



NZMA
New Zealand Medical Association

South GP CME

General Practice Conference
& Medical Exhibition



HORNCastle ARENA | CHRISTCHURCH

11-14 AUGUST 2016

WELCOME

You are invited to attend the 7th South GPCME meeting to be held at the Horncastle Arena in Christchurch in August 2016. This medical conference provides broad medical update and practical take home information to improve your patient management immediately. This is complemented by a large exhibition from industry to inform what is new on the pharmaceutical and supply of equipment, texts and available IT solutions, all while gaining sufficient CPD points to satisfy our College of GPs and Medical Council requirements.

Christchurch is a great central location, with renowned southern hospitality, and attractive leisure or visitor options. GPs from throughout NZ attend the South Island event, taking the opportunity to revisit old university haunts, to check out family at the southern universities, or en route to the ski fields in Central Otago. Hotel accommodation is available at group discounted pricing. Complimentary breakfast at the conference venue and evening dinner sessions are provided with a plethora of prominent speakers on widely variant topics.

Practice nurses and practice managers are essential members of general practice teams, with their own dedicated sessions on the Saturday, but able to attend the entire meeting. We are grateful for the many presenters who give of their time to assist this growing meeting so well. The strength of the academic programme is the key with many concurrent practical workshops throughout. Presentations are available to delegates for 3 months post conference on the internet for review.

Registration fees cater for trainees and practice colleagues and spouses, kept at a low level thanks to the generous support of industry, especially Boehringer Ingelheim.

Financially general practice is more buoyant again in contrast to 5-10 years back. The stress of busy practices with ever increasing consultation rates dictates you deserve a break. We welcome you back for another great event in 2016, with numerous workshops and quality plenary presenters. One lucky punter will win the annual travel prize, courtesy of the conference committee, for some real quality time out.

Feedback is utilised in constructing the following year's programme, and your suggestions for desired topics or speakers are acted on. Thank you for your ongoing support too.

The New Zealand Medical Association supports this meeting strongly and our thanks to Lesley, Kate and their team for their assistance.

Kind regards,



Academic Convenor

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Conference Organiser

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South GP CME 2016 has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to 28.5 credits CME for the General Practice Educational Programme (GPEP) Years 2 and 3 and Maintenance of Professional Standards (MOPS) purposes.

Workshops Preliminary Day application is for 8 hours of CME

ACLS Level 7 = 12 CME credits

ACLS Level 5 = 4 CME Credits

PLATINUM SPONSOR



**Boehringer
Ingelheim**

SPEAKERS

- | | |
|--|---|
| <p>A
Associate Professor Nicola Austin</p> <p>B
Dr Kate Baddock
Mr Benjamin Badger
Dr Simon Bann
Dr Gordon Beadel
Dr Angela Beard
Dr Spencer Beasley
Professor Lutz Beckert
Dr Antony Bedggood
Dr Bryan Betty
Ms Julie Binns
Dr Ross Blair
Ms Fiona Blair-Heslop
Ms Hannah Blakely
Dr Jim Borthwick
Dr Janene Brown
Mr Jason Burns
Dr Buzz Burrell</p> <p>C
Mr David Caddie
Mr Daniel Callaghan
Dr Peter Chapman-Smith
Dr Stephen Child
Dr Daniel Ching
Ms Lesley Clarke
Hon. Jonathan Coleman
Dr Edward Coughlan
Ms Sue Cowey
Dr Matthew Croucher</p> <p>D
Ms Kathryn Dalziel
Dr Mark Davis
Mr Lance Dawber-Ashley
Professor Andrew Day
Ms Caroline Day
Dr Gerry Devlin
Selena Dominguez
Dr Clare Doocey
Dr Richard Dover
Ms Anne Dowden
Dr Jack Drummond</p> <p>E
Dr Mike East
Dr Shan Edwards
Ms Kelleigh Embers
Dr Mike Epton
Dr Richard Everts
Dr Sean Every
Dr Karen Evison</p> <p>F
Dr Kris Fernando
Mr Mike Fleete
Dr Dominic Fleischer</p> <p>G
Dr Kate Gardner
Dr Peter Gendall
Dr Helen Gibbs
Dr Grant Gillett
Dr Wayne Gillett
Professor Felicity Goodyear-Smith
Ms Belinda Gorge
Professor Des Gorman
Ms Patricia Goulter
Mr Leicester Gouwland
Dr Carolyn Gullery</p> <p>H
Dr Fraser Hamilton
RN Catherine Hammond
Dr Ben Harris
Mr Andrew Hawkes
Mr Kieran Hayes
Associate Professor Paul Hofman
Ms Helen Homan</p> | <p>J
Dr Chris Jackson
Dr Dylan James
Dr Kathryn Jenner
Dr Lance Jennings
L
Dr Rose Laing
Dr Amanda Landers
Dr Fiona Leighton
RN Philippa Lemon
Dr Helen Lunt
Dr Adrienne Lynn</p> <p>M
Dr Liz MacDonald
Dr Pippa Mackay
Ms Sue Mackwell
Ms Rachel McAllum
Dr Pat McCarthy
Dr Emma-Jane McDonald
Dr Eddie Mee
Ms Pauline Mohi
Dr Peter Moodie
Dr Dean Morbeck
Dr Roger Morgan
Dr Jim Muir
Dr Rinki Murphy</p> <p>P
Ms Mariam Parwaiz
Dr John Petrie
Dr Tristan Pettit
Ms Gaele Phipps
Dr Alison Pink
Professor Leon Piterman
Dr Jo-Anne Pon
Dr Claude Preitner</p> <p>R
Associate Professor Jim Reid
Mr Peter Reynolds
Dr Peter Robinson
Dr Helen Rodenburg</p> <p>S
Mr Sanjeeva Samaraweera
Associate Professor Ian Scott
Dr Richard Seigne
Dr Ben Sharp
Dr Paul Shillito
Dr John Short
Dr Branko Sijinja
Dr Jonathan Simon
Dr Allan Simpson
Mr Vidi Singh
Dr Olivia Smart
Dr Tony Smith
Dr Melanie Souter
Dr Ruth Spearing
Dr Rebecca Stack
Professor Lisa Stamp
Dr Catherine Stedman
Dr Margaret Stevenson-Wright
Professor Tim Stokes
Ms Maureen Swanney</p> <p>T
Dr Karen Thomas</p> <p>W
Dr Chris Wakeman
Dr Sarah Wakeman
Dr Tony Walls
Dr Colin Walt
Andy Whittington
Ms Sarah Widdowson
Ms Chris Willis
Ms Karen Willsman
Ms Nicki Wilson
Dr Rachel Wiseman</p> <p>Y
Mr Clyde Young</p> |
|--|---|

CONFERENCE CONTENT

Pre-Conference Workshops

Thursday 11 August 2016, Horncastle Arena, Christchurch

To provide further practical updates, there is an optional pre-conference workshop day covering a broad range of hands-on topics, including an option to register for Basic and Advanced Surgical skills training.

Please note topics are repeated content, not part 1 and 2.

Some workshops have a limit on the numbers that can attend. Book early to avoid disappointment as some workshops will book out.

Main Conference

Friday 12 - Sunday 14 August 2016, Horncastle Arena, Christchurch

Due to the popularity of the meeting, further workshop options have been added to the Saturday programme.

All GPs, Practice Nurses, Practice Managers, GP Registrars and Students are welcome to attend.

Practice Managers Programme

Friday 12 August 2016, Horncastle Arena, Christchurch

A dedicated Practice Managers programme has been developed to ensure all areas of General Practice interest are covered for this national conference. All Practice Managers are invited to attend and are welcome to attend any other sessions of interest.

Practice Nurses Programme

Saturday 13 August 2016, Horncastle Arena, Christchurch

A dedicated Practice Nurses programme will run concurrently with the main conference on Saturday. Practice Nurses are encouraged to register for the entire conference and are welcome to attend all sessions.

MAS Welcome Cocktail Function

Friday 12 August 2016, Horncastle Arena, Christchurch

6:30pm-7:30pm, Exhibition Area

Unwind after a busy first day with drinks and canapés in the Exhibition area. A chance to catch up with colleagues and meet other delegates and industry.

Conference Dinner

Saturday 13 August 2016, Hagley Oval Pavilion, Christchurch

7:00pm - midnight, \$95 per person

Join your colleagues for an evening of relaxed fun. Enjoy dinner and a dance

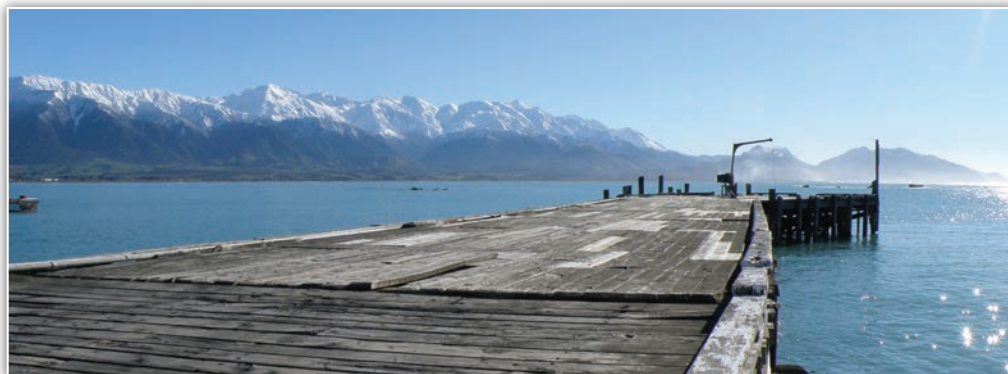
Resuscitation Courses For GPs – Level 5 & Level 7

Refresher Course 4 hours / 8 credits - Initial Course 6 hours / 12 credits

Two course times on offer during the conference: Fri, Sat; Initial Course @ \$250 and Refresher Course \$210 per person. These courses have been endorsed by the RNZCGP for 4 hours = 8 credits. These courses also meets the compulsory resuscitation skills RNZCGP MOPS and AVE requirements for GPs to obtain a certificate of competency in resuscitation skills to the New Zealand Resuscitation Council standards of Level 5 Resuscitation Council standards of Level 5.

ACLS Course 5 - Friday 8:30am Saturday 8:30am - (4-6 hours)

ACLS Course 7 - Thursday 11 August, 8:30am - (8 hours)



Jetty on the Kaikoura Coast

INDUSTRY EXHIBITION

A trade exhibition will be held in the Exhibition Hall and will be an integral part of the meeting. The welcome reception, morning and afternoon refreshments and lunches will be served in the exhibition area.

At the time of print the exhibition includes the following companies:

- AbbVie
- ACC
- Accent Health Recruitment
- AFT Pharmaceuticals
- Apex Medical NZ Ltd
- Arthritis New Zealand
- Ashburn Clinic
- Aspen Pharmacare
- Bay Audiology
- Better Health
- Bio-Oil / BDM Grange
- Boehringer Ingelheim
- BPAC
- Danone Nutricia Early Life Nutrition
- Dilworth Hearing
- EBOS Healthcare
- Fertility New Zealand
- GlaxoSmithKline
- GPDocs
- Healthcare Rehabilitation / HCNZ Community Health
- Heart Foundation of NZ
- Homecare Medical
- Keepitsafe
- LEO Pharma
- Macular Degeneration New Zealand
- ManukaMed
- MAS
- Medical Books
- Medical Protection
- Medicus Indemnity NZ
- Medispace
- MedRecruit
- Menarini New Zealand
- MFAS
- Ministry of Health
- Ministry of Social Development
- MSD
- Mylan NZ
- Neilmed Pharmaceuticals
- New Zealand Doctor
- Novartis
- NZAF Te Toka
- NZMA
- NZ Telehealth Resource Centre
- Ochre Recruitment
- Pacific Edge Diagnostics NZ Ltd
- Pharmaco
- Research Review
- Bio-Oil (BDM Grange)
- Rural Doctors Workforce Agency
- Sanofi Diabetes
- Seqirus NZ
- Sleep Well Clinic
- Southern Cross Health Society
- St John
- Tonic Ltd
- Triton Hearing
- Vivid Solutions Ltd
- W M Bamford
- William Buck Christmas Gouwland
- Wyeth Nutrition

PRE-CONFERENCE COURSES

Thursday 11th August

(Fee applies) Horncastle Arena, 55 Jack Hinton Drive, Addington, Christchurch

0830-1030	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
	ws #1	ws #2	ws #3
	Basic Surgery Rebecca Stack, Dylan James Peter Chapman-Smith Philippa Lemon	Dermoscopy Part 1 Jim Muir	Practical Tips for GPs Health and Wellbeing Mark Davis
1030-1100	Morning Tea and Exhibition		
1100-1300	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	ws #7	ws #8	ws #9
	Advanced Surgery Rebecca Stack, Dylan James Peter Chapman-Smith Philippa Lemon	Dermoscopy Part 2 Jim Muir	Practical Tips for GPs Health and Wellbeing (Repeated) Mark Davis
1300-1400	Lunch and Exhibition		
1400-1600	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	ws #12	ws #13	ws #14
	Pre Hospital Care Forum What to do at The Scene of a Road Crash and other case studies Richard Seigne, Tony Smith Dominic Fleischer	Dermoscopy Part 1 (Repeated) Jim Muir	Fertility 101 GP's Fertility Toolbox - Sarah Wakeman Accessing Public Funded Fertility Treatment - Wayne Gillett Fertility Gynaecology in Your Rooms - Angela Beard Technology That You Can Access - Dean Morbeck Singles, Same Sex, Social Egg Freezing - Sarah Wakeman Discussion Panel (Fertility Associates)
1600-1630	Afternoon Tea and Exhibition		
1630-1830	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	ws #17	ws #18	ws #19
	Pre Hospital Care Forum (Repeated) What to do at The Scene of a Road Crash and other case studies Richard Seigne, Tony Smith Dominic Fleischer	Dermoscopy Part 2 (Repeated) Jim Muir	Fertility 101 (Repeated) GP's Fertility Toolbox - Sarah Wakeman Accessing Public Funded Fertility Treatment - Wayne Gillett Fertility Gynaecology in Your Rooms - Angela Beard Technology That You Can Access - Dean Morbeck Singles, Same Sex, Social Egg Freezing - Sarah Wakeman Discussion Panel (Fertility Associates)
1900-2330	Dinner own arrangements		

	0830-1030	Please note: workshop content is repeated,not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
		ws #4	ws #5	ws #6
		An Introduction to Clinical Hypnosis Pat McCarthy	Starting Insulin in Primary Care Insulin Intensification Strategies Managing Diabetic Complications Helen Lunt, Belinda Gordge	ALS Course - Level 7 The course covers and includes: • Pre-course reading 4-6 weeks in advance to help prepare for the test. • Basic Life Support • Advanced airway management (bag masking progressing to intubation) • AED and rhythm recognition • Adult and child collapse algorithms • Anaphylaxis management • A compulsory multi choice test and skills evaluation of airway management, defibrillation and some cardiac rhythms The total cost per person for the course covers, test paper, manual and certificate plus any re-sit exams required. This is a level 7 NZRC Approved (8 hrs) course, run by Jason Burns, Em-Med Training (New Zealand Resuscitation Instructor level 4-7, NZDA Approved instructor, Paediatric Advanced life support instructor). (8 hour course)
	1030-1100	Morning Tea and Exhibition		
	1100-1300	Please note: workshop content is repeated		
		ws #10	ws #11	
		An Introduction to Clinical Hypnosis (Repeated) Pat McCarthy	Starting Insulin in Primary Care Insulin Intensification Strategies Managing Diabetic Complications (Repeated) Helen Lunt, Belinda Gordge	
	1300-1400	Lunch and Exhibition		
	1400-1600	Please note: workshop content is repeated		
		ws #15	ws #16	
		Eating Disorders Medical Management of Eating Disorders Undwerstanding Eating Disorders Roger Morgan, Nicki Wilson EDANZ	Diabetes - Advanced Insulin Masterclass Helen Lunt, Belinda Gordge	
	1600-1630	Afternoon Tea and Exhibition		
	1630-1830	Please note: workshop content is repeated		
		ws #20	ws #21	
		Eating Disorders (Repeated) Medical Management of Eating Disorders Undwerstanding Eating Disorders Roger Morgan, Nicki Wilson EDANZ	Diabetes - Advanced Insulin Masterclass (Repeated) Helen Lunt, Belinda Gordge	
	1900-2330	Dinner own arrangements		

MAIN PROGRAMME

Friday 12th August

0700-0755	Breakfast Session: ACC Breakfast Session - Demystifying Mental Injury Speakers: Selena Dominguez, Kris Fernando				
0800-0805	Conference Opening and Welcome				
0805-0835	Is Technology Destroying the Art of Medicine?				
0835-0900	A Paradigm Shift in The Treatment of Advanced Melanoma				
0900-0925	Don't Bother Diagnosing Dementia- There's Nothing You Can Do and It Just Upsets People				
0925-0950	Why Does Asthma Still Kill?				
0950-1015	How to Purchase better, Innovative and Integrated Healthcare.				
1015-1030	Discussion				
1030-1100	Morning Tea and Exhibition				
1100-1300	NZMA What's Hot? The Future of General Practice.				
1100-1110	Welcome Address				
1110-1140	Sustainability of General Practice				
1140-1210	Disruptive Technology and the Future of General Practice				
1210-1240	Altruism: Dead or Alive				
1240-1300	Questions to the Panel				
1300-1400	Lunch and Exhibition				
1400-1600	Session on Waste of Medical Resources Chair: To be confirmed	or Concurrent Sessions			
1400-1420	Elimination of Waste Before Healthcare Rationing Des Gorman	ws #26 Managing Common Haematologic Problems in General Practice Emma McDonald	ws #27 Perinatal Anxiety and Stress: Practical Tools and Strategies for the Office Visit Liz MacDonald	ws #28 Managing Your Money David Caddie	
1420-1440	Waste Not Want Not Ian Scott				
1440-1500	Valuing The Patient's Time - A Unifying System-Wide Metric Carolyn Gullery				
1500-1520	Doing Right with Pharma Stephen Child				
1520-1540	How Patient Focused Medicine Promotes Efficiencies and Reduces Waste Peter Gendall	ws #36 Managing Common Haematologic Problems in General Practice (Repeated)	ws #37 Perinatal Anxiety and Stress: Practical Tools and Strategies for the Office Visit (Repeated)	ws #38 Managing Your Money (Repeated)	
1540-1600	Discussion Panel				
1600-1630	Afternoon Tea and Exhibition				
1630-1830	The COPD Patient Journey Chair: Rose Laing	or Concurrent Sessions			
1630-1650	Primary Care Perspective Fiona Blair-Heslop	ws #46 Risk/Returns on Investment in the New Low Interest Rate Enviroment Lance Dawber-Ashley	ws #47 The Short and The Tall Paul Hofman	ws #48 Current Management of Brain Bleeds and Tumours Eddie Mee	
1650-1710	Secondary Care Perspective Mike Epton				
1710-1730	Pulmonary Rehab Karen Willsman				
1730-1750	Endstage care Rachel Wiseman	ws #56 Risk/Returns on Investment in the New Low Interest Rate Enviroment (Repeated)	ws #57 The Short and The Tall (Repeated)	ws #58 Current Management of Brain Bleeds and Tumours (Repeated)	
1750-1810	The Patient Journey Pauline Mohi				
1810-1830	Discussion Panel				
1830-1930	MAS Welcome Cocktails				
1930-2100	Sanofi Symposium	Diabetes Xplained: The APP Your Patients Have Been Waiting For			

		Chair: Peter Robinson
	Kate Baddock, Chair GPC	Chair: Peter Chapman-Smith
	Leon Piterman	
	Chris Jackson	
	Matthew Croucher	
	Lutz Beckert	
	Des Gorman	

		Chair: Stephen Child
	Kate Baddock	
	Peter Moodie	
	Jonathan Simon	
	Stephen Child	

(55mins, 2:00pm-2:55pm repeated at 3:05pm)

ws #29	ws #30	ws #31	ws #32	ws #33
The Effect of Hearing Loss on Your Elderly Patients. Cochlear Implants? Karen Thomas	Virtual Outpatients in Dermatology Jim Muir	Case Studies in Mental Health Leon Piterman	Dysmenorrhea and Pelvic Pain Mike East	Assessment and Management of Dementia in Primary Care Mathew Croucher

(55mins, 3:05pm-4:00pm)

ws #39	ws #40	ws #41	ws #42	ws #43
The Effect of Hearing Loss on Your Elderly Patients. Cochlear Implants? (Repeated)	Virtual Outpatients in Dermatology (Repeated)	Case Studies in Mental Health (Repeated)	Dysmenorrhea and Pelvic Pain (Repeated)	Assessment and Management of Dementia in Primary Care (Repeated)

(55mins, 4:30pm-5:25pm repeated at 5:35pm)

ws #49	ws #50	ws #51	ws #52	ws #53
Somatiform Disorders Ian Scott	Topical Antiseptics, & Managing Cough in Primary Care Richard Everts	Essential Reporting and Prescribing For Pilots Claude Preitner	Paediatric Forum Colin Watt Mood disorders in adolescents Tony Walls Chronic cough in toddlers Spencer Beasley Undescended Testes Andrew Day How to diagnose Coeliac Disease Fiona Leighton Dealing with picky eaters Paul Shillito Fit, faints and funny turns Antony Bedgood The squint demystified Melanie Souter Cochlear implants and what can go wrong	Rheumatology Forum: Gout; Biologics; Stem Cells; Early Intervention in RA Bryan Betty, Peter Chapman-Smith, John Petrie, Lisa Stamp

(55mins, 5:35pm-6:30pm)

ws #59	ws #60	ws #61
Somatiform Disorders (Repeated)	Topical Antiseptics, & Managing Cough in Primary Care (Repeated)	Essential Reporting and Prescribing For Pilots (Repeated)

Rinki Murphy

MAIN PROGRAMME

Saturday 13th August

0700-0755	Abb Vie Breakfast: 1. Joining the Dots in Psoriatic Arthritis; 2. Reaching for a Cure for Hep C - Speaker 1. Daniel Ching, 2. Catherine Stedman				
0700-0755	GSK Breakfast: COPD - Treat the Patient, Not the Disease - Jim Reid				
0800-1030	Plenary Session on Neonatal Health Main Session Chair: Peter Chapman-Smith	or Concurrent Sessions			
0800-0810	Introduction Nicola Austin	ws #64	ws #65	ws #66	
0810-0830	Survival and Outcome Consequences of the Very Preterm Infant Nicola Austin	Tax Issues for Doctors Investing Clyde Young, Leicester Gouwland	Joint Injection Technique Sa Stamp	Vulval Disorders Olivia Smart	
0830-0850	Modern Management of Hypoxia in Neonates Nicola Austin				
0850-0910	Early Followup Post NICU in PreTermers Adrienne Lynn				
0910-0930	Endocrine and Metabolic Consequences of Being Born Preterm Paul Hofman	Repeated Sessions			
0930-0950	Mental Health Issues Kathryn Jenner	ws #74	ws #75	ws #76	
0950-1010	The Role of Childcare in Neonatal Development Peter Reynolds	Tax Issues for Doctors Investing	Joint Injection Techniques	Vulval Disorders	
1010-1030	Discussion	(Repeated)	(Repeated)	(Repeated)	
1030-1100	Morning Tea and Exhibition				
1100-1300	Main Session Chair: TBA	or Concurrent Sessions			
1100-1125	Art Autopsy and Anatomy - A History of the Brain from Galen to Rhoton Eddie Mee	ws #84	ws #85	ws #86	
1125-1150	Creating e Health Solutions for Effective Chronic Disease Management Leon Piterman	Everything You wanted to Know About Clinical Audit but Were Afraid to Ask Tim Stokes	Is your patient fit to fly? Claude Preitner	Differential Diagnosis Based on Classic Location - Where Does Psoriasis Fit In? Shan Edwards	
1150-1215	The Aging Brain, Neuroplasticity, and Cognitive Decline Grant Gillett	Repeated Sessions			
1215-1240	Management of Colorectal Cancer Chris Wakeman	ws #95	ws #96	ws #97	
1240-1300	Discussion	Everything You wanted to Know About Clinical Audit but Were Afraid to Ask (Repeated)	Is your patient fit to fly? (Repeated)	Differential Diagnosis Based on Classic Location - Where Does Psoriasis Fit In? (Repeated)	
1300-1400	Lunch and Exhibition				
1400-1600	Medical Students Forum Part 1 Chair: Stephen Child	or Concurrent Sessions			
1400-1420	Launching Professionals Stephen Child	ws #106	ws #107	ws #108	
1420-1440	A Career Path Towards General Practice Tim Stokes	Medicolegal Forum - Case Studies to Identify Risk Before Entering Damage Control Mode Gaeline Phipps, Peter Robinson, Pippa Mackay	Abnormal Vaginal Bleeding - including Mirena and Pipelle Richard Dover	Common Pubertal Variants – How to Distinguish From True Pathology Paul Hofman	
1440-1500	Pitfalls and Uses of Social Media in Medicine Mariam Parwaiz	Repeated Sessions			
1500-1520	Teaching Tomorrow's Rural Workforce in General Practice Branko Sijnja	ws #117	ws #118	ws #119	
1520-1540	How to Change the World - Leadership as a Medical Student Mike Fleete	Medicolegal Forum - Case Studies to Identify Risk Before Entering Damage Control Mode	Abnormal Vaginal Bleeding - including Mirena and Pipelle	Common pubertal variants – how to distinguish from true pathology	
1540-1600	Interactive Panel Q and A Session	(Repeated)	(Repeated)	(Repeated)	
1600-1630	Afternoon Tea and Exhibition				

						Chair: Peter Chapman-Smith
						Chair: TBA
(55mins, 08:30am-9:25am repeated at 9:35am)						
ws #67	ws #68	ws #69	ws #70	ws #71	ws #72	
Eating Your Way to A Baby	The Wonder Drug Exercise in COPD	The Dreaded Syphilis Strikes Again	Eye Essentials for GPs	Using Hypnosis for Relaxation	Controversies in Cardiovascular Disease	
Alison Pink	Lutz Beckert, Trish Coulter	Ed Coughlan	Jim Borthwick, Sean Every, Jo-Anne Pon, Rebecca Stack	Pat McCarthy	Gerry Devlin, Fraser Hamilton	
(55mins, 9:35am-10:30am)						
ws #77	ws #78	ws #79	ws #80	ws #81	ws #82	
Eating Your Way to A Baby	The Wonder Drug Exercise in COPD	The Dreaded Syphilis Strikes Again	Eye Essentials for GPs	Using Hypnosis for Relaxation	Controversies in Cardiovascular Disease	
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	
(55mins, 11:00am-11:55am repeated at 12:05pm)						
ws #87	ws #88	ws #89	ws #90	ws #91	ws #92	
Privacy and Confidentiality for Busy Practitioners	Valuing Your Business, and Ready To Sell	Understanding Macular Degeneration	The Infertile Couple	Understanding Spirometry	ACC Concussion Workshop	
Kathryn Dalziel	Clyde Young, Leicester Gouwland	Jim Borthwick	Janene Brown	Lutz Beckert, Maureen Swanney	Rob Campbell	
(55mins, 12:05pm-1:00pm)						
ws #98	ws #99	ws #100	ws #101	ws #102	ws #103	
Privacy and Confidentiality for Busy Practitioners	Valuing Your Business, and Ready To Sell	Understanding Macular Degeneration	The Infertile Couple	Understanding Spirometry	ACC Concussion Workshop	
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	
(55mins, 2:00pm-2:55pm repeated at 3:05pm)						
ws #109	ws #110	ws #111	ws #112	ws #113	ws #114	ws #115
Oral Anticoagulation in 2016	Your Personal Wealth Plan and How to Help Your Kids on the Right Path	Understanding Our Microbiome	Express Clinic on STDs	Lung Disease, Oxygen Therapy and Air Travel	Common Primary Care Problems in Patients on Cancer Treatments	Case Studies on GI Bleeding
Emma-Jane McDonald	Daniel Callaghan	Ben Harris	Maureen Coshall Ed Coughlan	Lutz Beckert	Chris Jackson	Chris Wakeman
(55mins, 3:00pm-3:55pm)						
ws #120	ws #121	ws #122	ws #123	ws #124	ws #125	ws #126
Oral Anticoagulation in 2016	Your Personal Wealth Plan and How to Help Your Kids on the Right Path	Understanding Our Microbiome	Express Clinic on STDs	Lung Disease, Oxygen Therapy and Air Travel	Common Primary Care Problems in Patients on Cancer Treatments	Case Studies on GI Bleeding
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

MAIN PROGRAMME

Saturday 13th August

1630-1900	Medical Student Forum Part 2 Chair: Ross Blair	or Concurrent Sessions			
1630-1650	Money Matters - Looking Beyond a Pile of Debt. Caroline Day	ws #128 Substance Impairment and Driving Margaret Stevenson-Wright	ws #129 Prescribing Beating the Blues Andy Whittington	ws #130 Which Patients With Interstitial Lung Disease Would You Treat? Lutz Beckert	
1650-1710	Negotiating Medicolegal Minefields Gaeline Phipps				
1710-1730	First Do No harm- Medical Student Wellbeing Vidit Singh				
1730-1750	Advocacy, Ethics and the Role of the NZMA – Why Join? Lesley Clarke				
1800-1900	Medicus Refreshments Session				
1900-2400	Conference Dinner	After Dinner “Confessions of a Tropical Medicine Doctor” Pat McCarthy			

MAIN PROGRAMME

Sunday 14th August

0730-0825	Oxford Women's Health Breakfast- The Pelvis in Pain- A Multidisciplinary Approach Julee Binns, Hannah Blakely, Ben Sharp, John Short, Sarah Widdows				
0830-1030	Plenary Session Chair: To be confirmed	or Concurrent Sessions			
		ws #139	ws #140	ws #141	
0830-0855	Genes - How far Have We Come, and Where Are We Heading? Dean Morbeck	Implementing Practice Portals Sanjeeewa Samaraweera	A Revolution in Reflux: Tackling the Therapeutic Gap Simon Bann	Recognising and Classifying Injuries - A Forensic View Jack Drummond	
0855-0920	Optimum Use of Antibiotics in General Practice Richard Everts				
0920-0945	Managing Late Blooming Teenagers Paul Hofman				
		ws #149	ws #150	ws #151	
0945-1010	Social Contagion Felicity Goodyear-Smith	Implementing Practice Portals	A Revolution in Reflux: Tackling the Therapeutic Gap	Recognising and Classifying Injuries - A Forensic View	
1010-1030	Discussion Panel	(Repeated)	(Repeated)	(Repeated)	
1030-1100	Morning Tea and Exhibition				
1100-1130	Difficult to Treat Depression				
1130-1200	End-of-Life Decision-Making in NZ				
1200-1230	Identifying Milestones in Severe COPD to Initiate End of Life Discussions				
1230-1300	Discussion				
1300	Conference Closes				

(60mins, not repeated)

	ws #131	ws #132	ws #133	ws #134	ws #135	ws #136	ws #137
	Adolescent and Young Adult Cancer Service Provision - Can We Do It Better?	Text2Remind version 4.0 - the latest	What's New Treating UTI's?	The Challenge of Rest Home Environments	Wound Infection - What You Need to Know	Improving Wellbeing	Optimising the tax structuring of your business
	Ruth Spearing, Gordon Beadel, Tristan Pettit, Kate Gardner	Kelleigh Embers	Richard Everts	Ben Harris	Catherine Hammond	Helen Rodenburg, Karen Evison	Kieran Hayes

MAIN PROGRAMME
Sunday 14th August

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Chair: John Short

(55mins, 8:30am-9:25am repeated at 9:35am)

	ws #142	ws #143	ws #144	ws #145	ws #146
	Peeling Back the Layers - The Pelvic Floor Uncovered	New Eating and Activity Guidelines for Adult New Zealanders	Glaucoma - The Silent Raider	Preparing for Acute Viral Outbreaks	Vulnerable Children
	John Short	Helen Gibbs	Allan Simpson	Lance Jennings	Sue Mackwell

(55mins, 9:35am-10:30am)

	ws #152	ws #153	ws #154	ws #155	ws #156
	Peeling Back the Layers - The Pelvic Floor Uncovered	New Eating and Activity Guidelines for Adult New Zealanders	Glaucoma - The Silent Raider	Preparing for Acute Viral Outbreaks	Vulnerable Children
	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

Leon Piterman

Chair: Peter Chapman-Smith

Grant Gillett

Lutz Beckert, Amanda Landers

PRACTICE MANAGERS PROGRAMME

Friday 12th August

0800-1830	Practice Managers Programme		Chair: Rachel McCallum
0700-0800	Registration and Coffee		
0800-0805	Welcome	Rachel McCallum	
0805-0845	Insurable Risks	Sue Cowey	
0845-0930	HR - Recruitment to Star Performer	Chris Wills	
0930-1030	Business and Financial Considerations for Practice Buildings and Expansion	Benjamin Badger , Andrew Hawkes	
1030-1100	Morning Tea and Exhibition		
1100-1300	NZMA Medicopolitical Session - Main Programme		
1300-1400	Lunch and Exhibition		
1400-1445	Privacy and Confidentiality: 5 Essential Help Tips	Katherine Dalziel	
1445-1530	Saving for Retirement- How Much is Enough?	Lance Dawber-Ashley	
1530-1600	Afternoon Tea and Exhibition		
1600-1630	Systems and Processes - Through the Patients' Eyes	Leicester Gouwland, Clyde Young	
1630-1700	How to Get The Best Out of Xero	Leicester Gouwland, Clyde Young	
1700-1730	A Refresher on Common Tax Issues	Leicester Gouwland, Clyde Young	
1730-1800	Discussion		
1830-1930	MAS Welcome Cocktail Function		

NURSES PROGRAMME

Saturday 13th August

0800-1030	Nurses General Session		Chair: Helen Homan
0830-0900	How to Prevent an Acute Wound Becoming Chronic	Catherine Hammond	
0900-0930	Infection Prevention and Control in Your Practice	Richard Everts	
0930-1000	Antibiotic Resistance	Ben Harris	
1000-1030	Q and A panel session		
1030-1100	Morning Tea and Exhibition		
1100-1130	Avoiding Iatrogenic Disability in Arthritis Patients	John Petrie	
1130-1200	Stem Cells for Osteoarthritis	Peter Chapman-Smith	
1200-1230	Healing Those Heartsink Leg Ulcers	Peter Chapman-Smith	
1230-1300	Discussion		
1300-1400	Lunch and Exhibition		
1400-1430	Controversies in Cardiovascular Disease	Fraser Hamilton	
1430-1500	Talking Nutrition - What to do in 5 Minutes	Helen Gibbs	
1500-1530	Infant Feeding & Allergy - How to advise parents	Clare Doocey	
1530-1600	Discussion		
1600-1630	Afternoon Tea and Exhibition		
1630-1700	Everything You Need to Know About Eyedrops	Allan Simpson	
1700-1730	When Straight Lines Appear Bent	Jim Borthwick	
1730-1745	Discussion		
1900-2400	Conference Dinner - After Dinner "Confessions of a Tropical Medicine Doctor"	Pat McCarthy	

New Zealand Ski Deals

skiexpress

Ski Mt Hutt - Canterbury

Mt Hutt
canterbury new zealand



from
\$649
pp*

5 Nights Mt Hutt Winter Magic

With NZ's best natural snowfall and the longest vertical, Mt Hutt will put magic back into your winter!

Includes:

- › 6 days car rental including snow chains and basic insurance
- › 5 night's at selected accommodation - BONUS includes 1 night FREE
- › 3 day Mt Hutt lift pass

Itinerary:

Day 1: Arrive Christchurch airport, pick up rental car & drive to Methven (75 mins)
Day 2 to 3: Ski or snowboard Mt Hutt
Day 4: Explore the region of Methven
Day 5: Ski or snowboard Mt Hutt
Day 6: Depart Methven, return rental car to Christchurch airport

Add:

- › 1 x group ski or snowboard lesson from \$69 per adult
- › 3 days skis, boots & poles, or snowboard and boot hire from \$140 per adult
- › Extra day's Mt Hutt lift pass from \$89 per adult

Accommodation Type		Per Person*
Abisko Lodge	Twin or Double	from \$649*
Ski Time Lodge & Apartments	Twin or Double	from \$699*
Ski Time Lodge & Apartments 2 Bedroom Villa	Quad Share	from \$699*

Queenstown Ski Deals

remarkables
Queenstown - New Zealand

CORONET peak
Queenstown - New Zealand

QUEENSTOWN
superpass



from
\$459
pp*

5 Nights Queenstown Snow Hit

Just long enough to get your snow fix and create some Queenstown adventures!

Includes:

- › Return airport & mountain transfers OR 6 days car rental with snow chains and basic insurance
- › 5 night's Queenstown accommodation - BONUS includes 1 night FREE
- › 2 day Queenstown Superpass (The Remarkables or Coronet Peak)

	Base Backpackers Twin Share from	Copthorne Hotel Lakefront Superior Room Twin Share from	Oaks Shores Quad Share 2 Bdrm Courtyard Apt from	Oaks Shores Family Share 2 Bdrm Courtyard Apt per family from
Including Car	\$479 pp^	\$695pp^	\$669pp^	\$2,499^
Including Transfers	\$459 pp*	\$675 pp*	\$659 pp*	\$2,459*



from
\$749
pp*

7 Nights Conquer Queenstown

A week in Queenstown that you will remember for a lifetime, and will leave you wanting more!

Includes:

- › Return airport & mountain transfers OR 8 days car rental with 1 day FREE + FREE snow chains + basic insurance
- › 7 night's Queenstown accommodation - BONUS includes 1 night FREE
- › 5 day Queenstown lift pass (The Remarkables or Coronet Peak) - BONUS includes 1 day FREE

Add:

An extra day Queenstown lift pass from \$50 adult \$25 child
5 days ski jacket and pants hire from \$182 adult \$131 child
5 days ski or snowboard hire from \$208 adult \$172 child

	Base Backpackers Twin Share from	Copthorne Hotel Lakefront Superior Room Twin Share from	Oaks Shores Quad Share 2 Bdrm Courtyard Apt from	Oaks Shores Family Share 2 Bdrm Courtyard Apt per family from
Including Car	\$749 pp^	\$1,069pp^	\$1,045pp^	\$3,829^
Including Transfers	\$829 pp*	\$1,139 pp*	\$1,125 pp*	\$4,059*

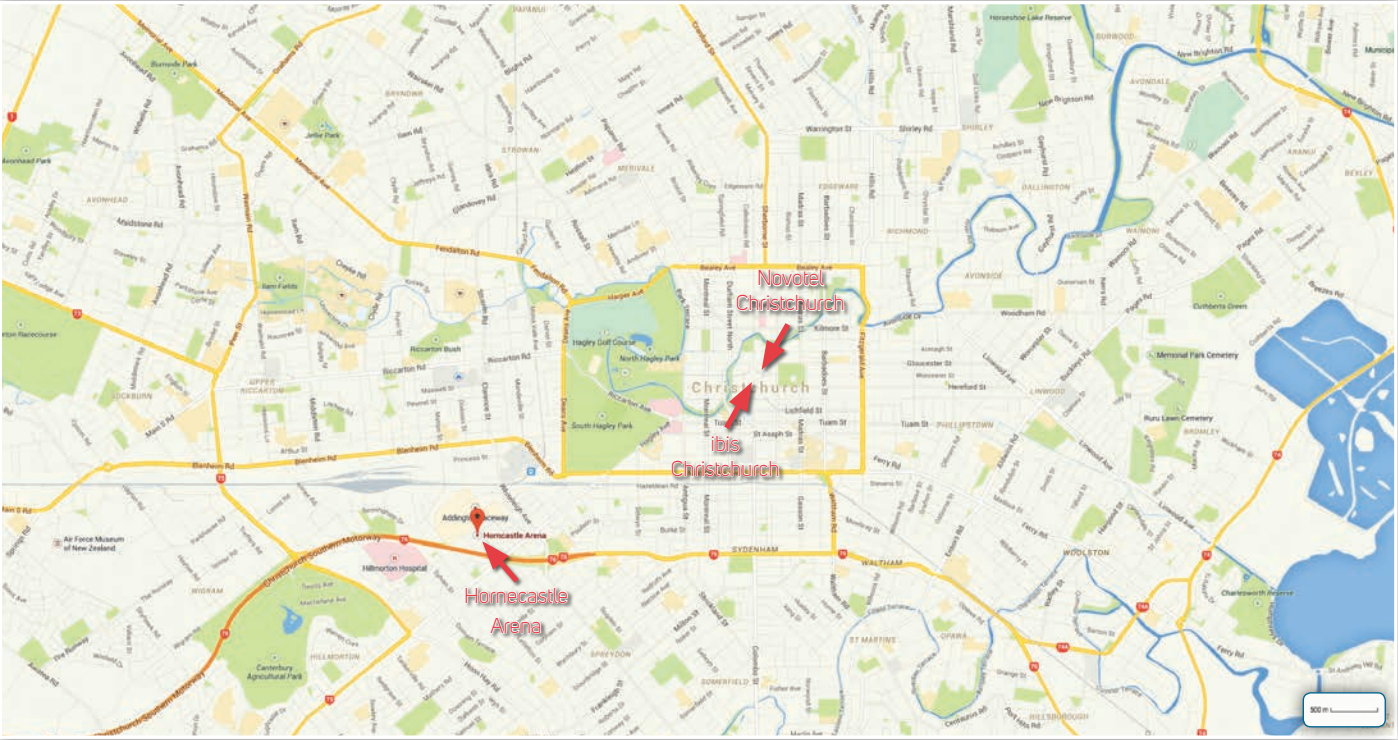
**Contact us for any New Zealand
travel or ski deals!**

Australia: 1300 315 208
NZ: 0800 650 333
www.skiexpress.com.au

skiexpress

*SKI CONDITIONS: Valid for sale to 31st March 2016 and valid for travel 04 Jul - 31 Aug 2016. Ski Products included in all packages are non-refundable. Ski conditions and season length vary from year to year. ^Car Rental Inclusions: Twin Share prices are based on an ACE Rental Cars Group C - Nissan Tiida or similar (auto). Quad share and Family prices are based on an ACE Rental Cars Group E 4wd Subaru Station Wagon or similar (auto). Vehicle insurance excess conditions apply. Please enquire for full details. Booking Code: ANZBEST0216

CHRISTCHURCH MAP



Bus Transfer

A bus transfer will operate between Scenic Hotel Southern Cross and the Horncastle Arena at the following times:

Friday 12 August	
6:30am for 6:45am departure.....	Novotel/IBIS to Horncastle Arena ACC Breakfast
8:00am for 8:15am departure.....	Novotel/IBIS to Horncastle Arena Plenary Sessions Begin
6:30pm for 6:45pm departure	Horncastle Arena to Novotel/iBIS Plenary Sessions End
7:30pm for 7:45pm departure	Horncastle Arena to Novotel/iBIS MAS Cocktails Ends

Saturday 13 August	
7:45am for 8:00am departure.....	Novotel/IBIS to Horncastle Arena Plenary Sessions Begin
5:30pm for 5:45pm departure.....	Horncastle Arena to Novotel/IBIS Plenary Sessions End

Sunday 14 August	
8:00am for 8:15am departure.....	Novotel/IBIS to Horncastle Arena Plenary Sessions Begin

Shuttle Service

A shuttle service will operate between Novotel/iBIS and Horncastle Arena as follows:
Shuttle service runs on the half hour from Novotel/iBIS and on the hour from Horncastle Arena between the venues:

Friday:	Starting at 8:30am	Novotel/IBIS - 5pm Horncastle Arena
Saturday:	Starting at 8:30am	Novotel/IBIS - 5pm Horncastle Arena
Sunday:	Starting at 8:30am	Novotel/IBIS - 1pm Horncastle Arena

Depart Novotel/IBIS on 30 minutes past the hour. Depart Horncastle Arena on the hour during the hours noted above.

NOTE: Please check shuttle service times onsite as schedule may change.

ACCOMMODATION

Block bookings at negotiated rates have been made at Novotel and Ibis Hotels in Christchurch. Please book your accommodation on the enclosed registration form. Registration and accommodation should be made before 10 July 2016 as hotel rooms are not guaranteed after this date.



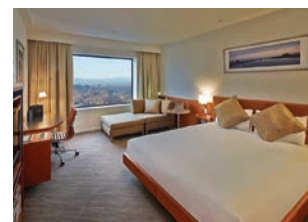
NOVOTEL CHRISTCHURCH

52 Cathedral Square, Christchurch 8011
Phone: 03 372 2111

Novotel Christchurch Cathedral Square is a modern hotel tower with up to date connectivity and services, in contemporary style with all the facilities you would expect from a 4+ star hotel. As well as being perfectly located in the heart of Cathedral Square, the hotel is central to the developing business district, shopping precincts and entertainment options.

Novotel Christchurch Cathedral Square is a premium, landmark hotel and is only minutes away from main attractions including Cathedral Square, Cashel Street Re:START Mall, Christchurch Art Gallery, Canterbury Museum, Botanical Gardens, Hagley Park and is only 30 minutes from Christchurch International Airport.

A stunning hotel for both business and leisure travelers, Novotel Christchurch Cathedral Square offers contemporary guest rooms; each peaceful space designed for natural living. With work desk and high speed wireless internet; every modern convenience is on hand for your wellbeing. The hotel offers 24-hour reception, i-Mac station, concierge, valet car parking, fitness centre, conference facilities and a restaurant & bar with 24-hour room service



Superior Room NZD \$ 205.00



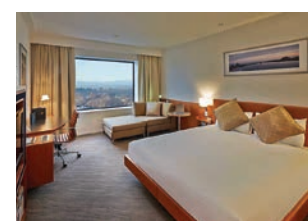
IBIS CHRISTCHURCH

107 Hereford Street, Christchurch 8011
Phone: 03 367 8666

ibis Christchurch is located adjacent to the new shopping heart of Christchurch, Cashel Mall. The Re:START shopping precinct is the new vibrant heart of the city, featuring many new designer shops and modern cafes.

ibis Hotel Christchurch is very close to the famous Cathedral Square, the historic heart of the city providing easy access to the outer lying attractions and the airport.

The ibis features 155 contemporary rooms with broadband internet access, a flat-screen TV with Sky Channels, a work desk and an ensuite bathroom. The Hotel also offers 24-hour reception, i-Mac station, car parking, guest laundry, a meeting room and a restaurant & bar with 24-hour food service.



Standard Room NZD \$ 155.00



HORNCASTLE ARENA

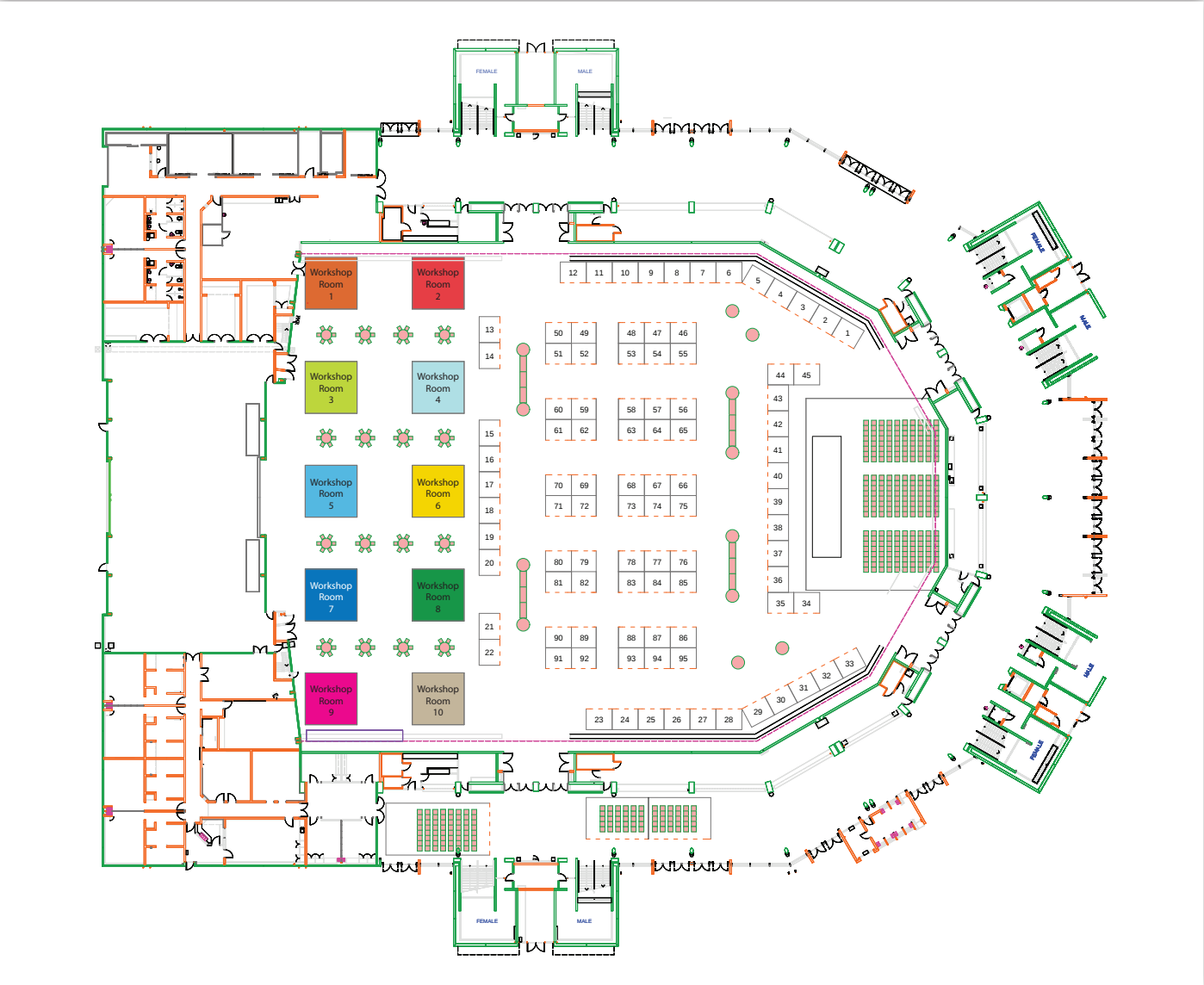
55 Jack Hinton Drive
Addington, Christchurch

Located in the Addington business precinct and just ten minutes from both Christchurch CBD and airport sits Horncastle Arena - the South Island's largest indoor arena.

Horncastle Arena is one of the New Zealand's largest purpose-built indoor venues.

A versatile venue hosting many international events, artists, exhibitions and gala dinners.

MAIN CONFERENCE LAYOUT - Horncastle Arena



Horncastle Arena

Your professional association

Welcome to the SOUTH GPCME 2016!

The New Zealand Medical Association is proud to represent and advocate for its GP members and their vital role in the primary care of all New Zealanders.



Advocacy

The NZMA is a strong advocate for issues affecting GPs and General Practice, including training programmes, funding, integration between primary and secondary care, after-hours service provision, and the development and implementation of health policy.

Representation

The NZMA General Practitioner Council (GPC) represents the interests of our GP members across a wide range of issues and comprises elected members. The NZMA is a member of the General Practice Leaders' Forum along with fellow GP organisations.

Support

The NZMA represents 600 general practices in the PHC MECA negotiations. NZMA members have free access to the NZMA advisory service, which provides advice on a variety of issues from employment, staff issues and running a practice to health and safety and doctor's wellbeing.

Your support allows us to do more to benefit you. Come and see us at Stand 1 for information on how you can benefit yourself and your profession by becoming a member.

Join us today.

www.nzma.org.nz
0800 65 61 61
nzma@nzma.org.nz



Download Your Mobile App Now!

<https://crowd.cc/southgpcme2016>



You can also scan this code with a QR Reader on your device.

SOUTH GP CME 2016 REGISTRATION FORM

11-14 August 2016 | Horncastle Arena | Christchurch | www.gpcme.co.nz/south

PERSONAL DETAILS

Title: Miss / Mrs / Ms / Mr / RN / Dr / Prof / Assoc Prof

First Name: _____ Surname: _____

Phone Bus: _____

Company / Clinic Name: _____

Fax: _____

Clinic location: City/Town _____

Mobile: _____

Preferred Contact Address: Street _____

Medical Council No: _____

Suburb _____ Country _____

RNZCGP No: _____

(Email required for registration confirmation) City/Town _____ Post Code _____

Special requests: (ie dietary requests, disabilities, etc) _____

Email: _____

☐ Yes, I would like to receive email updates regarding products and special offers from attending industry exhibitors

Additional Attendees: Title, First Name, Last Name _____

CANCELLATION POLICY: Cancellations can only be received in writing, and incur a loss of 50% of registration fees within 21 days of the conference commencing. Later cancellations forfeit registration fees paid. Any other refunds are at the discretion of the organisers.

PRIVACY: The contact information supplied on the registration form will be distributed to the attending industry sponsors. Please tick this box if you do not wish to be included on this list. ☐

REGISTRATION FEES (GST Inclusive - NZD)

Delegate NZMA Members (Fri-Sun) \$745 \$ _____

Delegate Non-Member (Fri-Sun) \$895 \$ _____

Less early bird discount if booked before 31 May 2016 Deduct \$100.00

GPEP1 Registrar (Fri-Sun) \$295 \$ _____

GPEP2 Registrar (Fri-Sun) \$425 \$ _____

Student (Fri-Sun) \$135 \$ _____

Exhibitor \$345 \$ _____

Practice Manager All ☐ or Friday only ☐ \$185 \$ _____

Practice Nurse All ☐ or Saturday only ☐ \$135 \$ _____

Spouse (non medical) \$135 \$ _____

Or Daily Registration

Friday \$400 ☐ Saturday \$400 ☐ Sunday \$250 ☐ \$ _____

Late Registration Fee if booked after Friday 01 July \$50.00

Optional Registration

Friday - ACC Breakfast Session No. \$ No Fee

Friday - MAS Cocktail Function No. \$ No Fee

Friday - Sanofi Symposium No. \$ No Fee

Saturday - AbbVie Breakfast Session No. \$ No Fee

Saturday - GSK Breakfast Session No. \$ No Fee

Saturday - Conference Dinner No. @ \$95 \$ _____

Sunday - Oxford Womens Breakfast Session No. \$ No Fee

TOTAL REGISTRATION FEE (TOTAL A) \$ _____

PRE-CONFERENCE WORKSHOPS - Thursday

NZMA Member Thursday \$375 \$ _____

Non Member Thursday \$475 \$ _____

Basic & Advanced Surgical \$695 \$ _____

Nurse Thursday \$135 \$ _____

Level 7 NZRC Course (Includes Manual) \$510 \$ _____

TOTAL PRE-CONFERENCE WORKSHOP FEE (TOTAL B) \$ _____

Please indicate your preferred workshop option **number** for each time slot.

Content is repeated not part 1 and 2 unless otherwise stated.

8:30am 11:00am 2:00pm 4:30pm

EMERGENCY RESUSCITATION FOR GPs (Level 5)

I wish to attend the Initial Course @ \$250 or Refresher Course @ \$210 per person

☐ Initial or ☐ Refresher - ☐ Fri ☐ Sat

EMERGENCY RESUSCITATION FEE (TOTAL C) \$ _____

CONCURRENT WORKSHOP OPTIONS

Please indicate your preferred workshop option **number** for each time slot. Please note numbers are restricted with spaces allocated when registration received. Tickets required for entry.

Fri 2:00pm 3:00pm 4:30pm 5:30pm

Sat 8:30am 9:30am 11:00am 12:00pm

Sat 2:00pm 3:00pm 4:30pm

Sun 8:30am 9:30am

ACCOMMODATION AVAILABLE

Arrival Date _____ August - Departure Date _____ August

Special Requirements/ Comments _____

Novotel Christchurch (45 mins walk - shuttle service provided)

Superior Room (1-2 people) _____ nights x \$205 \$ _____

Superior King Room (1-2 people) _____ nights x \$250 \$ _____

IBIS Christchurch (45 mins walk - shuttle service provided)

Standard Room (1-2 people) _____ nights x \$155 \$ _____

TOTAL ACCOMMODATION FEE (TOTAL D) \$ _____

A+B+C+D = TOTAL ENCLOSED (GST Inc) \$ _____

PAYMENT DETAILS GST Tax Invoice Number 95-598-579

I authorise Conference Matters to charge my Visa/Mastercard as detailed below, with the amount of \$ _____

Card Number: _____

Card expiry date ____/____/____ Date ____/____/____

Print Cardholder's Name _____

Cardholder's Signature _____

☐ Cheque: \$ _____ (NZD) payable to: Conference Matters.

☐ Direct Credit 03-0498-0809412-00 Ref: Surname STHGPCME

Return this form to Conference Matters, Fax +64 (0)9 437 4089 or post to PO Box 1661, Whangarei, New Zealand

All Enquiries to Leon +64 (0)21 164 3815 or leon@conferencematters.co.nz

FreePost Authority Number 215519



Conference Matters Ltd
PO Box 1661
Whangarei 0140
NEW ZEALAND