



The Early Years Last Forever

Whakamana te Tamaiti

This fresh, engaging and interactive programme is designed specifically for professionals working with children; it provides recent research on child brain development from multiple disciplines.



Introductory Seminar:

1.5 – 2 hours \$340

Half Day Seminar:

3 – 3.5 hours \$600

Tailored and full day seminars available upon request. Friday evening and weekend rates apply.

Enquire or make a booking

Email: bookings@brainwave.org.nz



Loving, responsive care from when they are very young provides a strong basis for children to grow and flourish.

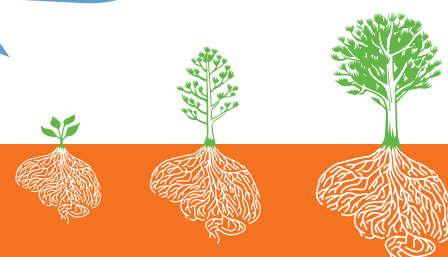
Programme Overview

A child's brain grows more in their first few years than it will at any other time in their life; we understand that early experiences can help set up strong or fragile foundations for later learning, behaviour and health.

This programme aims to build knowledge and understanding of the importance of early experiences and their influence on brain development. It gives professionals the confidence to reflect on this knowledge and then apply it to their practice as appropriate.

"Could listened all day. Valuable subject and I've so much to learn. Definitely interested in doing more education with Brainwave"
Social Worker

"A unique aspect of Brainwave's work is how they bring public awareness to the importance of a child's first three years. In this, they are the New Zealand benchmark ... it is this consciousness raising that is culture changing and this is one of the things Brainwave Trust excels at."
Dave Owens, Founder of Great Fathers





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Topics that may be included*

- **Brain growth and development**, including the complex interplay between genetics, environment and early experiences. Learn how early experiences shape **brain architecture** and influence children's development.
- Loving relationships and **secure attachments** help build healthy brains. Learn how a person's ability to understand language, solve problems, get along with others, and much, much more, is influenced by the adults caring for them, from when they are young.
- All **stress** is not created equal – Explore differences between tolerable, toxic and positive stress. Learn how stress can influence the way our brains wire up and affect children's lives.
- Research has identified a number of **risk factors** occurring both before and after birth. These include exposure to natural disaster, family conflict, violence, maltreatment, poverty, parental depression, exposure to alcohol and other drugs. Understand the possible impact on brain development and children's outcomes.
- Learn about **protective factors** and what adults can do to support healthy child development? This can include the role of touch, the importance of play, why babies need social interaction, the importance of fathers, breast feeding, and the development of resilience.

* You have the option to tailor the content to suit your organisation. 2 hour sessions will not allow the time to include all topics.

Nationwide Educators

Brainwave Trust has knowledgeable and skilled Educators available to provide seminars and workshops throughout Aotearoa* for professionals who care for young children.

Find one near you at www.brainwave.org.nz/educators.

* Educators can be requested to travel (travel costs apply).