



Dr John Ashton

Lung Cancer Patient Ambassador
Lung Foundation New Zealand

Saturday, June 10, 2017

14:35 - 14:50 From Diagnosis into Remission

Supported by:



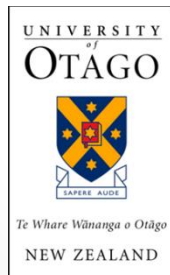
Lung Cancer

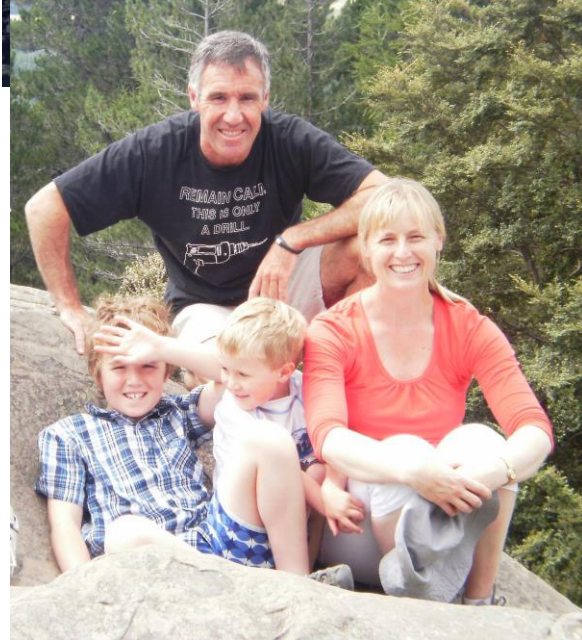
A Patient Perspective from Diagnosis into Remission

John C. Ashton

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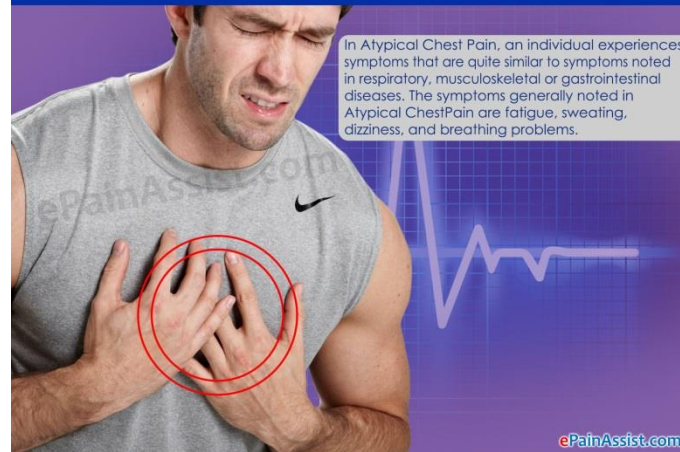






What Can Cause Atypical Chest Pain?

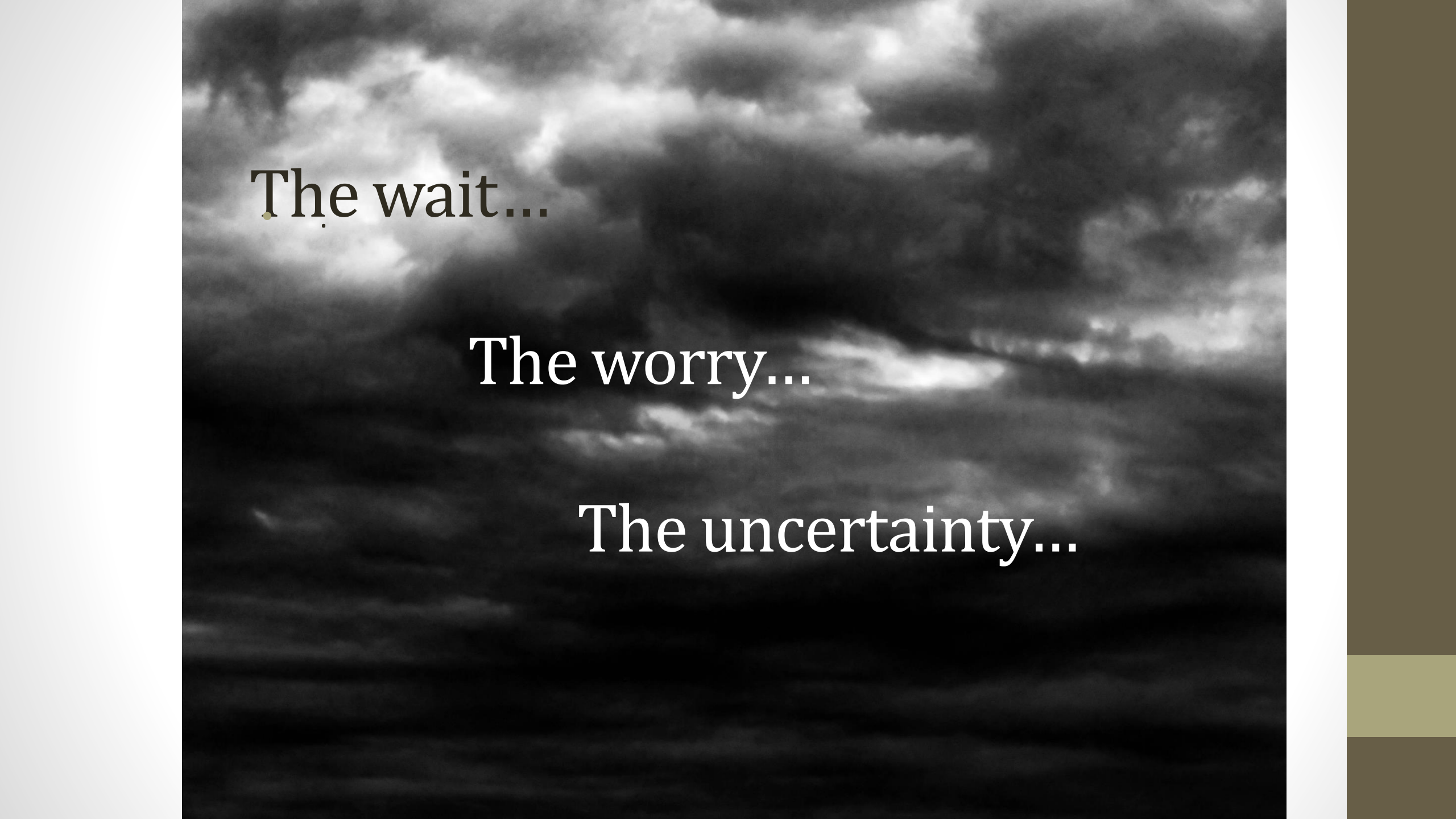
In Atypical Chest Pain, an individual experiences symptoms that are quite similar to symptoms noted in respiratory, musculoskeletal or gastrointestinal diseases. The symptoms generally noted in Atypical Chest Pain are fatigue, sweating, dizziness, and breathing problems.



ePainAssist.com



July 2013



The wait...

The worry...

The uncertainty...





Last hopes...

chemotherapy....

Staying active



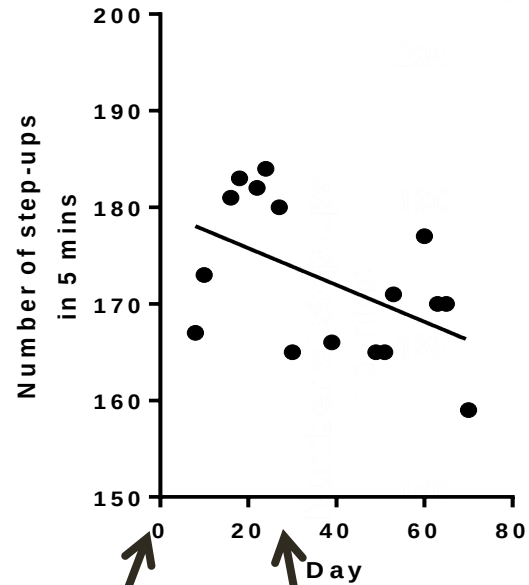
“High tech” exercise equipment



Chest pain walking → Brisk walks without discomfort → Long bike rides and kayaking

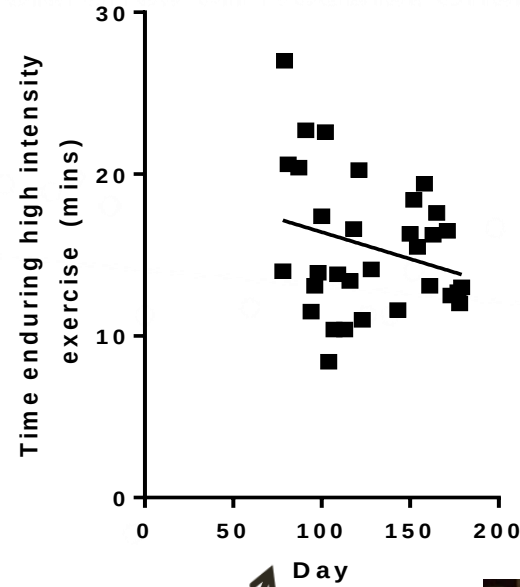
Staying active during chemo

Exercise and Quality of Life in Doublet Chemotherapy



Cancer Diagnosis

Begin Doublet
Chemotherapy



Begin Docetaxel





A glimmer
of hope...





Seeking treatment...

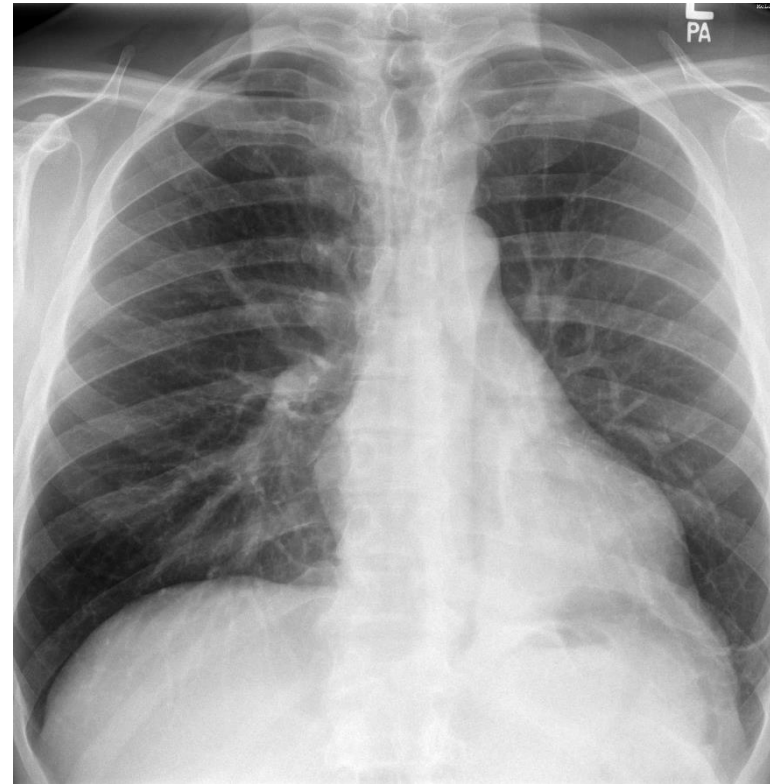
A dramatic landscape photograph capturing a sunset or sunrise. The sky is filled with large, dark, and textured clouds. A brilliant, golden-yellow sun is partially obscured by these clouds, creating a powerful light source. Numerous sunbeams, or crepuscular rays, fan out from the sun's position, cutting through the darker clouds and illuminating the scene below. The lower half of the image shows a dark, silhouetted landscape, likely a body of water or a distant shore, with some faint lights visible on the horizon. The overall mood is one of awe and hope.

Finding crizotinib...remission...

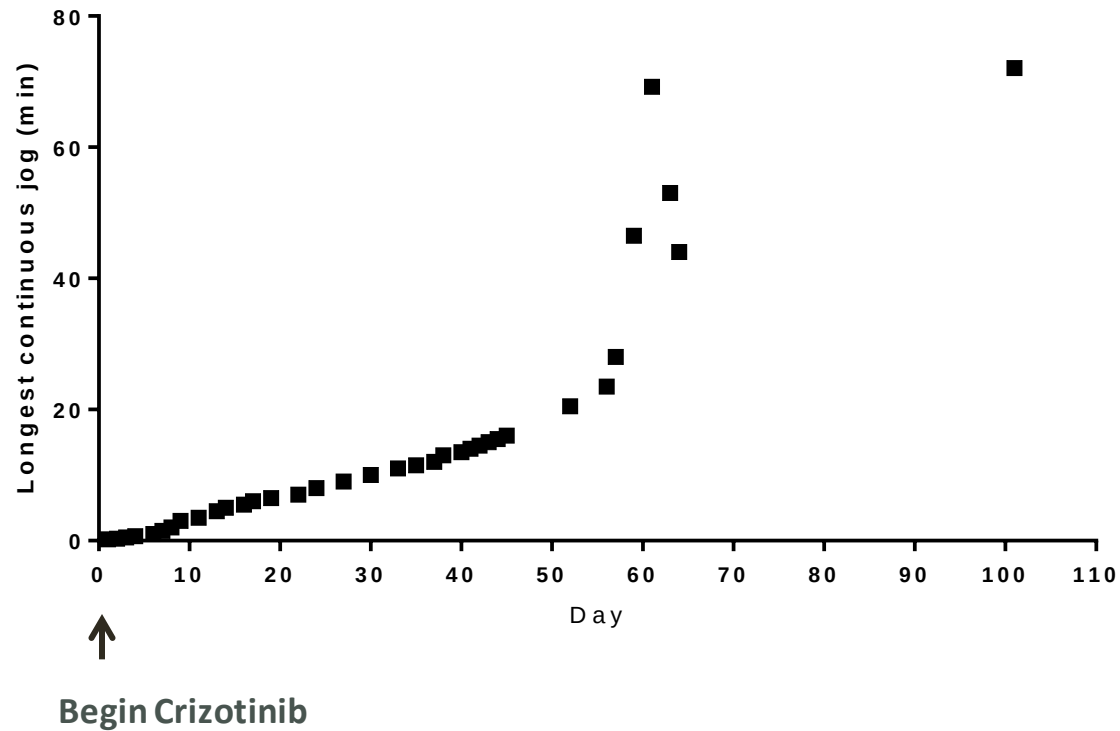
Before Crizotinib



After Crizotinib



Getting fit again



Life on Crizotinib



Impact

- It's not “just” about the patient...
 - Wife, children, family, friends, work...



Why am I (still) here?

- The cancer was detected before it spread from my chest
- Dedicated doctors
- *Opportunity to access a very new drug*

- End

