



NZMA
New Zealand Medical Association

South GP CME

General Practice Conference
& Medical Exhibition



HORNCastle ARENA | CHRISTCHURCH

13-16 AUGUST 2020

You are invited to attend the 11th South GPCME meeting to be held at the Horncastle Arena in Christchurch in August 2020. This medical conference provides broad medical update and practical take home information to improve your patient management immediately. This is complemented by a large exhibition from industry to inform what is new on the pharmaceutical and supply of equipment, texts and available IT solutions, all while gaining sufficient CPD points to satisfy our College of GPs and Medical Council requirements.

Christchurch is a great central location, with renowned southern hospitality, and attractive leisure or visitor options. GPs from throughout NZ attend the South Island event, taking the opportunity to revisit old university haunts, to check out family at the southern universities, or en route to the ski fields in Central Otago. Hotel accommodation is available at group discounted pricing. Complimentary breakfast at the conference venue and evening dinner sessions are provided with a plethora of prominent speakers on widely variant topics.

Practice nurses and practice managers are essential members of general practice teams, with their own dedicated sessions on the Saturday, but able to attend the entire meeting. We are grateful for the many presenters who give of their time to assist this growing meeting so well. The strength of the academic programme is the key with many concurrent practical workshops throughout. Presentations are available to delegates for 3 months post conference on the internet for review.

Registration fees cater for trainees and practice colleagues and spouses, kept at a low level thanks to the generous support of industry, especially Boehringer Ingelheim.

The stress of busy practices with ever increasing consultation rates dictates you deserve a break. We welcome you back for another great event in 2020, with numerous workshops and quality plenary presenters. One lucky punter will win the annual travel prize, courtesy of the conference committee, for some real quality time out.

Feedback is utilised in constructing the following year's programme, and your suggestions for desired topics or speakers are acted on. Thank you for your ongoing support too.

The New Zealand Medical Association supports this meeting strongly and our thanks to Lesley, Kate and their team for their assistance.

Kind regards,



Academic Convenor

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Conference Organiser

Conference Matters

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South GP CME 2020 has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to 31 credits CME for the General Practice Educational Programme (GPEP) Years 2 and 3 and Continuing Professional Development (CPD) purposes.

ACLS Level 7 = 12 CME credits

ACLS Level 5 = 4 CME Credits



The professional sessions of this conference are endorsed by PSNZ ENHANCE, as suitable to be included as part of a pharmacist's CPD for group 1 learning and pharmacists may allocate group 1 points for each session attended. Accreditation # 2020/O1

PLATINUM SPONSOR



**Boehringer
Ingelheim**

SPEAKERS

A

Mr Shahrukh Abdali
Assoc Prof Simon Adamson
Dr John Alchin
Prof Shanthi Ameratunga
Prof Bruce Arroll
Mr Steve August

B

Dr Kate Baddock
Ms Sheryl Banks
Dr Alex Bartle
Prof Richard Beasley
Dr Bryan Betty
Dr Katherine Black
Mr James Blake
Dr Chris Boberg
Dr David Bratt
Mr Daniel Brooks
Ms Karen Brown
Mr Rab Burtun

C

Dr Rona Carroll
Ms Sharon Cassidy
Ms Mary-Rose Cavanagh
Dr Cheng Yee Chan
Dr Andrew Cho
Rt Hon David Clark
Dr David Codyre
Dr Tim Cookson
Assoc Prof Kirsten Coppell
Dr Rob Corbett
Dr Ed Coughlan
Prof Peter Crampton
Dr Nic Crook
Dr Siobhan Cross

D

Ms Kathryn Dalziel
Mr Lance Dawber-Ashley
Dr Danny De Lore
Miss Patrice Dennis
Dr Amanda Dixon-McIver
Dr Michelle Downie
Dr Michael Drane

E

Dr Simon Edmonds
Assoc Prof John Elliott
Dr Sean Every

F

Prof Michael Fenech
Dr Mairi Clare Ferguson
Dr James Fingleton
Dr Siale Foliaki
Ms Kim Fuller

G

Mr Nikhil Ghatlyan
Ms Sharyn Gannon
Julie Anne Genter
Dr Kristin Good
Ms Trish Gledhill

H

Dr Bob Hancox
Dr David Hepburn
Ms Kathryn Hellyer
Dr Niranjala Hewapathirana
Ms Anastasia Hildred
Assoc Prof Karen Hoare
Dr Kuang-Chih Hsiao
Dr Blake Hsu
Dr Alistair Humphrey
Dr Hardeep Hundal
Prof David Hunter

J

Dr Dylan James
Ms Natalie Jamieson
Ms Kate Jepsen
Dr Ben Johnston
Ms Brittany Jones
Dr Stuart Jones
Dr Michelle Jospe

K

Dr Martin Keefe
Dr Gary Kilov
Dr Samantha King
Mr Ashley Koning
Ms Sarah Kull

L

Ms Prudence Lennox
Dr Min Lo

M

Dr Kerry Macaskill-Smith
Dr Andrew MacGill
Ms Jenny Marcroft
Mr John McConnell
Dr Orma McGinn
Prof Peter McIntyre
Dr Alastair McLean
Ms Mary McLean
Dr Krys Milburn
Dr Tom Middelburg
Ms Susan Miller
Dr John Molloy
Mr Malcolm Morrison
Dr Gabrielle Moss
Dr Sam Mostafa

O

Assoc Prof Amanda Oakley
Dr Lucy O'Hagan
Mr Sean O'Sullivan
Dr Jeannie Oliphant

P

Assoc Prof Philip Pattemore
Ms Chrissie Patterson
Dr Nicky Perkins
Dr Andelka Phillips
RN Daryl Pollock
Dr Adam Pomerleau
Dr David Porter

R

Dr Tony Rahman
Mr Andrew Reynolds
Ms Wendy Risdon
Prof Stephen Robertson
Dr Logan Robinson
Dr John Robson
Mr Chris Ross
Dr Gordon Royle
Prof Julia Rucklidge

S

Mr Sanjeeva Samaraweera
Ms Jackie Sartorius
Ms Bonnie Scarth
Prof Russell Scott
Dr John Short
Dr Allan Simpson
Dr Gajendra Singh
Dr Branko Sijinja
Mr Andrew Slater
Ms Anna Smith
Assoc Prof Barry Snow
Ms Liz Sommer
Dr Rebecca Stack
Assoc Prof Catherine Stedman
Dr Matthew Strack
Dr Heidi Su
Ms Caro Swanson

T

Ms Bronny Trewin
Ms Karen Thomas

V

Prof Mark Vickers

W

Dr Chris Wakeman
Dr Ian Wallbridge
Assoc Prof Ben Wheeler
Dr Jan White
Assoc Prof Siouxsie Wiles
Mrs Chelsea Willmott
Dr Annie Wong
Mr Michael Woodhouse

Y

Ms Jane Young
Dr Heather Young

CONFERENCE CONTENT

Pre-Conference Workshops

Thursday 13 August 2020, Horncastle Arena, Christchurch

To provide further practical updates, there is an optional pre-conference workshop day covering a broad range of hands-on topics, including an option to register for Basic and Advanced Surgical skills training.

Please note topics are repeated content, not part 1 and 2.

Some workshops have a limit on the numbers that can attend. Book early to avoid disappointment as some workshops will book out.

Main Conference

Friday 14 - Sunday 16 August 2020, Horncastle Arena, Christchurch

Due to the popularity of the meeting, further workshop options have been added to the Saturday programme.

All GPs, Practice Nurses, Practice Managers, GP Registrars and Students are welcome to attend.

Practice Managers Programme

Friday 14 August 2020, Horncastle Arena, Christchurch

A dedicated Practice Managers programme has been developed to ensure all areas of General Practice interest are covered for this national conference. All Practice Managers are invited to attend and are welcome to attend any other sessions of interest.

Practice Nurses Programme

Saturday 15 August 2020, Horncastle Arena, Christchurch

A dedicated Practice Nurses programme will run concurrently with the main conference on Saturday. Practice Nurses are encouraged to register for the entire conference and are welcome to attend all sessions.

Welcome Function

Friday 14 August 2020, Horncastle Arena, Christchurch

6:30pm-7:30pm, Exhibition Area

Unwind after a busy first day with drinks and canapés in the Exhibition area. A chance to catch up with colleagues and meet other delegates and industry.

Resuscitation Courses for GPs

"CORE Skills" without exam (Previously Refresher Level 5)

This is an NZRC CORE Skills course (previously Level 5 Refresher non-assessed). Approved (4 hrs) course run by Jason Burns (NZRC Instructor CORE Advanced & Immediate, NZDA Approved Instructor, RNZCGP Endorsed Instructor, Royal New Zealand College of Urgent Care instructor)

Course Times:

Friday 14 August, from 8:30am-1:00pm

Friday 14 August, from 2:00pm-6:30pm

Cost: \$230

"CORE Advanced" with exam (Previously Level 5 / 6 / 7 with exam)

Course duration for Resuscitation CORE ADVANCED is a minimum of 8 hours with expected pre-reading preparation time of at least 3 weeks prior.

Course Times:

Thursday 13 August, from 8:30am – 6:30pm

Cost: \$530

INDUSTRY EXHIBITION

A trade exhibition will be held in the Exhibition Hall and will be an integral part of the meeting. The welcome reception, morning and afternoon refreshments and lunches will be served in the exhibition area.

Exhibition attendees includes:

- AbbVie
- AFT Pharmaceuticals
- Aspen Pharmacare
- AstraZeneca
- Bayer New Zealand
- Boehringer Ingelheim
- Bowel Cancer New Zealand
- Cannasouth
- Centre for Advanced Medicine
- Dilworth Hearing
- EBOS Healthcare
- Edensleep New Zealand
- Goodfellow Unit
- Green Cross Health Medical Solutions
- GSK
- LEO Pharma
- Macular Degeneration New Zealand
- Medical Protection Society
- Medora
- Mylan
- Neilmed Pharmaceuticals
- New Zealand Doctor
- Novartis
- NZMA
- Pacific Edge Diagnostic Ltd
- Pacific Radiology
- Radiant Health Limited
- Sanofi
- Seqirus
- Southern Cross Health Society
- Tamaki Health
- ZOOM Pharmacy

PRE-CONFERENCE COURSES

Thursday 13th August

(Fee applies) Horncastle Arena, 55 Jack Hinton Drive, Addington, Christchurch

0830-1030	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
	ws #1	ws #2	ws #3
	Skin Cancer Surgical Basic Skills Rebecca Stack, Dylan James, Jane Young, Natalie Jamieson 	Diabetes - Basic Rab Burtun, Niranjala Hewapathirana 	Managing Mental Health in Primary Care Part 1 Trish Gledhill, Lynley Byrne 
1030-1100	Morning Tea		
1100-1300	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	ws #8	ws #9	ws #10
	Skin Cancer Surgical Advanced Skills Rebecca Stack, Dylan James, Jane Young, Natalie Jamieson 	Diabetes - Advanced Insulin Masterclass (Repeated) Rab Burtun, Niranjala Hewapathirana 	Managing Mental Health in Primary Care Part 2 Ashley Koning, Caro Swanson 
1300-1400	Lunch		
1400-1600	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	ws #14	ws #15	ws #16
	Dermoscopy Part 1 Amanda Oakley 	Diabetes - Basic (Repeated) Rab Burtun, Niranjala Hewapathirana 	Contraception, LARC Insertion, and Menstrual Challenges Orna McGinn Maximum 30 delegates 
1600-1630	Afternoon		
1630-1830	Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise.		
	ws #20	ws #21	ws #22
	Dermoscopy Part 2 Amanda Oakley 	Diabetes - Advanced Insulin Masterclass (Repeated) Rab Burtun, Niranjala Hewapathirana 	Contraception, LARC Insertion, and Menstrual Challenges Orna McGinn Maximum 30 delegates 
1900-2330	Dinner own arrangements		

		Please note: workshop content is repeated, not part 1 and 2 unless stated otherwise. Some workshops have a maximum number of attendees.		
	0830-1030	ws #4	ws #5	ws #6
		Musculoskeletal Workshop 1 Cervicothoracic Pain History, Movement Patterning, Breathing/Myofascial Pain Patterns Ian Wallbridge, Steve August, Gajendra Singh	FACT - Focussed Acceptance and Committment Therapy Bruce Arroll, Chelsea Willmott	NZRC CORE Advanced "With Exam / Assessment" (8 hours including written exam) - \$530 (includes ACLS Manual) This course has been endorsed by The Royal New Zealand College of General Practitioners and has been approved for 12 CME credits for maintenance of Professional Standards MOPS purposes. This course requires pre-reading of the NZRC Resuscitation – "A Guide for Advanced Rescuers" manual in order to successfully complete the NZRC written test. The recommended pre-reading time is 3 weeks prior. We recommend you order the manual at the time of registration with Conference Matters (may be obtained online through Conference Matters or directly online through the NZRC website) The course covers and includes: • (Pre-course reading purchased by yourself - in advance to prepare for the written test) • Basic Life Support (Adult, child and baby including choking) • Advanced airway management (single and double person bag masking, guedel airway insertion, LMA's insertion) • A chance to practice Intubation (not assessed now in Advanced) • AED and rhythm recognition • Adult and child collapse algorithms • Anaphylaxis management • Scenario based training including adult and child • A compulsory multi choice test and skills evaluation of airway management, safety using a defibrillator and cardiac rhythms • This is a NZRC CORE Advanced course (previously Level 7) Approved (8 hrs) course run by Jason Burns (NZRC Instructor CORE Advanced & Immediate, NZDA Approved Instructor, RNZCGP Endorsed Instructor, Royal New Zealand College of Urgent Care instructor). • Attendees will be registered nurses, medical practitioners or people who have the skills contained in the course as part of their scope of practice. It is expected that students will already have the skills and knowledge required for Resuscitation. • Course duration for Resuscitation CORE ADVANCED is a minimum of 8 hours with expected pre-reading preparation time of at least 4 hours. • You are expected to access resources at your disposal. • Examples of suitable texts may include: • PRIME course material on resuscitation • NZRC Resuscitation – "A Guide for Advanced Rescuers" manual in order to successfully complete the NZRC written test. The recommended pre-reading time is 3 weeks prior.
	1030-1100	Morning Tea		
	1100-1300	Please note: workshop content is repeated		
		ws #11	ws #12	
		Musculoskeletal Workshop 2 Cervicothoracic Pain Self care, Alignment Stability, & Stress Ian Wallbridge, Steve August, Gajendra Singh	Art Therapy - Creative Engagement Playful and Practical How to Provide Immediate Support for Parents and Children after Sexual Assault Emma Watkins	
	1300-1400	Lunch		
	1400-1600	Please note: workshop content is repeated		
		ws #17	ws #18	
		Musculoskeletal Workshop 3 Cervicothoracic Pain Putting it Together, Ergonomics, Self Management and PCRFN Ian Wallbridge, Steve August, Gajendra Singh	Lifecourse Science and Applied Coaching Skills Part 1 Mary-Rose Cavanagh, Mark Vickers	
	1600-1630	Afternoon Tea		
	1630-1830	Please note: workshop content is repeated		
		ws #23	ws #24	
		Musculoskeletal Workshop 4 Cervicothoracic Pain Thoracic Spine and Ribcage iHunch Clinical Tests and Treatment Ian Wallbridge, Steve August, Gajendra Singh	Lifecourse Science and Applied Coaching Skills Part 2 Mary-Rose Cavanagh, Mark Vickers	
	1900-2330	Dinner own arrangements		

MAIN PROGRAMME

Friday 14th August

0700-0755	Breakfast Session - Key Conversations with GP's in 2020			
0800-0805	Welcome and Conference Opening			
0800-0805	Welcome and Conference Opening			
0805-0830	Christchurch Memorial Oration: Dr Margaret Cruickshank			
0830-0850	Nutrition and It's Influence on the Genome and the Epigenome			
0850-0910	What's Hot in Diabetes?			
0910-0930	Immune Neurology and More			
0930-0950	The New Zealand Health and Disability System Review - Where to From Here?			
0950-1010	Topic to be confirmed			
1010-1030	Panel Discussion			
1030-1100	Morning Tea and Exhibition			
1100-1300	NZMA Election 2020 Political Debate - Your profession, Your views, Your issues			
1100-1110	Welcome NZMA Chairperson			
1110-1130	Minister of Health			
1130-1150	National Health Spokesperson			
1150-1210	Green Health Spokesperson			
1210-1230	NZ First Health Spokesperson			
1230-1300	Panel Discussion			
1300-1400	Lunch and Exhibition			
1400-1600	Plenary Session: Addressing Inequities in HealthCare Chair: Bruce Arroll	or Concurrent Sessions		
1400-1425	The Waitangi Tribunal Kaupapa Inquiry into Health: Implications for Primary Care - Peter Crampton	WS #26 Nutrition Forum: (Not Repeated) Michael Fenech, Kirsten Coppell, Ben Wheeler, Michelle Jospe, Andrew Reynolds Chair: William Ferguson	WS #27 Structural Heart Interventions - From Transcatheter Implantation to Hole Closures Krys Milburn	WS #28 Managing Common Physical Causes of Chest Pain Steve August
1425-1450	Gout and the Shadows of Inequity Bruce Arroll		Repeated Sessions	
1450-1515	In Our Arms We Have Many Ways: a Migrant Perspective on Health Inequities - Shanathi Ameratunga		WS #37 Structural Heart Interventions - From Transcatheter Implantation to Hole Closures (Repeated)	WS #38 Managing Common Physical Causes of Chest Pain (Repeated)
1515-1545	Beyond Binary: General Practice as Leaders in Reducing Inequity - Alastair McLean, Danny De Lore			
1545-1600	Discussion			
1600-1630	Afternoon Tea and Exhibition			
1630-1830	Plenary Session: Sexual Health Chair: Vanessa Weenick	or Concurrent Sessions		
1630-1650	Syphilis - Where Are We At? Ed Coughlan, Daniel Brooks	WS #46 Coughing in Children - When Does it Matter? Philip Pattermore	WS #47 Around the World in 60 Minutes - Investment Outlook Shahrukh Abdali, John McConnell	WS #48 Digital Health and Practice Portals Sanjeeewa Samaraweera
1650-1710	PrEP - Where Are We At? Ed Coughlan, Daniel Brooks		Repeated Sessions	
1710-1730	Transgender Healthcare Guidelines for Aotearoa - How to Prescribe Hormones and More - Jeannie Oliphant		WS #56 Coughing in Children - When Does it Matter? (Repeated)	WS #57 Around the World in 60 Minutes - Investment Outlook (Repeated)
1730-1750	STI's are not Sexy! Heather Young			WS #58 Digital Health and Practice Portals (Repeated)
1750-1810	Vaginal Discharge – All You Need to Know Heather Young			
1810-1830	Discussion			
1830-1930	Welcome Function	Exhibition		

		Speaker: John Robson
		Chair: Peter Chapman-Smith
	GPC Chair: Vanessa Weenink	
	Branko Sijnja	
	Michael Fenech	
	Russell Scott	
	Barry Snow	
	Peter Crampton	
	Siouxsie Wiles	

		Chair: Kate Baddock
	Kate Baddock	
	David Clark	
	Michael Woodhouse	
	Julie Anne Genter	
	Jenny Marcroft	

(55mins, 2:00pm-2:55pm repeated at 3:05pm)

WS #29	WS #30	WS #31	WS #32	WS #33	WS #34
Medtech User Group	Comprehensive Sexual Healthcare for Gay and Bi Men	Case Studies in Managing Diabetes	Micronutrients as a Treatment for Psychiatric Disorders: Rethinking our Current Paradigm	Neurology Potpourri - Case Studies	End of Life Care and Intellectual Disability
Chrissie Patterson	Ed Coughlan, Daniel Brooks	Russell Scott	Julia Rucklidge	Barry Snow	Prudence Lennox, Kim Fuller

(55mins, 3:05pm-4:00pm)

WS #39	WS #40	WS #41	WS #42	WS #43	WS #44
Medtech User Group	Comprehensive Sexual Healthcare for Gay and Bi Men	Case Studies in Managing Diabetes	Micronutrients as a Treatment for Psychiatric Disorders: Rethinking our Current Paradigm	Neurology Potpourri - Case Studies	End of Life Care and Intellectual Disability
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

(55mins, 4:30pm-5:25pm repeated at 5:35pm)

WS #49	WS #50	WS #51	WS #52	WS #53	WS #54
Pharmacogenomics - Taking the Guesswork Out of Prescribing	How Effective Governance Can Improve Clinic Profitability	Becoming Your Inner Coach: a Grounded Approach to Challenging Careers	Depression in Primary Care: Talk First Prescribe Later	Your Supporting Role For Young People's Ongoing Medical Care After Cancer Treatment	Mental Health Forum (Not Repeated)
Sam Mostafa, Kerry Macaskill-Smith	Anastasia Hildred, Malcolm Morrison	Shanthi Ameratunga	Bruce Arroll	Rob Corbett	Trish Gledhill, Ashley Koning, Caro Swanson

(55mins, 5:35pm-6:30pm)

WS #59	WS #60	WS #61	WS #62	WS #63
Pharmacogenomics - Taking the Guesswork Out of Prescribing	How Effective Governance Can Improve Clinic Profitability	Becoming Your Inner Coach: a Grounded Approach to Challenging Careers	Depression in Primary Care: Talk First Prescribe Later	Your Supporting Role For Young People's Ongoing Medical Care After Cancer Treatment
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

0700-0755	AbbVie Breakfast Session: Update on Hidradenitis Suppurativa - Amanda Oakley					
0700-0755	Novartis Breakfast Session: Heart Failure – What a General Practitioner Needs to Know in 2020 - Richard Troughton					
0830-1030	Plenary Session: Haematology and Thrombembolism Chair: Graeme Whittaker	or Concurrent Sessions				
0830-0850	Update on Thrombosis Gordon Royle	ws #65 Eye Forum: Sean Every (Chair) Rebecca Stack, Logan Robinson, Allan Simpson (Not Repeated)	ws #66 Cardiology Case Studies Krys Milburn	ws #67 Perinatal Anxiety & Depression Rona Carroll	ws #68 Understanding Risk Assessment in Clinical Conditions – Beyond the “She’ll Be Right!” Eminence-based Medicine Michael Drane, Hardeep Hundal	
0850-0910	Managing VTE in the Community Daryl Pollock		Repeated Sessions			
0910-0930	Cancer - Associated Thrombosis Tony Rahman		ws #76 Cardiology Case Studies (Repeated)	ws #77 Perinatal Anxiety & Depression (Repeated)	ws #78 Understanding Risk Assessment in Clinical Conditions – Beyond the “She’ll Be Right!” Eminence-based Medicine (Repeated)	
0930-0950	21st Century Treatment of Childhood Leukaemia Siobhan Cross					
0950-1010	Key Points on Haematology for GPs Blake Hsu					
1010-1030	Panel Discussion					
1030-1100	Morning Tea and Exhibition					
1100-1300	AstraZeneca Plenary Session: Respiratory Chair: Buzz Burrell	ws #85 Genomics Forum Michael Fenech, Stephen Robertson, Kerry Macaskill-Smith, Anelka Phillips, Brittany Jones, Sam Mostafa Chair: William Ferguson (Not Repeated)	or Concurrent Sessions			
1100-1125	Anti-Inflammatory Reliever Therapy Richard Beasley		ws #86 Proctology for GPs Chris Wakeman	ws #87 Team Turmoils – Pitfalls and Pleasures of Working in a Team Tim Cookson, Samantha King		
1125-1150	Marijuana and the Lung Bob Hancox		Repeated Sessions			
1150-1215	Optimal Management of COPD Stuart Jones		ws #96 Proctology for GPs (Repeated)	ws #97 Team Turmoils – Pitfalls and Pleasures of Working in a Team (Repeated)		
1215-1240	Treatable Traits - One Step Closer to Personalised Medicine James Fingleton					
1240-1300	Panel Discussion					
1300-1400	Lunch and Exhibition					
1400-1600	novonordisk Plenary Session: Diabetes Chair: Michelle Downie	ws #105 Pain Management Forum: John Alchin, Bronny Trewin (Not Repeated)	or Concurrent Sessions			
1400-1415	Introduction to Diabetes Management Issues in 2020 Michelle Downie		ws #106 The Pros and Cons of a Nurse Practitioner in Your Practice Chelsea Willmott, Bruce Arroll	ws #107 Gender Affirming Healthcare for Transgender Clients Jeannie Oliphant	ws #108 Investigating Anaemia in Children Siobhan Cross	
1415-1430	The Glycaemic Tetrad Gary Kilov		Repeated Sessions			
1430-1445	Options and Practical Support for Intensifying Insulin Bryan Betty		ws #116 The Pros and Cons of a Nurse Practitioner in Your Practice (Repeated)	ws #117 Gender Affirming Healthcare for Transgender Clients (Repeated)	ws #118 Investigating Anaemia in Children (Repeated)	
1445-1500	New Technologies in Diabetes Gary Kilov					
1500-1530	Case Studies in Diabetes Michelle Downie					
1500-1600	Panel Discussion					
1600-1630	Afternoon Tea and Exhibition					

						Chair: To be confirmed	
						Chair: To be confirmed	
(55mins, 08:30am-9:25am repeated at 9:35am)							
	WS #69	WS #70	WS #71	WS #72	WS #73	WS #74	
	Reducing Inequity - Practical Skills for Working Alongside the Underserved Alastair McLean, Danny De Lore	How to Prescribe Exercise Tony Page	What You Need to Know About Interventional Treatment for IHD James Blake	4 Fatal Health Conditions Affecting People with Intellectual Disability Prudence Lennox, Lynley Kerr, Kim Fuller	Examination of Perpheral Joints  David Porter	Better Questions – Empower, Engage and Motivate Your Patients Lindsay Tighe, Timothy Chen	
(55mins, 9:35am-10:30am)							
	WS #79	WS #80	WS #81	WS #82	WS #83	WS #84	
	Reducing Inequity - Practical Skills for Working Alongside the Underserved (Repeated)	How to Prescribe Exercise (Repeated)	What You Need to Know About Interventional Treatment for IHD (Repeated)	4 Fatal Health Conditions Affecting People with Intellectual Disability (Repeated)	Examination of Perpheral Joints  (Repeated)	Better Questions – Empower, Engage and Motivate Your Patients (Repeated)	
(55mins, 11:00am-11:55am repeated at 12:05pm)							
	WS #88	WS #89	WS #90	WS #91	WS #92	WS #93	WS #94
	HPV and Head and Neck Caneer Andrew Cho	The Latest Tips and Updates on Vaccines for Whole of Life and Travel Anna Smith, Peter McIntyre	Insomnia Management in General Practice Alex Bartle	Calves - The Core of so Many Problems Steve August	What's News on Privacy and Medical Competency? Kathryn Dalziel	Your Part in the Primary Prevention of Heart Disease John Elliott	Managing Skin Cancer (supported Melnet/Molemap) Chris Boberg , Amanda Oakley, Jody Jordan, Andy MacGill
(55mins, 12:05pm-1:00pm)							
	WS #98	WS #99	WS #100	WS #101	WS #102	WS #103	WS #104
	HPV and Head and Neck Caneer (Repeated)	The Latest Tips and Updates on Vaccines for Whole of Life and Travel (Repeated)	Insomnia Management in General Practice (Repeated)	Calves - The Core of so Many Problems (Repeated)	What's News on Privacy and Medical Competency? (Repeated)	Your Part in the Primary Prevention of Heart Disease (Repeated)	Managing Skin Cancer (supported Melnet/Molemap) (Repeated)
(55mins, 2:00pm-2:55pm repeated at 3:05pm)							
	WS #109	WS #110	WS #111	WS #112		WS #114	WS #115
	How to Manage Aortic Valve Disease James Blake	Obstructive Sleep Apnea in Children Philip Pattemore	The Brave New World of Incontinence and Pelvic Organ Prolapse John Short	Challenging Case Studies on Thrombosis Gordon Royle, Tony Rahman		Retirement Planning - The Prognosis for a Medical Practitioner Shahrukh Abdali, John McConnell,	DNA Technologies in General Practice Amanda Dixon-McIver, CY Chan
(55mins, 3:05pm-4:00pm)							
	WS #119	WS #120	WS #121	WS #122		WS #124	WS #125
	How to Manage Aortic Valve Disease (Repeated)	Obstructive Sleep Apnea in Children (Repeated)	The Brave New World of Incontinence and Pelvic Organ Prolapse (Repeated)	Challenging Case Studies on Thrombosis (Repeated)	 (Repeated)	Retirement Planning - The Prognosis for a Medical Practitioner (Repeated)	DNA Technologies in General Practice (Repeated)

MAIN PROGRAMME

Saturday 15th August

1630-1830	Plenary Session: Professional Digital and Telehealth Chair: Sanjeewa Samaraweera		or Concurrent Sessions		
1630-1650	Virtual Support - International Best Practice Simon Adamson	ws #126 Dermatology Forum: Matthew Strack, Martin Keefe, David Hepburn, Mairi Clare Ferguson, Amanda Oakley, Tom Middelburg (Not Repeated)	ws #127	ws #128	
1650-1710	Virtual/Digital Clinical Safety and Systems Kristin Good		Family and Sexual Violence What Should I Do?	Sudden Sensorineural Hearing Loss	
1710-1730	Mental Health and Addictions - Using Digital to Improve Access and Equity - David Codyre		Gabrielle Moss	Karen Thomas	
1730-1745	GP Practice Virtualisation, including Case Studies Siale Foliaki		Repeated Sessions		
1745-1800	Phone Triaging and Virtual Management of People with Complex Health Concerns - Sharryn Gannon		ws #137	ws #138	
1800-1815	How Do We as a System Innovate, Inside Out Disruption Andrew Slater		Family and Sexual Violence What Should I Do?	Sudden Sensorineural Hearing Loss	
1815-1830	Panel Discussion		(Repeated)	(Repeated)	

MAIN PROGRAMME

Sunday 16th August

0715-0815	GSK Breakfast Session: Treating for Asthma Outcomes – from Basics to Biologics - Anthony Jordan				
0830-1030	Plenary Session Chair: Graeme Whittaker		or Concurrent Sessions		
0830-0850	Nutritional Therapies for Psychological Symptoms: What is the Evidence to Date? - Julia Rucklidge	ws #147 Nurse Practitioner Forum Chair: Lucy O'Hagan, Chelsea Willmott, Kathryn Hellyer, Karen Hoare, Bruce Arroll (Not Repeated)	ws #148	ws #149	
0850-0910	Genetic Testing in the 21st Century - How Far Have We Come? - Amanda Dixon-McIver		Easy Bruising and Bleeding Diatheses in Children	Managing Cows Milk Allergy	
0910-0930	Update on HPV and Oropharyngeal Cancer Andrew Cho		Siobhan Cross	Kuang-Chih Hsiao	
0930-0950	Why We Need to take a Family History for Bowel Cancer Patients - Chris Wakeman		Repeated Sessions		
0950-1010	Relative Energy Deficiency in Sport: Historical Perspectives and Future Implications - Katherine Black		ws #158	ws #159	
1010-1030	Discussion Panel		Easy Bruising and Bleeding Diatheses in Children	Managing Cows Milk Allergy	
1030-1100	Morning Tea and Exhibition		(Repeated)	(Repeated)	
1100-1300	Plenary Session				
1100-1120	Changing Shots: What's News With the Immunisation Schedule for 2020 and Beyond				
1120-1140	Best Practice Management of Angina and Acute Coronary Syndromes				
1140-1200	The First and Last Hep C Elimination Strategy in NZ				
1200-1220	Paradigm Shifts in our Understanding of Osteoarthritis and it's Management				
1220-1230	Discussion panel				
1230	Conference Closes				

(55mins, 4:30pm-5:25pm repeated at 5:35pm)

ws #129	ws #130	ws #131		ws #133	ws #134	ws #135
Post Trauma Care of Patients - What GPs Need to Know	Managing Blistering Skin Conditions as Epidermolysis Bullosa	A Toxicologist's View on Vaping	CANCELLED	Can I Go Back to Work Doc ? – a Quick Structured Assessment	Intermittent Fasting and the Fight Against Diabetes and Obesity	What a GP Needs to Know re Flying Fitness and Regulatory Responsibilities
Chris Wakeman	Sharon Cassidy	Adam Pomerleau		David Bratt	Sarah Kull	Michael Drane, Hardeep Hundal

(55mins, 5:35pm-6:30pm)

ws #139	ws #140	ws #141		ws #143	ws #144	ws #145
Post Trauma Care of Patients - What GPs Need to Know	Managing Blistering Skin Conditions as Epidermolysis Bullosa	A Toxicologist's View on Vaping	CANCELLED	Can I Go Back to Work Doc ? – a Quick Structured Assessment	Intermittent Fasting and the Fight Against Diabetes and Obesity	What a GP Needs to Know re Flying Fitness and Regulatory Responsibilities
(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)	(Repeated)

Chair: To be confirmed

(55mins, 8:30am-9:25am repeated at 9:35am)

ws #150	ws #151	ws #152	ws #153	ws #154
Inflammatory Bowel Disease in Primary Care	Case Studies on Inflammatory Arthritides	How to Examine Joints	Analysis of the Tectonic Shift in Glycaemic Management	No-one Should Die of Melanoma
Heidi Su	CANCELLED David Porter	Tony Page	Gary Kilov, Nic Crook	Chris Boberg, Andrew MacGill

(55mins, 9:35am-10:30am)

ws #160	ws #161	ws #162	ws #163	ws #164
Inflammatory Bowel Disease in Primary Care	Case Studies on Inflammatory Arthritides	How to Examine Joints	Analysis of the Tectonic Shift in Glycaemic Management	No-one Should Die of Melanoma
(Repeated)	CANCELLED (Repeated)	(Repeated)	(Repeated)	(Repeated)

Chair: Peter Chapman-Smith

Peter McIntyre
John Elliott
Catherine Stedman
David Hunter

PRACTICE MANAGERS PROGRAMME

Friday 14th August

0830-1830	Practice Managers Programme Chair: Denise McDonald	
0830-0850	Smart Procurement	Chris Ross
0850-0910	Governance and Strategy	Malcolm Morrison
0910-0930	Best Practice Organisation Design	Anastasia Hildred
0930-0945	Discussion	
0945-1030	Small Group Discussion	
1030-1100	Morning Tea and Exhibition	
1200-1300	Join Main Session - MedicoPolitical Discussion	
1300-1400	Lunch and Exhibition	
1400-1445	Managing Social Media Exposure in the General Practice Setting	Sean O'Sullivan
1445-1545	Team Turmoils – Pitfalls and Pleasures of Working in a Team	Lucy Gibberd
1545-1600	Discussion	
1600-1630	Afternoon Tea and Exhibition	
1630-1700	GP Nurses Moving Health Care into the Community	Mary Mclean
1700-1745	What Value is a Physician Assistant in Your Practice?	Jackie Sartorius
1745-1815	Discussion	
1830-1930	Welcome Function	

NURSES PROGRAMME

Saturday 15th August

0830-1800	Nurses General Session Chair: Wendy Risdon	
0830-1030	General Plenary Session	Concurrent
0830-0845	Diabetes in the Older Patient	Gary Kilov
0845-0900	CVD and Diabetes	Nic Crook
0900-0930	Weight Reduction by Intermittent Fasting Techniques	Sarah Kull
0930-1000	Family and Sexual Violence - What Should I Do?	Gabrielle Moss
1000-1030	Suicide Prevention and Postvention	Bonnie Scarth
1030-1100	Morning Tea and Exhibition	
1100-1130	Successful Re-entry into Life – Nurses Support Role for Young Adult Cancer Survivors	Liz Sommer
1130-1200	End of Life Care & Intellectual Disability	Prudence Lennox, Kim Fuller
1200-1245	Some Pearls on Vaping	Adam Pomerleau
1245-1300	Discussion	
1300-1400	Lunch and Exhibition	
1400-1500	Nurse Prescribing Training	Karen Hoare
1500-1515	How to Manage Case Populations in General Practice	Karen Hoare
1515-1530	Spotting the Sick Child - Fever is Not The Enemy!	Karen Hoare
1530-1600	Update on Wound Care	Sharon Cassidy
1600-1630	Afternoon Tea and Exhibition	
1630-1700	Fundamentals of Tele-triage - Tips and Tricks for Nurses	Sharryn Gannon
1700-1730	GP Nurses Moving Health Care into the Community	Mary McLean
1730-1800	The Latest Tips and Updates on Vaccines for Whole of Life and Travel	Anna Smith
1800-1830	Inter-professional Communication; What Not to Do	Chelsea Willmott

ACCOMMODATION

Block bookings at negotiated rates have been made at Distinction Hotel Christchurch. Please book your accommodation on the enclosed registration form. Registration and accommodation should be made before 16 July 2020 as hotel rooms are not guaranteed after this date.

DISTINCTION CHRISTCHURCH HOTEL ★★★★★

14 Cathedral Square, Christchurch Central, Christchurch | 8011 | New Zealand | 64-3-3777000

Distinction Hotels is excited to announce the newest addition to its New Zealand owned and operated hotels – Distinction Christchurch Hotel, which opened in March 2018.

The 4.5 star hotel is centrally located in the revitalised Cathedral Square and ideally positioned only a few minutes' walk from the brand the Avon River, Botanical Gardens, Christchurch Casino, Cashell Mall and future Christchurch Convention Centre.

The luxury Christchurch hotel consists of 179 elegant, air-conditioned hotel rooms including 3 floors of brand new Superior Rooms and Suites. Designed to suit everyone from business travellers requiring spacious, contemporary accommodation with the latest technology including 55" Smart TVs to those travellers seeking a place to relax and unwind after a day exploring Canterbury's vibrant attractions.

Complementing this brand new accommodation are conference facilities catering up to 200 delegates, Gumption Restaurant & Bar and undercover valet car parking.

FREE high speed WiFi is available to all hotel guests with no time limits or data cap. This complimentary service has become synonymous with Distinction Hotels throughout New Zealand.



Classic Twin Room
\$205 per night



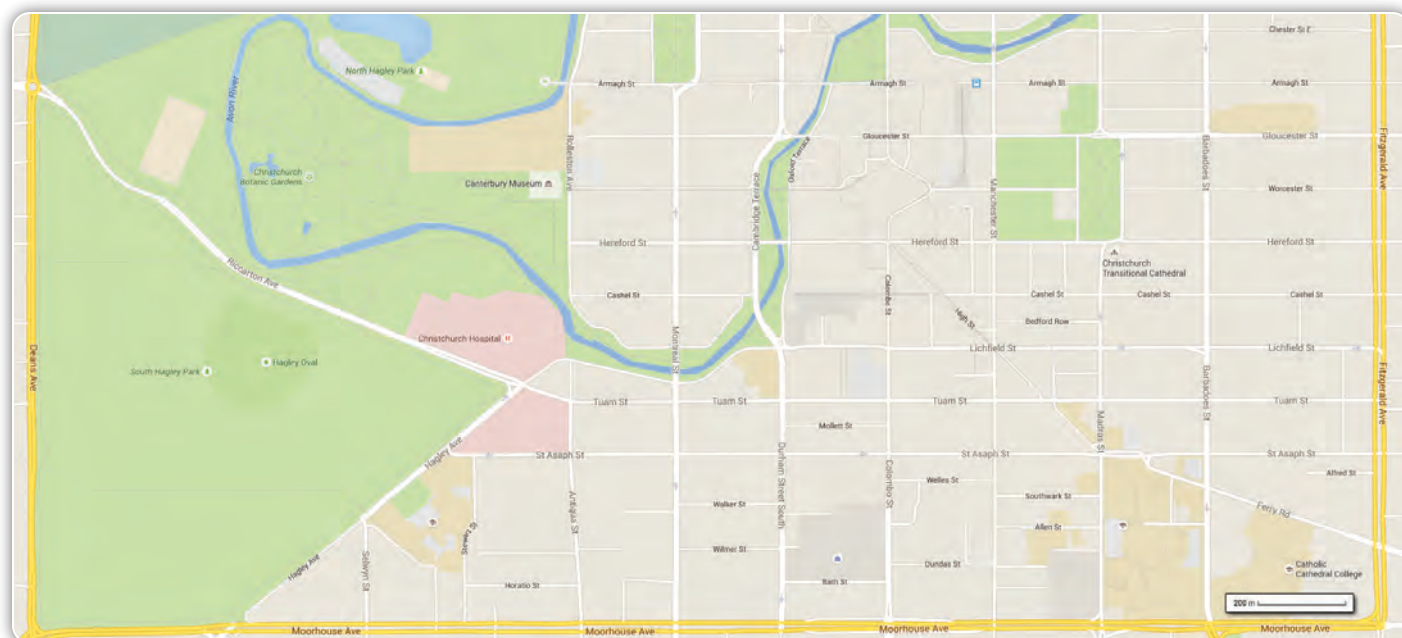
HORNCASTLE ARENA

55 Jack Hinton Drive
Addington, Christchurch

Located in the Addington business precinct and just ten minutes from both Christchurch CBD and airport sits Horncastle Arena - the South Island's largest indoor arena.

Horncastle Arena is one of the New Zealand's largest purpose-built indoor venues. A versatile venue hosting many international events, artists, exhibitions and gala dinners.

CITY CENTRE MAP



Nau mai, hare mai, welcome to the **NZMA** GP CME 2020!

Your General Practitioner Council (GPC), elected by you represents NZMA members on issues affecting you and your patients. NZMA also represents you at the General Practice Leaders' Forum.



Advocacy

NZMA advocates on your issues:

- GP training programmes
- GP funding
- Integrated health care
- After-hours service provision
- Development and implementation of health policy

Support

NZMA represents over 500 general practices in the Primary Health Care MECA negotiations.

As members you have free access to our advisory service. You get access to advice on issues such as employment, staffing, running a practice, health and safety and your wellbeing.

Join us today.

Visit the **NZMA Stand (#73)** to find out more about what we do for you.

SOUTH GP CME 2020 REGISTRATION FORM

13 -16 August 2020 | Horncastle Arena | Christchurch | www.gpcme.co.nz/south

PERSONAL DETAILS

Title: Miss / Mrs / Ms / Mr / RN / Dr / Prof / Assoc Prof

First Name: _____ Surname: _____

Phone Bus: _____

Company / Clinic Name: _____

Fax: _____

Clinic location: City/Town _____

Mobile: _____

Preferred Contact Address: Street _____

Medical Council No: _____

Suburb _____ Country _____

RNZCGP No: _____

(Email required for registration confirmation) City/Town _____ Post Code _____

Special requests: (ie dietary requests, disabilities, etc) _____

Email: _____

☐ Yes, I would like to receive email updates regarding products and special offers from attending industry exhibitors

Additional Attendees: Title, First Name, Last Name _____

CANCELLATION POLICY: Cancellations can only be received in writing, and incur a loss of 50% of registration fees within 21 days of the conference commencing. Later cancellations forfeit registration fees paid. Any other refunds are at the discretion of the organisers.

PRIVACY: The contact information supplied on the registration form will be distributed to the attending industry sponsors. Please tick this box if you do not wish to be included on this list. ☐

REGISTRATION FEES (GST Inclusive - NZD)

Delegate NZMA Members (Fri-Sun)	\$775	\$ _____
Delegate Non-Member (Fri-Sun)	\$925	\$ _____
Less early bird discount if booked before 17 July 2020	Deduct	\$ 100.00
Nurse Practitioner (Fri-Sun)	\$295	\$ _____
Pharmacist (Fri-Sun)	\$350	\$ _____
GPEP1 Registrar (Fri-Sun)	\$295	\$ _____
GPEP2 Registrar (Fri-Sun)	\$425	\$ _____
Student (Fri-Sun)	\$135	\$ _____
Exhibitor	\$345	\$ _____
Practice Manager All ☐ or Friday only ☐	\$185	\$ _____
Practice Nurse All ☐ or Saturday only ☐	\$135	\$ _____
Spouse (non medical)	\$135	\$ _____

Or Daily Registration

Friday \$400 ☐ Saturday \$400 ☐ Sunday ☐ \$250

Late Registration Fee if booked after Friday 31 July \$ 50.00

Optional Registration

Friday - ACC Breakfast Session	No.	\$ No Fee
Friday - Welcome Cocktail Function	No.	\$ No Fee
Saturday - AbbVie Breakfast Session	No.	\$ No Fee
Saturday - Novartis Breakfast Session	No.	\$ No Fee
Sunday - GSK Breakfast Session	No.	\$ No Fee

TOTAL REGISTRATION FEE (TOTAL A) \$ _____

PRE-CONFERENCE WORKSHOPS - Thursday

NZMA Member Thursday	\$375	\$ _____
Non Member Thursday	\$475	\$ _____
Basic & Advanced Surgical	\$695	\$ _____
GPEP	\$275	\$ _____
CORE Advanced NZRC Course (with exam)	\$530	\$ _____

TOTAL PRE-CONFERENCE WORKSHOP FEE (TOTAL B) \$ _____

Please indicate your preferred workshop option **number** for each time slot.
Content is repeated not part 1 and 2 unless otherwise stated.

8:30am 11:00am 2:00pm 4:30pm

EMERGENCY RESUSCITATION FOR GPs - CORE Skills (no exam)

I wish to attend the NZRC CORE Skills Approved (4 hrs) course (previously Level 5 Refresher non-assessed) @ \$230.

☐ Friday 8:30am-1:00pm ☐ Friday 2:00pm-6:30pm

EMERGENCY RESUSCITATION FEE (TOTAL C) \$ _____

CONCURRENT WORKSHOP OPTIONS

Please indicate your preferred workshop option **number** for each time slot. Please note numbers are restricted with spaces allocated when registration received. Tickets required for entry.

Fri 2:00pm 3:00pm 4:30pm 5:30pm

Sat 8:30am 9:30am 11:00am 12:00pm

Sat 2:00pm 3:00pm 4:30pm 5:30pm

Sun 8:30am 9:30am Feb 2020 Office use only ☐

ACCOMMODATION AVAILABLE

Arrival Date _____ August - Departure Date _____ August

Special Requirements/ Comments _____

Distinction Hotel Christchurch

Superior Twin Room (1-2 people) _____ nights x \$205 \$ _____

TOTAL ACCOMMODATION FEE (TOTAL D) \$ _____

A+B+C+D = TOTAL ENCLOSED (GST Inc) \$ _____

PAYMENT DETAILS GST Tax Invoice Number 95-598-579

I authorise Conference Matters to charge my Visa/Mastercard as detailed below, with the amount of \$ _____

Card Number:

Card expiry date ____/____/____ Date ____/____/____

Print Cardholder's Name _____

Cardholder's Signature _____

☐ Cheque: \$ _____ (NZD) payable to: Conference Matters.

☐ Direct Credit 03-0498-0809412-00 Ref: Surname STHGPCME

Return this form to Conference Matters, Fax +64 (0)9 437 4089 or post to PO Box 1661, Whangarei, New Zealand
All Enquiries to Leon +64 (0)21 164 3815 or leon@conferencematters.co.nz

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Whangarei 0140
NEW ZEALAND