane	Michelle Vaughan	Philip Pattemore	Bruce Arroll	Kate Van Harselaar

(55mins, 9:35am-10:30am)

ws #160	ws #161	ws #162	ws #163	ws #164	ws #165	ws #166
Point of Care Testing workshop with Abbott	End of Life Care and Intellectual Disability	Understanding Clinical Risk Assessment – Beyond the “She’ll Be Right!” Eminence-based Medicine	Oncology Patients in General Practice - What’s Important & What’s Not	Persistent Cough in Children	Common Infections in General Practice	Artificial Intelligence and Assisted Reproduction – Hope or More Hype
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	Siobhan Cross

Chair: Peter Chapman-Smith

Robyn Harris, David Hughes
John Short
Tony Dowell
Bruce Arroll

PRACTICE MANAGERS PROGRAMME

Friday 12th August

0830-1830	Practice Managers Programme	Room 9	Chair: Denise McDonald
0830-0930	All You Really Need to Know - Bring Your Burning Medicolegal Questions to the MPS Panel	Tim Cookson, Samantha King	
0930-1030	Tips for Staff Financial Wellbeing	Sue Stewart, Lynda Taylor, Hamish McPhail	
1030-1100	Morning Tea and Exhibition		
1200-1300	NZMA plenary session		
1300-1400	Lunch and Exhibition		
1400-1500	IT Issues in Your Practice	Richard Medicott, Sanjeewa Samaraweera, Karl Cole TBC	
1500-1530	Changes in Employment Rules	Leicester Gouwland, Kate Ashcroft	
1530-1600	Understanding Leases	Leicester Gouwland	
1600-1630	Afternoon Tea and Exhibition		
1630-1700	Preventing COVID Transmission in the Workplace	TBC	
1700-1730	What Makes a Good Vaccination Experience?	Cheryl Brewer	
1730-1800	Discussion		
1830-1930	Welcome Function		

NURSES PROGRAMME

Saturday 13th August

0815-1800	Nurses General Session	Room 9	Chair: Denise McDonald
0815-0845	The Ongoing Impact of Covid	Nikki Turner	
0845-0915	Keeping our Whānau and Tamariki Protected from VPDs	Cheryl Brewer	
0915-0925	Questions		
0925-0950	Diabetes	TBA	
1020-1030	Point of Care Testing with Abbott	Allister Girvan, Louise Wilson	
0925-0950	Discussion		
1030-1100	Morning Tea and Exhibition		
1100-1130	Improving Recognition and Understanding of OCD Patients in Your Practice	Marion Maw, Angela Smart, Anna Elders	
1130-1200	Bowel Cancer Screening	Tracey Steiner	
1200-1230	Skin Cancer on the Rise	Chris Boberg, Andy MacGill	
1130-1200	Fertility in the Practice – Treatment Options Today and Diagnostic Tests	Laura Frampton	
1300-1400	Lunch and Exhibition		
1400-1430	How Can a Dietitian, Health Coach & Health Improvement Practitioner Help You?	Kath Eastwood	
1430-1500	Effective Dietary Advice for Reversing T2 Diabetes, Hypertension, Gout, Obesity and Dyslipidaemia	Glen Davies	
1500-1600	Tough Love – Providing Reasonable Care to the Unreasonable Patient	Tracey Steiner, Jude Pickthorne	
1600 -1630	Afternoon Tea and Exhibition		
1630-1700	Spirometry and All That	Lutz Beckert, Emily Ingram, Lauren Wallace	
1700-1730	Nurse Practitioners - What You Need to Know	Chelsea Willmott	
1730-1800	Discussion		

ACCOMMODATION

Block bookings at negotiated rates have been made at Crowne Plaza Christchurch. Please book your accommodation on the enclosed registration form. Registration and accommodation should be made before 15 July 2022 as hotel rooms are not guaranteed after this date.

CROWNE PLAZA CHRISTCHURCH ★★★★★

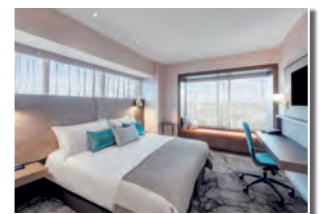
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Superior King Room
\$225 per night



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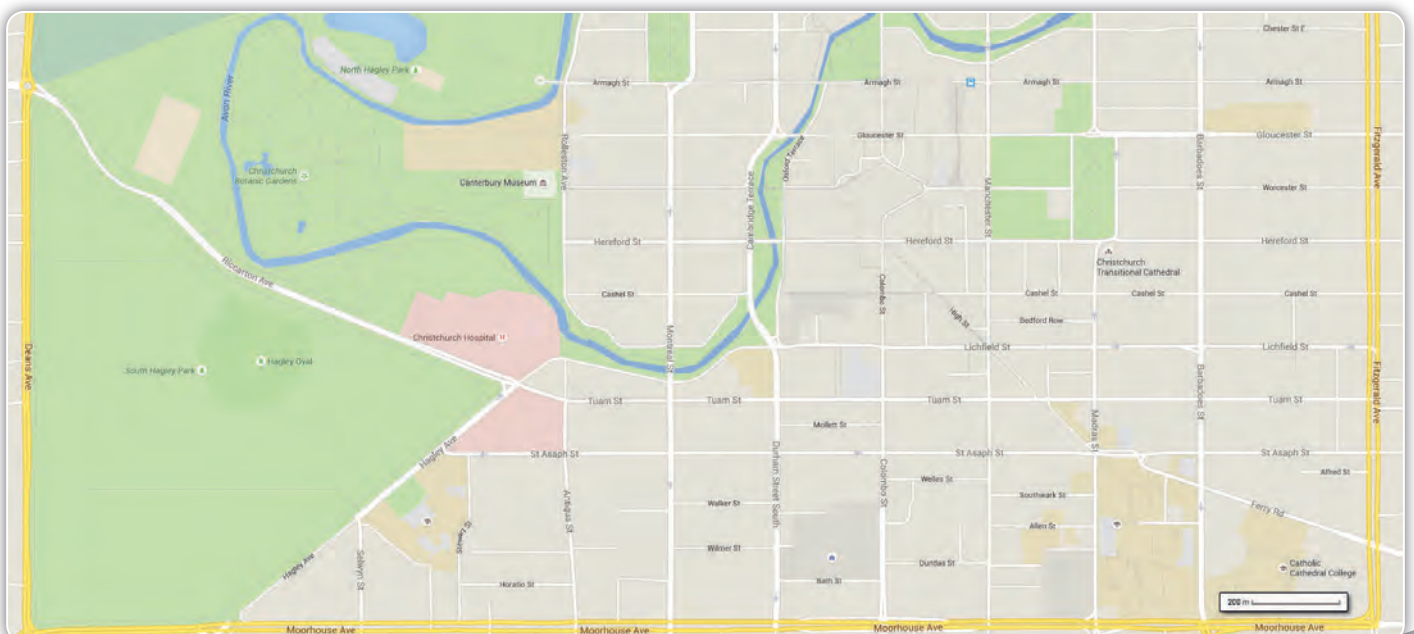
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Te Pae Christchurch is the city's gathering place — an architectural and social landmark designed as a welcoming heart in the centre of the city.

This is a world-class venue, carefully designed and purpose-built to respond to the full range of your event requirements.

With over 28,000 square metres of conference and event space, the plenary room, exhibition and breakout rooms can be held in one dedicated area, to ensure good delegate flow and interaction in all areas throughout the meeting.

CITY CENTRE MAP



Nau mai, hare mai, welcome to the **NZMA** GP CME 2022!

Your General Practitioner Council (GPC), elected by you represents NZMA members on issues affecting you and your patients. NZMA also represents you at the General Practice Leaders' Forum.



Advocacy

NZMA advocates on your issues:

- GP training programmes
- GP funding
- Integrated health care
- After-hours service provision
- Development and implementation of health policy

Support

NZMA represents over 500 general practices in the Primary Health Care MECA negotiations.

As members you have free access to our advisory service. You get access to advice on issues such as employment, staffing, running a practice, health and safety and your wellbeing.

Join us today.

Visit the **NZMA Stand (#1)** to find out more about what we do for you.

SOUTH GP CME 2022 REGISTRATION FORM

11-14 August 2022 | Te Pae Christchurch Convention Centre | www.gpcme.co.nz/south

PERSONAL DETAILS

Title: Miss / Mrs / Ms / Mr / RN / Dr / Prof / Assoc Prof

First Name: _____ Surname: _____

Phone Bus: _____

Company / Clinic Name: _____

Fax: _____

Clinic location: City/Town _____

Mobile: _____

Preferred Contact Address: Street _____

Medical Council No: _____

Suburb _____ Country _____

RNZCGP No: _____

(Email required for registration confirmation) City/Town _____ Post Code _____

Special requests: (ie dietary requests, disabilities, etc) _____

Email: _____

☐ Yes, I would like to receive email updates regarding products and special offers from attending industry exhibitors

Additional Attendees: Title, First Name, Last Name _____

CANCELLATION POLICY: Cancellations can only be received in writing, and incur a loss of 50% of registration fees within 21 days of the conference commencing. Later cancellations forfeit registration fees paid. Any other refunds are at the discretion of the organisers.

PRIVACY: The contact information supplied on the registration form will be distributed to the attending industry sponsors. Please tick this box if you do not wish to be included on this list. ☐

REGISTRATION FEES (GST Inclusive - NZD)

Delegate NZMA Members (Fri-Sun) \$775 \$ _____

Delegate Non-Member (Fri-Sun) \$925 \$ _____

Less early bird discount if booked before 17 June 2022 Deduct \$100.00

Nurse Practitioner (Fri-Sun) \$295 \$ _____

Pharmacist (Fri-Sun) \$350 \$ _____

GPEP1 Registrar (Fri-Sun) \$295 \$ _____

GPEP2 Registrar (Fri-Sun) \$425 \$ _____

Student (Fri-Sun) \$135 \$ _____

Exhibitor \$345 \$ _____

Practice Manager All ☐ or Friday only ☐ \$185 \$ _____

Practice Nurse All ☐ or Saturday only ☐ \$135 \$ _____

Spouse (non medical) \$135 \$ _____

Or Daily Registration

Friday \$400 ☐ Saturday \$400 ☐ Sunday ☐ \$250 \$ _____

Late Registration Fee if booked after Friday 29 July \$50.00

Optional Registration

Friday - ACC Breakfast Session No. \$ No Fee

Friday - Radiant Health Symposium No. \$ No Fee

Friday - Welcome Function No. \$ No Fee

Saturday - DHAS Breakfast Session No. \$ No Fee

Saturday - Novartis Breakfast Session No. \$ No Fee

Sunday - GSK Breakfast Session No. \$ No Fee

TOTAL REGISTRATION FEE (TOTAL A) \$ _____

PRE-CONFERENCE WORKSHOPS - Thursday

NZMA Member Thursday \$375 \$ _____

Non Member Thursday \$475 \$ _____

Basic & Advanced Surgical \$695 \$ _____

GPEP \$275 \$ _____

CORE Advanced NZRC Course (with exam) \$530 \$ _____

TOTAL PRE-CONFERENCE WORKSHOP FEE (TOTAL B) \$ _____

Please indicate your preferred workshop option **number** for each time slot.

Content is repeated not part 1 and 2 unless otherwise stated.

_____ 8:30am _____ 11:00am _____ 2:00pm _____ 4:30pm

EMERGENCY RESUSCITATION FOR GPs - CORE Skills (no exam)

I wish to attend the NZRC CORE Skills Approved (4 hrs) course (previously Level 5 Refresher non-assessed) @ \$230.

☐ Friday 8:30am-1:00pm ☐ Friday 2:00pm-6:30pm

EMERGENCY RESUSCITATION FEE (TOTAL C) \$ _____

CONCURRENT WORKSHOP OPTIONS

Please indicate your preferred workshop option **number** for each time slot. Please note numbers are restricted with spaces allocated when registration received. Tickets required for entry.

Fri 2:00pm _____ 3:00pm _____ 4:30pm _____ 5:30pm _____

Sat 8:30am _____ 9:30am _____ 11:00am _____ 12:00pm _____

Sat 2:00pm _____ 3:00pm _____ 4:30pm _____ 5:30pm _____

Sun 8:30am _____ 9:30am _____

Office use only ☐

ACCOMMODATION AVAILABLE

Arrival Date _____ August - Departure Date _____ August

Special Requirements/ Comments _____

Crowne Plaza Hotel Christchurch

Superior King Room (1-2 people) _____ nights x \$225 \$ _____

TOTAL ACCOMMODATION FEE (TOTAL D) \$ _____

A+B+C+D = TOTAL ENCLOSED (GST Inc) \$ _____

PAYMENT DETAILS GST Tax Invoice Number 95-598-579

I authorise Conference Matters to charge my Visa/Mastercard

as detailed below, with the amount of \$ _____

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All Enquiries to Leon - leon@conferencematters.co.nz

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