

NZMA
New Zealand Medical Association

South GP CME

General Practice Conference
& Medical Exhibition



HORNCastle ARENA | CHRISTCHURCH

13-16 AUGUST 2020

You are invited to attend the 11th South GPCME meeting to be held at the Horncastle Arena in Christchurch in August 2020. This medical conference provides broad medical update and practical take home information to improve your patient management immediately. This is complemented by a large exhibition from industry to inform what is new on the pharmaceutical and supply of equipment, texts and available IT solutions, all while gaining sufficient CPD points to satisfy our College of GPs and Medical Council requirements.

Christchurch is a great central location, with renowned southern hospitality, and attractive leisure or visitor options. GPs from throughout NZ attend the South Island event, taking the opportunity to revisit old university haunts, to check out family at the southern universities, or en route to the ski fields in Central Otago. Hotel accommodation is available at group discounted pricing. Complimentary breakfast at the conference venue and evening dinner sessions are provided with a plethora of prominent speakers on widely variant topics.

Practice nurses and practice managers are essential members of general practice teams, with their own dedicated sessions on the Saturday, but able to attend the entire meeting. We are grateful for the many presenters who give of their time to assist this growing meeting so well. The strength of the academic programme is the key with many concurrent practical workshops throughout. Presentations are available to delegates for 3 months post conference on the internet for review.

Registration fees cater for trainees and practice colleagues and spouses, kept at a low level thanks to the generous support of industry, especially Boehringer Ingelheim.

The stress of busy practices with ever increasing consultation rates dictates you deserve a break. We welcome you back for another great event in 2020, with numerous workshops and quality plenary presenters. One lucky punter will win the annual travel prize, courtesy of the conference committee, for some real quality time out.

Feedback is utilised in constructing the following year's programme, and your suggestions for desired topics or speakers are acted on. Thank you for your ongoing support too.

The New Zealand Medical Association supports this meeting strongly and our thanks to Lesley, Kate and their team for their assistance.

Kind regards,



Academic Convenor

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Conference Organiser

Conference Matters
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South GP CME 2020 has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to 32.5 credits CME for the General Practice Educational Programme (GPEP) Years 2 and 3 and Maintenance of Professional Standards (MOPS) purposes.

Workshops Preliminary Day application is for 8 hours of CME

ACLS Level 7 = 12 CME credits

ACLS Level 5 = 4 CME Credits



The professional sessions of this conference are endorsed by PSNZ ENHANCE, as suitable to be included as part of a pharmacist's CPD for group 1 learning and pharmacists may allocate group 1 points for each session attended. Accreditation # 2020/O1

PLATINUM SPONSOR



**Boehringer
Ingelheim**

SPEAKERS

- | | |
|---|---|
| A
Mr Shahrukh Abdali
Assoc Prof Simon Adamson
Dr John Alchin
Mr Steve August | L
Dr Andrew Laurie |
| B
Ms Melissa Babbage
Ms Sheryl Banks
Prof Richard Beasley
Dr Bryan Betty
Ms Katherine Black
Mr James Blake
Dr Geoff Braatvedt
Dr David Bratt | M
Dr Kerry Macaskill-Smith
Prof Dee Mangin
Mr Roberto Mazzaschi
Mr John McConnell
Dr Peter McIntyre
Dr Alastair McLean
Ms Mary McLean
Dr Eileen Merriman
Dr Krys Milburn
Ms Susan Miller
Dr John Molloy
Mr Malcolm Morrison
Dr Sam Mostafa |
| C
Ms Sharon Cassidy
Ms Mary-Rose Cavanagh
Dr Peter Chapman
Dr Andrew Cho
Dr David Codyre
Dr Tim Cookson
Assoc Prof Kirsten Coppell
Prof Peter Crampton
Dr Nic Crook
Dr Siobhan Cross | O
Assoc Prof Amanda Oakley
Dr Jeannie Oliphant |
| D
Ms Kathryn Dalziel
Mr Lance Dawber-Ashley
Dr Danny De Lore
Miss Patrice Dennis
Mr Peter Dine
Dr Amanda Dixon-McIver
Dr Michelle Downie | P
Ms Chrissie Patterson
Assoc Prof Philip Pattemore
RN Daryl Pollock
Dr David Porter |
| E
Assoc Prof John Elliott
Dr Sean Every | R
Dr Tony Rahman
Prof Papaarangi Reid
Mrs Katherine Reweti-Russell
Ms Wendy Risdon
Prof Stephen Robertson
Dr Peter Robinson
Mr Chris Ross
Prof Julia Rucklidge |
| F
Prof Michael Fenech
Dr James Fingleton
Dr Siale Foliaki | S
Prof Diana Safari
Mr Sanjeeva Samaraweera
Bonnie Scarth
Prof Russell Scott
Dr John Short
Dr Branco Sinja
Mr Andrew Slater
Ms Anna Smith
Assoc Prof Barry Snow
Dr Rebecca Stack
Assoc Prof Catherine Stedman
Dr Matthew Strack
Ms Caro Swanson |
| G
Ms Sharryn Gannon
Dr Kristin Good
Prof Des Gorman
Ms Trish Gledhill | T
Prof Rachel Taylor
Ms Karen Thomas |
| H
Dr Bob Hancox
Dr Clare Healey
Dr Ruth Highet
Ms Anastasia Hildred
Dr Blake Hsu
Dr Alistair Humphrey
Prof David Hunter | V
Prof Mark Vickers |
| J
Dr Dylan James
Dr Stuart Jones
Dr Michelle Jospe | W
Dr Chris Wakeman
Dr Ian Wallbridge
Ms Heidi Watson
Assoc Prof Ben Wheeler
Ms Chelsea Willmott |
| K
Dr Gary Kilov
Dr Samantha King
Mr Ashley Koning
Ms Sarah Kull | |

CONFERENCE CONTENT

Pre-Conference Workshops

Thursday 13 August 2020, Horncastle Arena, Christchurch

To provide further practical updates, there is an optional pre-conference workshop day covering a broad range of hands-on topics, including an option to register for Basic and Advanced Surgical skills training.

Please note topics are repeated content, not part 1 and 2.

Some workshops have a limit on the numbers that can attend. Book early to avoid disappointment as some workshops will book out.

Main Conference

Friday 14 - Sunday 16 August 2020, Horncastle Arena, Christchurch

Due to the popularity of the meeting, further workshop options have been added to the Saturday programme.

All GPs, Practice Nurses, Practice Managers, GP Registrars and Students are welcome to attend.

Practice Managers Programme

Friday 14 August 2020, Horncastle Arena, Christchurch

A dedicated Practice Managers programme has been developed to ensure all areas of General Practice interest are covered for this national conference. All Practice Managers are invited to attend and are welcome to attend any other sessions of interest.

Practice Nurses Programme

Saturday 15 August 2020, Horncastle Arena, Christchurch

A dedicated Practice Nurses programme will run concurrently with the main conference on Saturday. Practice Nurses are encouraged to register for the entire conference and are welcome to attend all sessions.

Welcome Function

Friday 14 August 2020, Horncastle Arena, Christchurch

6:30pm-7:30pm, Exhibition Area

Unwind after a busy first day with drinks and canapés in the Exhibition area. A chance to catch up with colleagues and meet other delegates and industry.

Resuscitation Courses for GPs

"CORE Skills" without exam (Previously Refresher Level 5)

This is an NZRC CORE Skills course (previously Level 5 Refresher non-assessed). Approved (4 hrs) course run by Jason Burns (NZRC Instructor CORE Advanced & Immediate, NZDA Approved Instructor, RNZCGP Endorsed Instructor, Royal New Zealand College of Urgent Care instructor)

Course Times:

Friday 14 August, from 8:30am-1:00pm

Friday 14 August, from 2:00pm-6:30pm

Cost: \$230

"CORE Advanced" with exam (Previously Level 5 / 6 / 7 with exam)

Course duration for Resuscitation CORE ADVANCED is a minimum of 8 hours with expected pre-reading preparation time of at least 3 weeks prior.

Course Times:

Thursday 13 August, from 8:30am – 6:30pm

Cost: \$530

INDUSTRY EXHIBITION

A trade exhibition will be held in the Exhibition Hall and will be an integral part of the meeting. The welcome reception, morning and afternoon refreshments and lunches will be served in the exhibition area.

Exhibition attendees includes:








- Abbott Point of Care
- Aspen Pharmacare
- AstraZeneca
- Bay Audiology
- Bayer
- Boehringer Ingelheim
- Bowel Cancer New Zealand
- BPAC
- Centre for Advanced Medicine
- Dilworth Hearing
- EBOS Healthcare
- Fertility Associates
- FUJIFILMSonosite
- GSK
- Heart Foundation
- HEP C Action Aotearoa
- Hope for Hearts
- indici
- Indivior
- LEO Pharma
- mediRay New Zealand Ltd
- Medical Protection Society
- Medical Specialists & Hospitals NZ
- MedAlert Foundation
- MedRecruit
- Medtech
- MFAS
- Ministry of Health
- Mylan
- myPractice
- New Zealand Doctor
- Novartis
- Novo Nordisk Pharmaceuticals Ltd
- Nutricia
- NZLocums
- NZMA
- Ochre Recruitment
- OptiPharm Pty Ltd
- Pacific Edge Diagnostic Ltd
- Pacific Radiology
- Pfizer
- Pharmaco (NZ) Ltd
- Radiant Health Limited
- Reserved
- Roche Diagnostics
- Rural Doctors Workforce Agency
- Sanofi
- Seqirus
- Southern Cross Health Society
- St John
- The Goodfellow Unit
- The Hemp Foundation (CPD)
- Work and Income
- ZOOM Pharmacy

PRE-CONFERENCE COURSES

Thursday 13th August

(Fee applies) Horncastle Arena, 55 Jack Hinton Drive, Addington, Christchurch

0830-1030	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
	ws #1	ws #2	ws #3
	Skin Cancer Surgical Basic Skills Rebecca Stack, Dylan James	Diabetes - Basic Rab Burtun, Michelle Downie 	Managing Mental Health in Primary Care Part 1 Angela Guar et al
1030-1100	Morning Tea		
1100-1300	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	ws #7	ws #8	ws #9
	Skin Cancer Surgical Advanced Skills Rebecca Stack, Dylan James	Diabetes Basic (Repeated) Rab Burtun, Michelle Downie 	Managing Mental Health in Primary Care Part 2 Angela Guar et al
1300-1400	Lunch		
1400-1600	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	ws #12	ws #13	ws #14
	Dermoscopy Part 1 Amanda Oakley 	Lifecourse Science and Applied Coaching Skills Part 1 Mary-Rose Cavanagh Susan Miller, Mark Vickers	Managing Mental Health in Primary Care Part 1 (Repeated) Angela Guar et al
1600-1630	Afternoon Tea		
1630-1830	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	ws #17	ws #18	ws #19
	Dermoscopy Part 1 Amanda Oakley 	Lifecourse Science and Applied Coaching Skills Part 2 Mary-Rose Cavanagh Susan Miller, Mark Vickers	Managing Mental Health in Primary Care Part 2 (Repeated) Angela Guar et al
1900-2330	Dinner own arrangements		

	0830-1030	Please note: workshop content is repeated,not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
		ws #4	ws #5	ws #6
		Musculoskeletal Workshop 1 Ian Wallbridge Steve August	How to Introduce Ultrasound into Your Practice Lynette Hassall, Rex De Ryke, Jacinta McGarry TBC Max. 20 delegates  	NZRC CORE Advanced "With Exam / Assessment" (8 hours including written exam) - \$530 (includes ACLS Manual) This course has been endorsed by The Royal New Zealand College of General Practitioners and has been approved for 12 CME credits for maintenance of Professional Standards MOPS purposes. This course requires pre-reading of the NZRC Resuscitation – "A Guide for Advanced Rescuers" manual in order to successfully complete the NZRC written test. The recommended pre-reading time is 3 weeks prior. We recommend you order the manual at the time of registration with Conference Matters (may be obtained online through Conference Matters or directly online through the NZRC website) The course covers and includes: <ul style="list-style-type: none">• (Pre-course reading purchased by yourself - in advance to prepare for the written test)• Basic Life Support (Adult, child and baby including choking)• Advanced airway management (single and double person bag masking, guedel airway insertion, LMA's insertion)• A chance to practice Intubation (not assessed now in Advanced)• AED and rhythm recognition• Adult and child collapse algorithms• Anaphylaxis management• Scenario based training including adult and child• A compulsory multi choice test and skills evaluation of airway management, safety using a defibrillator and cardiac rhythms• This is a NZRC CORE Advanced & Immediate, NZDA Approved Instructor, RNZCGP Endorsed Instructor, Royal New Zealand College of Urgent Care instructor).• Attendees will be registered nurses, medical practitioners or people who have the skills contained in the course as part of their scope of practice. It is expected that students will already have the skills and knowledge required for Resuscitation.• Course duration for Resuscitation CORE ADVANCED is a minimum of 8 hours with expected pre-reading preparation time of at least 4 hours.• You are expected to access resources at your disposal.• Examples of suitable texts may include:<ul style="list-style-type: none">• PRIME course material on resuscitation• NZRC Resuscitation – "A Guide for Advanced Rescuers" manual in order to successfully complete the NZRC written test. The recommended pre-reading time is 3 weeks prior.
	1030-1100	Morning Tea		
	1100-1300	Please note: workshop content is repeated		
		ws #10	ws #11	
		Musculoskeletal Workshop 2 Ian Wallbridge Steve August	More Advanced US Skills for the GP/Emergency Doctor Lynette Hassall, Rex De Ryke, Jacinta McGarry TBC Maximum 20 delegates  	
	1300-1400	Lunch		
	1400-1600	Please note: workshop content is repeated		
		ws #15	ws #16	
		Musculoskeletal Workshop 3 Ian Wallbridge Steve August	How to Introduce Ultrasound into Your Practice (Repeated) Lynette Hassall, Rex De Ryke, Jacinta McGarry TBC Max. 20 delegates  	
	1600-1630	Afternoon Tea		
	1630-1830	Please note: workshop content is repeated		
		ws #20	ws #21	
		Musculoskeletal Workshop 4 Ian Wallbridge Steve August	More Advanced US Skills for the GP/Emergency Doctor (Repeated) Lynette Hassall, Rex De Ryke, Jacinta McGarry TBC Maximum 20 delegates  	
	1900-2330	Dinner own arrangements		

MAIN PROGRAMME

Friday 14th August

0700-0755	Breakfast Session - ACC TBA					
0800-0805	Welcome and Conference Opening					
0800-0805	Welcome and Conference Opening					
0805-0830	Nutrition and It's Influence on the Genome and the Epigenome					
0830-0855	What's Hot in Diabetes?					
0855-0920	Immune Neurology and More					
0920-0945	The New Zealand Health and Disability System Review -Where to From Here?					
0945-1010	Is the ACC Contestable?					
1010-1030	Panel Discussion					
1030-1100	Morning Tea and Exhibition					
1100-1300	NZMA MP Session					
1100-1130	Christchurch Memorial Oration : Dr Margaret Cruickshank					
1230-1300	Panel Discussion					
1300-1400	Lunch and Exhibition					
1400-1600	Plenary Session: Addressing Inequities in HealthCare Chair: TBA	or Concurrent Sessions				
1400-1420	TBA Papaarangi Reid TBC	ws #26 Nutrition Forum: (Not Repeated) Michael Fenech, Rachel Taylor, Kirsten Coppell, Ben Wheeler, Michelle Jospe	ws #27 Structural Heart Interventions - From Transcatheter Implantation to Hole Closures Krys Milburn	ws #28 TBA		
1420-1440	The Waitangi Tribunal Kaupapa Inquiry into Health: Implications for Primary Care - Peter Crampton		Repeated Sessions	ws #37 Structural Heart Interventions - From Transcatheter Implantation to Hole Closures (Repeated)	ws #38 TBA (Repeated)	
1440-1500	Health Inequities and a Nash Equilibrium - a Frozen and Failing Health System - Des Gorman					
1500-1520	Working with Māori and Cultural Competency for the Mental Health and Addiction Sector - Katherine Reweti-Russell					
1520-1540	TBA Alastair McLean, Danny De Lore					
1540-1600	Discussion					
1600-1630	Afternoon Tea and Exhibition					
1630-1830	Plenary Session: Sexual Health Chair: TBA	or Concurrent Sessions				
1630-1645		ws #46 Coughing in Children - When Does it Matter? Philip Pattermore	ws #47 TBA audiology Dilworth Audiology TBA	ws #48 Digital Health and Practice Portals Sanjeewa Samaraweera		
1645-1700						
1700-1715	Transgender Issues					
1715-1730		ws #56 Coughing in Children - When Does it Matter? (Repeated)	ws #57 TBA audiology (Repeated)	ws #58 Digital Health and Practice Portals (Repeated)		
1745-1800	The Best Diet - The Battle of the Macronutrients: Low Fat or Low Carbohydrates - Jim Mann					
1800-1830	Discussion					
1800-1900	Welcome Cocktails	Exhibition				
1900-2030	Dinner function TBC	Light dinner provided				

	Chair: Nick Kendall
	Chair: Peter Chapman-Smith
	Chair GPC of the NZMA: Jan White
	Michael Fenech
	Russell Scott
	Barry Snow
	Peter Crampton
	Des Gorman, Peter Robinson

	Chair: Jan White
	Branco Sinja

(55mins, 2:00pm-2:55pm repeated at 3:05pm)

ws #29	ws #30	ws #31	ws #32	ws #33	ws #34
Medtech User Group	TBA	Case Studies in Managing Diabetes	Micronutrients as a Treatment for Psychiatric Disorders: Rethinking our Current Paradigm Julia Rucklidge	Neurology Potpourri - Case Studies	Around the World in 60 Minutes- Investment Outlook Shahrukh Abdali, John McConnell, Peter Dine TBC
Chrissie Patterson	TBA	Russell Scott		Barry Snow	

(55mins, 3:05pm-4:00pm)

ws #39	ws #40	ws #41	ws #42	ws #43	ws #44
Medtech User Group	TBA	Case Studies in Managing Diabetes	Micronutrients as a Treatment for Psychiatric Disorders: Rethinking our Current Paradigm (Repeated)	Neurology Potpourri - Case Studies	Around the World in 60 Minutes- Investment Outlook (Repeated)
(Repeated)	(Repeated)	(Repeated)	(Repeated)	Barry Snow	(Repeated)

(55mins, 4:30pm-5:25pm repeated at 5:35pm)

ws #49	ws #50	ws #51	ws #52	ws #53	ws #54
Pharmacogenomics - Taking the Guesswork Out of Prescribing	How Effective Governance Can Improve Clinic Profitability	Giving Kiwis Access to Independent Expert Medical Opinions	Case Studies in Inflammatory Arthritides	The GP's Role in Support For Young Cancer Survivors	Mental Health Forum (Not Repeated)
Sam Mostafa, Kerry Macaskill-Smith	Anastasia Hildred, Malcolm Morrison	Des Gorman, Peter Robinson	David Porter	Heidi Watson to advise	Trish Gledhill, Patrice Dennis, Katherine Reweti-Russell, Ashley Koning, Caro Swanson

(55mins, 5:35pm-6:30pm)

ws #59	ws #60	ws #61	ws #62	ws #61
Pharmacogenomics - Taking the Guesswork Out of Prescribing	How Effective Governance Can Improve Clinic Profitability	Giving Kiwis Access to Independent Expert Medical Opinions	Case Studies in Inflammatory Arthritides	The GP's Role in Support For Young Cancer Survivors
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

0700-0755	Abb Vie Breakfast Session: TBA Confirmed: TBA Lucy Sutherland				
0700-0755	Novartis Breakfast Session: TBA: Julie Fitzgerald To Advise				
0830-1030	Sat Morning Plenary Session: Haematology and Thrombembolism Chair: TBA	or Concurrent Sessions			
0830-0850	Update on Thrombosis Eileen Merriman	ws #65 Eye Forum: Sean Every (Chair) Rebecca Stack (Not Repeated)	ws #66 TBA Cardiology 2 Krys Milburn	ws #67 Modern Approaches to Workforce Planning TBC Papaarangi Reid, Des Gorman et al	
0850-0910	Managing VTE in the Community Daryl Pollock		Repeated Sessions		
0910-0930	Cancer - Associated Thrombosis Tony Rahman		ws #76 TBA Cardiology 2 (Repeated)	ws #77 Modern Approaches to Workforce Planning TBC (Repeated)	
0930-0950	21st Century Treatment of Childhood Leukaemia Siobhan Cross				
0950-1010	TBA Blake Hsu				
1010-1030	Panel Discussion				
1030-1100	Morning Tea and Exhibition				
1100-1300	Plenary Session: Respiratory (Astra Zeneca) Chair: TBA	or Concurrent Sessions			
1100-1125	Anti-Inflammatory Reliever Therapy Richard Beasley	ws #85 Genomics Forum Michael Fenech, Stephen Robertson, Kerry Macaskill-Smith et al (Not Repeated)	ws #86 Proctology for GPs Chris Wakeman	ws #87 Team Turmoils – Pitfalls and Pleasures of Working in a Team Tim Cookson, Samantha King	
1125-1150	What’s New in Severe Asthma Bob Hancox		Repeated Sessions		
1150-1215	Optimal Management of COPD Stu Jones		ws #96 Proctology for GPs (Repeated)	ws #97 Team Turmoils – Pitfalls and Pleasures of Working in a Team (Repeated)	
1215-1240	Treatable Traits - One Step Closer to Personalised Medicine James Fingleton				
1240-1300	Panel Discussion				
1300-1400	Lunch and Exhibition				
1400-1600	Plenary Session: Public Health Chair: Bryn Thompson	or Concurrent Sessions			
1400-1415	Introduction to Diabetes Management Issues in 2020 Michelle Downie	ws #105 Pain Management Forum: John Alchin et al (Not Repeated)	ws #106 TBA legal Kathryn Dalziel plus 1	ws #107 Gender Affirming Healthcare for Transgender Clients Jeannie Oliphant	ws #108 Investigating Anaemia in Children Siobhan Cross
1415-1430	Fasting Glucose , Post Prandial Glucose and HbA1c (The glucose Triad) - Gary Kilov		Repeated Sessions		
1430-1445	Options and Practical Support for Intensifying Insulin Bryan Betty		ws #116 TBA legal (Repeated)	ws #117 Gender Affirming Healthcare for Transgender Clients (Repeated)	ws #118 Investigating Anaemia in Children (Repeated)
1445-1500	New Technologies in T1D Gary Kilov				
1500-1530	Case Studies in Diabetes Michelle Downie				
1500-1600	Panel Discussion				
1600-1630	Afternoon Tea and Exhibition				

							Chair: Michael Thwaites
Room 5							
(55mins, 08:30am-9:25am repeated at 9:35am)							
WS #68	WS #69	WS #70	WS #71	WS #72	WS #73		
Can I Go Back to Work Doc? - A Quick Structured Assessment	TBA	TBA 1 Sports Med	What You Need to Know About Interventional Treatment for IHD	How to Grow and Preserve Wealth Using the 5 Key Investment Principles	Examination of Peripheral Joints		
David Bratt	Alastair McLean, Danny De Lore	Ruth Highet?, John Malloy	James Blake	Lance Dawber-Ashley	David Porter		
(55mins, 9:35am-10:30am)							
WS #78	WS #79	WS #80	WS #81	WS #82	WS #83		
Can I Go Back to Work Doc? - A Quick Structured Assessment	TBA	TBA 1 Sports Med	What You Need to Know About Interventional Treatment for IHD	How to Grow and Preserve Wealth Using the 5 Key Investment Principles	Examination of Peripheral Joints		
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)		
(55mins, 11:00am-11:55am repeated at 12:05pm)							
WS #88	WS #89	WS #90	WS #91	WS #92	WS #93	WS #94	
HPV and Head and Neck Cancer	The Latest Tips and Updates on Vaccines for Whole of Life and Travel	DNA Technologies in General Practice	Primary Care Management Options for Osteoarthritis	How to Manage MultiMorbidity	Your Part in the Primary Prevention of Heart Disease	TBA	
Andrew Cho	Anna Smith, Peter McIntyre	Amanda Dixon-McIver, Roberto Mazzaschi, Andrew Laurie	David Hunter	Diana Safarti, Dee Mangin et al TBC	John Elliott	TBA	
(55mins, 12:05pm-1:00pm)							
WS #98	WS #99	WS #100	WS #101	WS #102	WS #103	WS #104	
HPV and Head and Neck Cancer	The Latest Tips and Updates on Vaccines for Whole of Life and Travel	DNA Technologies in General Practice	Primary Care Management Options for Osteoarthritis	How to Manage MultiMorbidity	Your Part in the Primary Prevention of Heart Disease	TBA	
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	
(55mins, 2:00pm-2:55pm repeated at 3:05pm)							
WS #109	WS #110	WS #111	WS #112	WS #113	WS #114	WS #115	
How to Manage Aortic Valve Disease	Obstructive Sleep Apnea in Children	Family and Sexual Violence - What Should I Do?	Challenging Case Studies on Thrombosis	Cultural Competency Issues re Mental Health and Addictive Disorders	Retirement Planning - The Prognosis for a Medical Practitioner	Weight Reduction with Intermittent Fasting Techniques	
James Blake	Philip Pattermore	Clare Healey	Eileen Merriman, Tony Rahman	Katherine Reweti-Russell	Shahrukh Abdali, John McConnell, Peter Dine TBC	Sarah Kull	
(55mins, 3:05pm-4:00pm)							
WS #119	WS #120	WS #121	WS #122	WS #123	WS #124	WS #125	
How to Manage Aortic Valve Disease	Obstructive Sleep Apnea in Children	Family and Sexual Violence - What Should I Do?	Challenging Case Studies on Thrombosis	Cultural Competency Issues re Mental Health and Addictive Disorders	Retirement Planning - The Prognosis for a Medical Practitioner	Weight Reduction with Intermittent Fasting Techniques	
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	

MAIN PROGRAMME

Saturday 15th August

1630-1830	Plenary Session: Professional Digital and Telehealth Chair: TBA		or Concurrent Sessions		
1630-1650	Virtual Support - International Best Practice Simon Adamson	ws #126 Dermatology Forum: Matthew Stack et al (Not Repeated)	ws #127 ENT 2 TBA	ws #128 Sudden Sensorineural Hearing Loss	
1650-1710	Virtual/Digital Clinical Safety and Systems Kristin Good			Karen Thomas	
1710-1730	Mental Health and Addictions - Using Digital to Improve Access and Equity - David Codyre		Andrew Cho		
1730-1750	GP Practice Virtualisation, including Case Studies Siale Foliaki		Repeated Sessions		
1750-1810	Triage Tips, Virtual Chronic Disease Management and Remote Telemonitoring - Sharryn Gannon		ws #137 ENT 2 TBA	ws #138 Sudden Sensorineural Hearing Loss	
1650-1710	How Do We as a System Innovate, Inside Out Disruption Andrew Slater				
1810-1830	Panel Discussion		(Repeated)	(Repeated)	

MAIN PROGRAMME

Sunday 16th August

0715-0815	GSK Breakfast Session: TBA - TBA Jane Straka				
0830-1030	Plenary Session Chair:		or Concurrent Sessions		
0830-0850	Nutritional Therapies for Psychological Symptoms: What is the Evidence to Date? - Julia Rucklidge	ws #147 Nurse Practitioner Forum TBA (Not Repeated)	ws #148 Easy Bruising and Bleeding Diatheses in Children	ws #149 TBA	
0850-0910	Genetic Testing in the 21st Century- How Far Have We Come? - Amanda Dixon-McIver		Siobhan Cross	TBA	
0910-0930	Update on HPV and Oropharyngeal Cancer Andrew Cho		Repeated Sessions		
0930-0950	Why We Need to take a Family History for Bowel Cancer Patients - Chris Wakeman		ws #158 Easy Bruising and Bleeding Diatheses in Children	ws #159 TBA	
0950-1010	Relative Energy Deficiency in Sport: Historical Perspectives and Future Implications - Katherine Black				
1010-1030	Discussion Panel		(Repeated)	(Repeated)	
1030-1100	Morning Tea and Exhibition				
1100-1300	Plenary Session				
1100-1120	Changing Shots: What's News With the Immunisation Schedule for 2020 and Beyond				
1120-1140	Best Practice Management of Angina and Acute Coronary Syndromes				
1140-1200	The First and Last Hep C Elimination Strategy in NZ				
1200-1220	Paradigm Shifts in our Understanding of Osteoarthritis and it's Management				
1220-1240	TBA				
1240-1300	Discussion panel				
1300	Conference Closes				

(55mins, 4:30pm-5:25pm repeated at 5:35pm)

ws #129	ws #130	ws #131	ws #132	ws #133	ws #134	ws #135
Post Trauma Care of Patients - What GPs Need to Know	Managing Blistering Skin Conditions TBC	What's On The Horizon for Screening in NZ?	The Pros and Cons of a Nurse Practitioner in Your Practice TBC	TBA audiology Dilworth Audiology 2	TBA	TBA
Chris Wakeman	Sharon Cassidy	Diana Safarti	Chelsea Willmott et al TBC	TBA	TBA	TBA

(55mins, 5:35pm-6:30pm)

ws #139	ws #140	ws #141	ws #142	ws #143	ws #144	ws #145
Post Trauma Care of Patients - What GPs Need to Know	Managing Blistering Skin Conditions TBC	What's On The Horizon for Screening in NZ?	The Pros and Cons of a Nurse Practitioner in Your Practice TBC	TBA audiology Dilworth Audiology 2	TBA	TBA
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

Chair: Graeme Whittaker

(55mins, 8:30am-9:25am repeated at 9:35am)

ws #150	ws #151	ws #152	ws #153	ws #154
TBA Hepatology	Case Studies on Inflammatory Arthritides	Sports med 2 TBA	Analysis of the Tectonic Shift in Glycaemic Management	TBA
Catherine Stedman	David Porter	Ruth Highet or John Molloy	Gary Kilov, Nic Crook	TBA

(55mins, 9:35am-10:30am)

ws #160	ws #161	ws #162	ws #163	ws #165
TBA Hepatology	Case Studies on Inflammatory Arthritides	Sports med 2 TBA	Analysis of the Tectonic Shift in Glycaemic Management	TBA
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

Chair: Peter Chapman-Smith

Nikki Turner	
John Elliott	
Catherine Stedman	
David Hunter	
TBA	

PRACTICE MANAGERS PROGRAMME

Friday 14th August

0830-1830	Practice Managers Programme		Chair: Sheryl Banks
0830-0850	Smart Procurement	Chris Ross	
0850-0910	Governance and Strategy	Malcolm Morrison	
0910-0930	Best Practice Organisation Design	Anastasia Hildred	
0930-0945	Discussion		
0945-1030	Small Group Discussion		
1030-1100	Morning Tea and Exhibition		
1100-1300hrs	Concurrent NZMA plenary session		
1300-1400	Lunch and Exhibition		
1400-1430	TBA		
1430-1500	TBA		
1500-1530	TBA		
1530-1600	Discussion		
1600-1630	Afternoon Tea and Exhibition		
1630-1730	Team Turmoils – Pitfalls and Pleasures of Working in a Team	Tim Cookson, Samantha King	
1730-1800	Discussion		
1830-1930	Welcome Cocktails		

NURSES PROGRAMME

Saturday 15th August

0830-1800	Nurses General Session		Chair: Wendy Risdon
0830-1030	General Plenary Session	Concurrent	
0830-0900	TBA Diabetes	Gary Kilov, Nic Crook	
0900-0930	Weight Reduction by Intermittent Fasting Techniques	Sarah Kull	
0930-1000	Family and Sexual Violence - What Should I Do?	Clare Healey	
1000-1030	Discussion		
1030-1100	Morning Tea and Exhibition		
1100-1130	Suicide Prevention and Postvention	Bonnie Scarth TBC	
1130-1200	Cultural Competency	Katherine Reweti- Russell TBC	
1200-1300	Small Group Discussion Session		
1300-1400	Lunch and Exhibition		
1400-1445	Telephone Triage Training	Sharryn Gannon	
1445-1530	Nurse Prescribing Forum TBA	TBA	
1600 -1630	Afternoon Tea and Exhibition		
1630-1700	How to Support Young Adult Cancer Survivors	Heidi Watson to advise	
1700-1730	Update on Wound Care	Sharon Cassidy	
1730-1800	The Latest Tips and Updates on Vaccines for Whole of Life and Travel	Anna Smith	
1800-1830	Discussion		

ACCOMMODATION

Block bookings at negotiated rates have been made at Distinction Hotel Christchurch. Please book your accommodation on the enclosed registration form. Registration and accommodation should be made before 16 July 2020 as hotel rooms are not guaranteed after this date.

DISTINCTION CHRISTCHURCH HOTEL ★★★★★

14 Cathedral Square, Christchurch Central, Christchurch | 8011 | New Zealand | 64-3-3777000

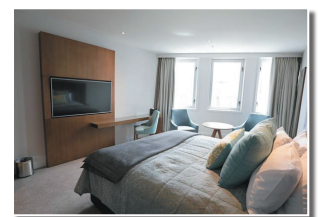
Distinction Hotels is excited to announce the newest addition to its New Zealand owned and operated hotels – Distinction Christchurch Hotel, which opened in March 2018.

The 4.5 star hotel is centrally located in the revitalised Cathedral Square and ideally positioned only a few minutes' walk from the brand the Avon River, Botanical Gardens, Christchurch Casino, Cashell Mall and future Christchurch Convention Centre.

The luxury Christchurch hotel consists of 179 elegant, air-conditioned hotel rooms including 3 floors of brand new Superior Rooms and Suites. Designed to suit everyone from business travellers requiring spacious, contemporary accommodation with the latest technology including 55" Smart TVs to those travellers seeking a place to relax and unwind after a day exploring Canterbury's vibrant attractions.

Complementing this brand new accommodation are conference facilities catering up to 200 delegates, Gumption Restaurant & Bar and undercover valet car parking.

FREE high speed WiFi is available to all hotel guests with no time limits or data cap. This complimentary service has become synonymous with Distinction Hotels throughout New Zealand.



Classic Twin Room
\$205 per night

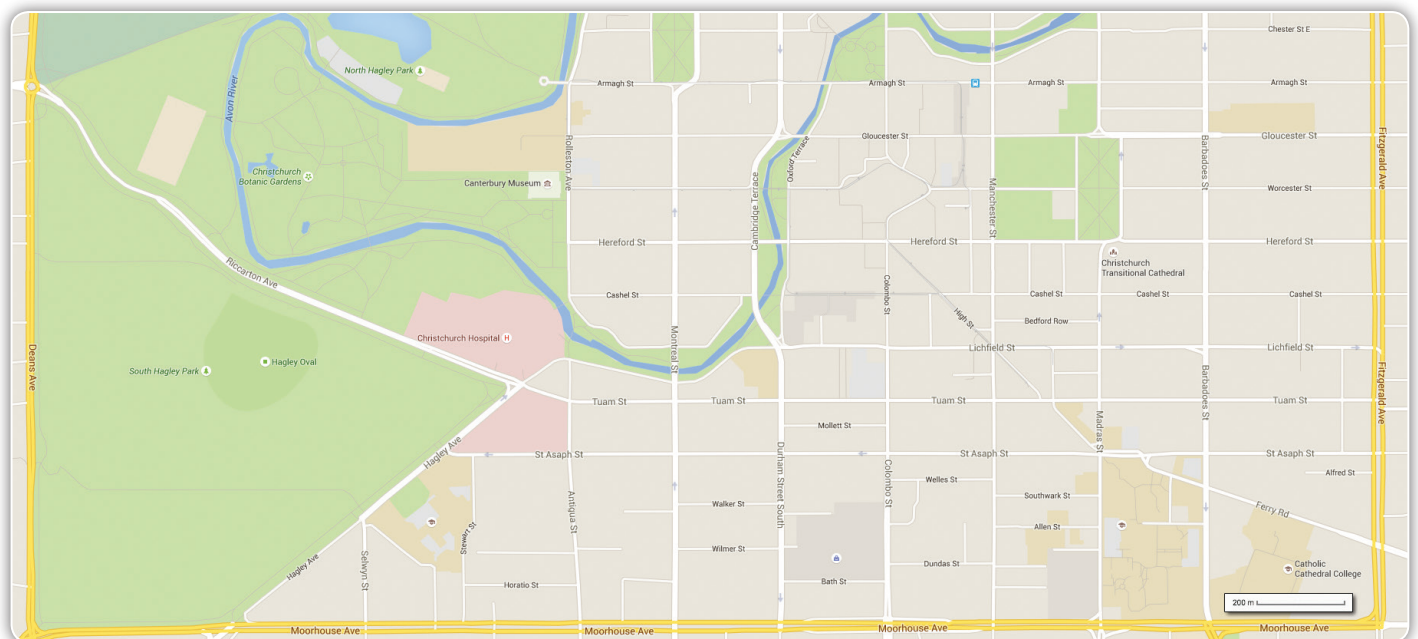


55 Jack Hinton Drive
Addington, Christchurch

Located in the Addington business precinct and just ten minutes from both Christchurch CBD and airport sits Horncastle Arena - the South Island's largest indoor arena.

Horncastle Arena is one of the New Zealand's largest purpose-built indoor venues. A versatile venue hosting many international events, artists, exhibitions and gala dinners.

CITY CENTRE MAP



Your professional association

Welcome to the GP CME 2019!

The New Zealand Medical Association is proud to represent and advocate for its GP members and their vital role in the primary care of all New Zealanders.



Advocacy

The NZMA is a strong advocate for issues affecting GPs and General Practice, including training programmes, funding, integration between primary and secondary care, after-hours service provision, and the development and implementation of health policy.

Support

The NZMA represents over 500 general practices in the PHC MECA negotiations. NZMA members have free access to the NZMA advisory service, which provides advice on a variety of issues from employment, staff issues and running a practice to health and safety and doctor's wellbeing.

Representation

The NZMA General Practitioner Council (GPC) represents the interests of our GP members across a wide range of issues and is elected by the membership. The NZMA is a member of the General Practice Leaders' Forum along with fellow GP organisations.

Your support allows us to do more to benefit you. Come and see the NZMA Stand for information on how you can benefit yourself and your profession by becoming a member.

Join us today.

www.nzma.org.nz
0800 65 61 61
nzma@nzma.org.nz

 **NZMA**
New Zealand Medical Association
Te Hauora mō ngā Iwi Katoa

SOUTH GP CME 2020 REGISTRATION FORM

13 -16 August 2020 | Horncastle Arena | Christchurch | www.gpcme.co.nz/south

PERSONAL DETAILS

Title: Miss / Mrs / Ms / Mr / RN / Dr / Prof / Assoc Prof

First Name: _____ Surname: _____

Phone Bus: _____

Company / Clinic Name: _____

Fax: _____

Clinic location: City/Town _____

Mobile: _____

Preferred Contact Address: Street _____

Medical Council No: _____

Suburb _____ Country _____

RNZCGP No: _____

(Email required for registration confirmation) City/Town _____ Post Code _____

Special requests: (ie dietary requests, disabilities, etc) _____

Email: _____

☐ Yes, I would like to receive email updates regarding products and special offers from attending industry exhibitors

Additional Attendees: Title, First Name, Last Name _____

CANCELLATION POLICY: Cancellations can only be received in writing, and incur a loss of 50% of registration fees within 21 days of the conference commencing. Later cancellations forfeit registration fees paid. Any other refunds are at the discretion of the organisers.

PRIVACY: The contact information supplied on the registration form will be distributed to the attending industry sponsors. Please tick this box if you do not wish to be included on this list. ☐

REGISTRATION FEES (GST Inclusive - NZD)

Delegate NZMA Members (Fri-Sun) \$775 \$ _____

Delegate Non-Member (Fri-Sun) \$925 \$ _____

Less early bird discount if booked before 31 May 2020 Deduct \$100.00

Nurse Practitioner (Fri-Sun) \$295 \$ _____

Pharmacist (Fri-Sun) \$350 \$ _____

GPEP1 Registrar (Fri-Sun) \$295 \$ _____

GPEP2 Registrar (Fri-Sun) \$425 \$ _____

Student (Fri-Sun) \$135 \$ _____

Exhibitor \$345 \$ _____

Practice Manager All ☐ or Friday only ☐ \$185 \$ _____

Practice Nurse All ☐ or Saturday only ☐ \$135 \$ _____

Spouse (non medical) \$135 \$ _____

Or Daily Registration

Friday \$400 ☐ Saturday \$400 ☐ Sunday ☐ \$250 \$ _____

Late Registration Fee if booked after Friday 03 July \$50.00

Optional Registration

Friday - ACC Breakfast Session No. \$ No Fee

Friday - Cocktail Function No. \$ No Fee

Saturday - AbbVie Breakfast Session No. \$ No Fee

Saturday - GSK Breakfast Session No. \$ No Fee

Sunday - Novartis Breakfast Session No. \$ No Fee

TOTAL REGISTRATION FEE (TOTAL A) \$ _____

PRE-CONFERENCE WORKSHOPS - Thursday

NZMA Member Thursday \$375 \$ _____

Non Member Thursday \$475 \$ _____

Basic & Advanced Surgical \$695 \$ _____

GPEP \$275 \$ _____

CORE Advanced NZRC Course (with exam) \$530 \$ _____

TOTAL PRE-CONFERENCE WORKSHOP FEE (TOTAL B) \$ _____

Please indicate your preferred workshop option **number** for each time slot.

Content is repeated not part 1 and 2 unless otherwise stated.

8:30am 11:00am 2:00pm 4:30pm

EMERGENCY RESUSCITATION FOR GPs - CORE Skills (no exam)

I wish to attend the NZRC CORE Skills Approved (4 hrs) course (previously Level 5 Refresher non-assessed) @ \$230.

☐ Friday 8:30am-1:00pm ☐ Friday 2:00pm-6:30pm

EMERGENCY RESUSCITATION FEE (TOTAL C) \$ _____

CONCURRENT WORKSHOP OPTIONS

Please indicate your preferred workshop option **number** for each time slot. Please note numbers are restricted with spaces allocated when registration received. Tickets required for entry.

Fri 2:00pm 3:00pm 4:30pm 5:30pm

Sat 8:30am 9:30am 11:00am 12:00pm

Sat 2:00pm 3:00pm 4:30pm 5:30pm

Sun 8:30am 9:30am Feb 2019 Office use only ☐

ACCOMMODATION AVAILABLE

Arrival Date August - Departure Date August

Special Requirements/ Comments _____

Distinction Hotel Christchurch

Superior Twin Room (1-2 people) _____ nights x \$205 \$ _____

TOTAL ACCOMMODATION FEE (TOTAL D) \$ _____

A+B+C+D = TOTAL ENCLOSED (GST Inc) \$

PAYMENT DETAILS GST Tax Invoice Number 95-598-579

I authorise Conference Matters to charge my Visa/Mastercard as detailed below, with the amount of \$ _____

Card Number: _____

Card expiry date ____/____/____ Date ____/____/____

Print Cardholder's Name _____

Cardholder's Signature _____

☐ Cheque: \$ _____ (NZD) payable to: Conference Matters.

☐ Direct Credit 03-0498-0809412-00 Ref: Surname STHGPCME

Return this form to Conference Matters, Fax +64 (0)9 437 4089 or post to PO Box 1661, Whangarei, New Zealand
All Enquiries to Leon +64 (0)21 164 3815 or leon@conferencematters.co.nz

FreePost Authority Number 215519



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PO Box 1661
Whangarei 0140
NEW ZEALAND