

COULD YOU HAVE HEPATITIS C?

Hepatitis C (Hep C) is passed by blood to blood contact.

You can have Hep C and not know it.

You can live with Hep C for many years before you start feeling sick. Sometimes you just **feel very, very tired**.

Other symptoms include **nausea, abdominal pain, muscle aches or jaundice**.



Take a simple blood test if you have any of these risk factors.

- **Tattooing or body piercing** with equipment that has not been sterilised
- Received a **blood transfusion prior to 1992**
- **Ever taken drugs** through needles or the nose – even once?
- Ever had **jaundice or abnormal liver function?**
- Ever lived in or received health care in a **high risk region**[^]
- From a **mother or other household member** with Hep C
- **Ever been in prison?**



If left untreated, Hep C can lead to cirrhosis (severe liver scarring), liver failure or liver cancer. Talk to your doctor about getting tested.

TREATMENT CAN CURE* HEP C.

^{*}Cure means that the Hep C virus is not found in the blood 3 months after the end of treatment.

[^]Eastern Europe, the Middle East, North Africa, Western and Central Sub-Saharan Africa, Central Asia and the Indian subcontinent.

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