

Paediatric Pot pourri

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Parenting Essentials

- Basics – food, warmth, shelter
- Boundaries – Respect , Safety
- Time – to listen , hear , understand
- Love
- By the time a child is 12 you should be treating them like the adult you'd like them to be

Separating parents – outcome determinants for children

- Stability – home , school , peers , financial
- Positive view of both parents (we're all half of each parent)

Eating problems

- Don't worry – healthy children will make sure they get enough of the right balance
- Define a healthy diet
- Put meals in front of child
- Provide enough time to eat it
- Remove uneaten food without comment
- ? Morning tea , afternoon tea and supper
- Be consistent – nothing in between

Shaken Baby Syndrome

- Recent GP Journal paper incorrect
- A previously well but then “Shaken baby” does result directly in
 - Subdural hemorrhage
 - Retinal Bleeding
 - Convulsion
 - Neurodevelopmental sequelae
- I’ve had the shaking described to me and seen the results

2 case studies

1. 3/52 old baby who started crying with every nappy change – mother concerned GP referral
2. 2/52 old baby with 2 “less than normal” breast feeds . Noted by plunket nurse to have respiratory rate of 70/minute

Gp A Streptococcal Throat

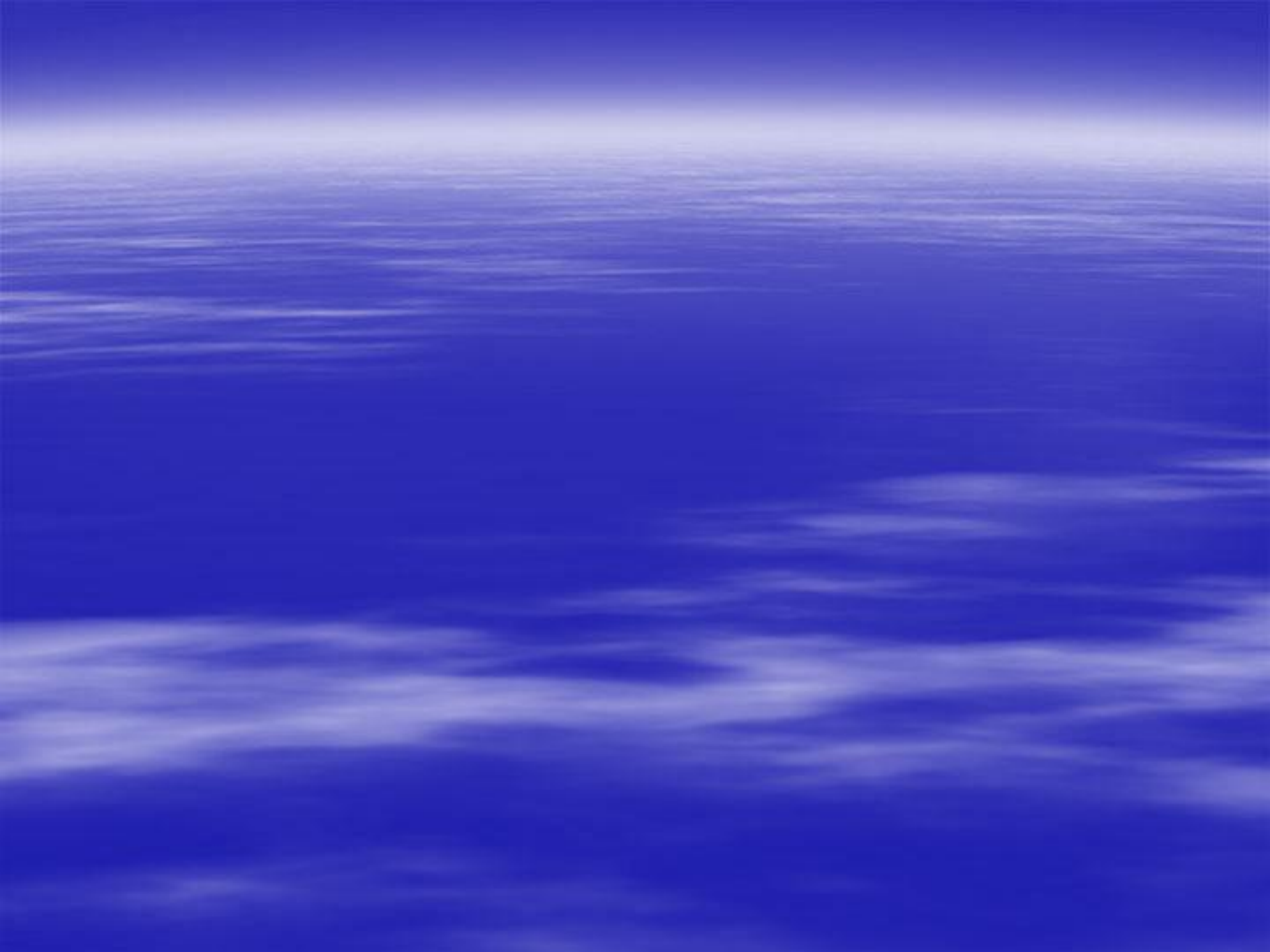
- Penicillin V 20(-50)mg/kg/day in 2-3 divided doses
- Amoxil
 - < 30kg – 750mg x 1/day
 - 30kg – 1500mg x 1/day

10 days

Safety in the home

- How many homes have been visited
- How many homes have had a health professional go over a child safety checklist

Any question you'd like – will try to
answer



What's changed in 27 years

- Improved obstetrics. More Caesarian Sections
- Bubble CPAP / Quality of Neonatal nursing (we transfer out 20% of babies we used to without changing the level of support provided locally)
- Fewer very sick children (Immunization but ? anything else)
- Improved oncology treatments , paediatric surgery

What's changed in 27 years cont'd

- Non surgical , splinting treatments , physiotherapy based , for clubbed feet
- Improved ability to define a problem eg radiological , genetic investigations
- Specialist nursing – outreach, diabetes
- Smoking cessation

What's changed in 27 years cont'd

- Less available respite services
- Increased mental health , behavioural issues
- More struggling parents needing support , advice re “how to parent”
- More frequent , high profile child abuse
- More prisoners !

Why ? We got what we designed!

- Loss of home based care eg public health nurses
- Professionals limiting what they were prepared to do , taking a less “can do” approach
- “Managed” results - but didn’t count what was important
- Government policies of the 80’s that increased disparity between rich and poor – reintroduced now