

Lipids

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Issues for discussion

- Primary prevention*

New meta analysis suggests that in individuals with 5-year risk of major c-v events <10%, each 1mmol/L reduction in LDL chol produced an absolute reduction of major vasc events of 11/1000 over 5 years. Benefit greatly exceeds any known hazards of statin therapy. Guidelines currently do not reflect these findings and need to be reconsidered.

- Metabolic syndrome
- HDL
- Triglycerides
- Statin-intolerant patients

*Ref: CTT Collaborators Meta analysis of 27 Trials; Lancet Online; May 17, 2012