

Health in Adolescents/Adolescence

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Child? Youth? Adult?



***RECOGNISE* the issues for youth**

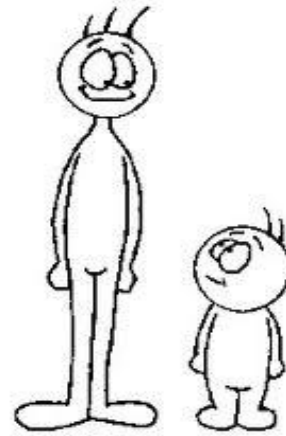
Compared with other age groups young people have high rates of:

- AOD use and abuse
- mental illness
- suicide and suicide attempts
- stis

Consider.....

HOW do they think?

Concrete or abstract?



What is their AGE and STAGE of development?

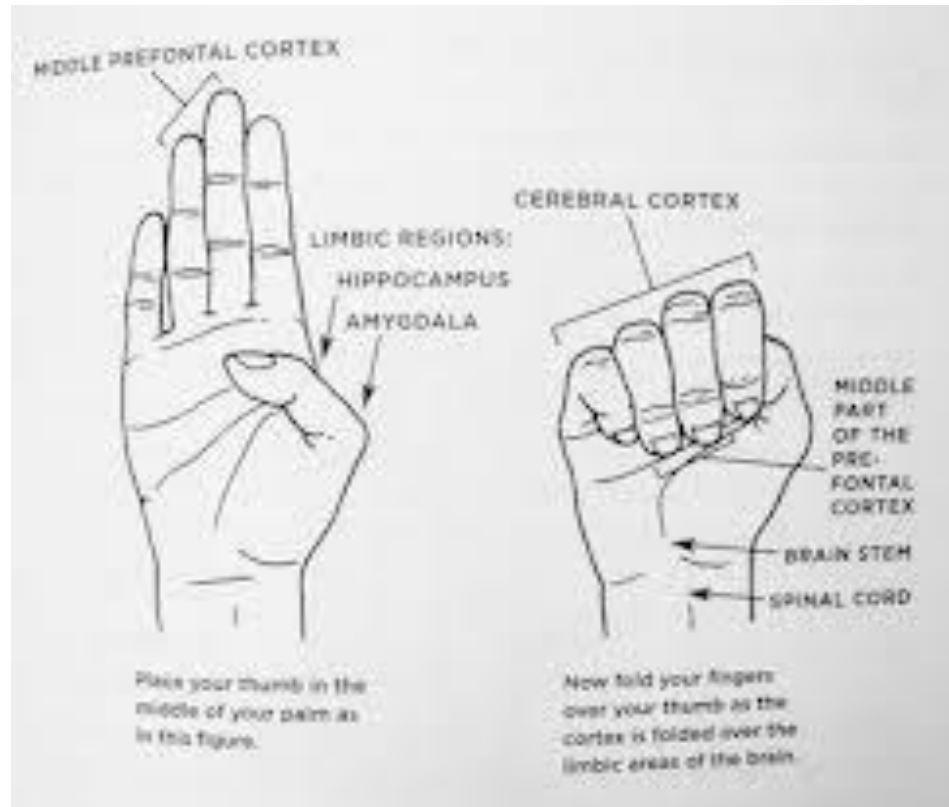
Does it match?

Parenting style?

Authoritarian, Permissive, Neglectful, Authoritative



Neuroscience



Dr Daniel Siegel, Clinical Professor of Psychiatry
UCLA School of Medicine, Executive Director of the Mindsight Institute



....if you don't ask...they won't tell.... (Blum)



***....they don't care what you say
until they know
you care about what they say....***