



Dr Stephanie Moor

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Saturday, August 13, 2016

(Plenary)

9:50 - 10:10 Mental Health Issues

Mental Health in children born preterm



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University of Otago, Christchurch

<https://www.zerotothree.org/resources/529-baby-brain-map>

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 PROFESSIONAL RESOURCE

Baby Brain Map

Mar 17, 2016

The Brain Map was adapted in 2006 by ZERO TO THREE from BrainWonders, a collaborative project (1998-2001) between Boston University School of Medicine, Erikson Institute and ZERO TO THREE.

Baby Brain Map

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Click on an area of the brain.

Answer

Select age: Prenatal Development ▼

How does the structure
of experience weave its
way into the structure
of the developing
brain?

Preterm Birth

- 'preterm behavioural phenotype' characterized by inattention, anxiety and social difficulties
- Gestational age related gradient for emotional and behavioural problems in childhood
- Adolescents born preterm have 3-4x increased rates of psychiatric disorder compared with term born
- Life span increased risk of major psychiatric disorder

WHAT IS
EXECUTIVE
FUNCTION?





From school teacher

- We have a wee fellow in Year 5 who I am worried about. He is from a close family with active parents.
- I noticed at school camp he was worried about things he didn't need to stress over – such as some children hadn't collected their bags yet. I mentioned this to dad and he said he is constantly worried and on edge.
- The best way they found to sort this was to keep him really busy – then he didn't stress so much.
- Lately we have seen some behaviours at school especially around relationships and interactions with others.





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NDIS
> National Disability Insurance Scheme
How does the NDIS help families raising kids with disability?
Find out about access, intervention, services and much more.

Latest updates

- ▶ Men's feelings in early pregnancy: not into it?
- ▶ Dads and work-life balance: putting work into perspective
- ▶ Dads: money, budgets and providing for your family
- ▶ Moods and morning sickness: a guide for men
- ▶ Thinking about being a dad in pregnancy
- ▶ Pregnancy: where do men fit in?
- ▶ Men: your reactions to pregnancy



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My Neighbourhood

Find parenting resources in your area, like child care, kid-friendly spots and child health services.

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NEWBORNS TO BABIES

Crying checklist

It can be hard to think when your baby is crying. Checking for these common causes can help.



NEWBORNS TO GROWN-UPS

Tired signs

When you can spot tired signs in children, you can get them to sleep more easily.



TODDLERS TO SCHOOL AGE

17 behaviour tips

No more tantrums! This video shows how to get good behaviour from your child – most of the time.



PRE-TEENS TO TEENS

Social & emotional changes

Adolescence is a time of big social and emotional changes. Here's what to expect.

http://raisingchildren.net.au/

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Talking to Teens interactive guide

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Baby Cues

Baby Karaoke

Birth Choices

Cry Baby

Grow and Learn Together

Talking to Teens

Home Safety

Make a Book



An interactive guide



Rule breaking



Disrespectful behaviour



Raising a difficult issue



Staying connected

Talking to Teens shows some tricky parent and teen situations and explores how different approaches to communicating with teenagers can get different results